Summary of Product Characteristics

1 NAME OF THE MEDICINAL PRODUCT

ASASANTIN Retard 200 mg/25 mg Modified Release Hard Capsules

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each capsule contains dipyridamole 200 mg and acetylsalicylic acid (aspirin) 25 mg.

Excipients:

Each capsule contains:

Lactose Monohydrate 53 mg and sucrose 11.32 mg.

For the full list of excipients, see section 6.1.

3 PHARMACEUTICAL FORM

Hard capsule containing acetylsalicylic acid in standard release form and dipyridamole in modified release form. Capsules consisting of a red cap and an ivory body imprinted with the Company logo and the figure '01A'.

4 CLINICAL PARTICULARS

4.1 Therapeutic Indications

Secondary prevention of ischaemic stroke and transient ischaemic attacks.

4.2 Posology and method of administration

For oral administration.

The recommended dose is one capsule twice daily, usually one in the morning and one in the evening preferably with meals.

The capsules should be swallowed whole without chewing together with a glass of water.

ASASANTIN Retard is not indicated for use in children and young people less than 16 years of age (see "Special Warnings and Precautions for Use").

Alternative regimen in case of intolerable headaches

In the event of intolerable headaches during treatment initiation, switch to one capsule at bedtime and low-dose acetylsalicylic acid (ASA) in the morning. Because there are no outcome data with this regimen and headaches become less of a problem as treatment continues, patients should return to the usual regimen as soon as possible, usually within one week.

4.3 Contraindications

Hypersensitivity to any component of the product or salicylates.

Patients with active gastric or duodenal ulcers or bleeding disorders.

Patients in the last trimester of pregnancy.

In certain rare hereditary conditions the product is contraindicated owing to the presence of certain excipients in the product. (Refer to Special Warnings and Precautions for details).

4.4 Special warnings and precautions for use

Bleeding disorders

Due to the risk of bleeding, as with other antiplatelet agents, ASASANTIN should be used with caution in patients at increased bleeding risk and patients should be followed carefully for any signs of bleeding, including occult bleeding (see section 4.5).

Caution should be advised in patients receiving concomitant medication which may increase the risk of bleeding, such as anticoagulants, anti-platelet agents, selective serotonin reuptake inhibitors (SSRIs), or anagrelide (see section 4.5).

Cardiovascular disorders

Among other properties dipyridamole acts as a vasodilator. Dipyridamole should be used with caution in patients with severe coronary artery disease, including unstable angina and/or recent myocardial infarction, left ventricular outflow obstruction, or haemodynamic instability (e.g. decompensated heart failure).

The dose of acetylsalicylic acid in ASASANTIN Retard has not been studied in secondary prevention of myocardial infarction.

Myasthenia gravis

In patients with myasthenia gravis readjustment of therapy may be necessary after changes in dipyridamole dosage (see section 4.5).

Biliary disorders

A small number of cases have been reported in which unconjugated dipyridamole was shown to be incorporated into gallstones to a variable extent (up to 70% by dry weight of stone). These patients were all elderly, had evidence of ascending cholangitis and had been treated with oral dipyridamole for a number of years. There is no evidence that dipyridamole was the initiating factor in causing gallstones to form in these patients. It is possible that bacterial deglucuronidation of conjugated dipyridamole in bile may be the mechanism responsible for the presence of dipyridamole in gallstones.

Headache or migraine-like headache

Headache or migraine-like headache which may occur especially at the beginning of ASASANTIN therapy should not be treated with analgesic doses of acetylsalicylic acid (see section 4.2).

Hypersensitivity

In addition, caution is advised in patients hypersensitive to non-steroidal anti-inflammatory drugs (NSAIDs).

Acetylsalicylic Acid related warnings

Due to the acetylsalicylic acid component, ASASANTIN Retard should be used with caution in patients with asthma, allergic rhinitis, nasal polyps, chronic or recurring gastric or duodenal complaints, impaired renal or hepatic function (see section 5.2) or glucose-6-phosphate dehydrogenase deficiency.

Children and adolescents

ASASANTIN Retard is not indicated for use in children and young people less than 16 years of age. There is a risk of Reye's syndrome when children take acetylsalicylic acid.

Stress testing with intravenous dipyridamole

Patients being treated with regular oral doses of ASASANTIN Retard should not receive additional intravenous dipyridamole. Clinical experience suggests that patients being treated with oral dipyridamole who also require pharmacological stress testing with intravenous dipyridamole, should discontinue drugs containing oral dipyridamole twenty-four hours prior to being treated with intravenous dipyridamole. Intake of oral dipyridamole twenty-four hours prior to stress testing with intravenous dipyridamole may impair the sensitivity of the test.

Excipients

One capsule contains 53 mg lactose and 11.32 mg sucrose, resulting in 106 mg of lactose and 22.64 mg sucrose per

maximum recommended daily dose. Patients with rare hereditary problems of fructose intolerance and/or galactose intolerance e.g. galactosaemia should not take this medicine.

4.5 Interaction with other medicinal products and other forms of interaction

NSAIDs/Corticosteroids/Alcohol

Gastrointestinal side effects increase when acetylsalicylic acid is administered concomitantly with NSAIDs, corticosteroids or chronic alcohol use.

The concomitant administration of ibuprofen but not certain other NSAIDs or paracetamol, in patients with increased cardiovascular risk may limit the beneficial cardiovascular effects of acetylsalicylic acid. Experimental data suggest that ibuprofen may inhibit the effect of low dose aspirin on platelet aggregation when they are dosed concomitantly. However, the limitations of these data and the uncertainties regarding extrapolation of ex vivo data to the clinical situation imply that no firm conclusions can be made for regular ibuprofen use, and no clinically relevant effect is considered to be likely for occasional ibuprofen use (see section 5.1).

Drugs affecting coagulation

When dipyridamole is used in combination with any substances impacting coagulation such as anticoagulants and antiplatelets, the safety profile for these medications must be observed.

Acetylsalicylic acid has been shown, when given with anticoagulants, antiplatelet drugs, selective serotonin reuptake inhibitors (SSRIs), or anagrelide to increase the risk of bleeding. The addition of dipyridamole to acetylsalicylic acid does not increase the incidence of bleeding events.

When dipyridamole was administered concomitantly with warfarin, bleeding was no greater in frequency or severity than that observed when warfarin was administered alone.

Anticonvulsants

Acetylsalicylic acid has been shown to enhance the effect of valproic acid and phenytoin which may result in an increased risk of side effects.

Adenosine

Dipyridamole increases the plasma levels and cardiovascular effects of adenosine. Adjustment of adenosine dosage should therefore be considered if use with dipyridamole is unavoidable.

Antihypertensives

Dipyridamole may increase the hypotensive effect of drugs, which reduce blood pressure.

Cholinesterase inhibitors

Dipyridamole may counteract the anticholinesterase effect of cholinesterase inhibitors thereby potentially aggravating myasthenia gravis (see section 4.4).

Hypoglycaemics/Methotrexate

The effect of hypoglycaemic agents and the toxicity of methotrexate may be increased by the concomitant administration of acetylsalicylic acid.

Spironolactone/Uricosuric agents

Acetylsalicylic acid may decrease the natriuretic effect of spironolactone and inhibit the effect of uricosuric agents (e.g. probenecid, sulphinpyrazone).

4.6 Fertility, pregnancy and lactation

Pregnancy

There is insufficient evidence of safety in human pregnancy regarding dipyridamole and acetylsalicylic acid at low dose. Preclinical studies have shown no hazard (see section 5.3).

ASASANTIN Retard should only be administered during first and second trimester of pregnancy when the potential benefits for the mother outweigh the possible risks for the foetus.

ASASANTIN Retard is contraindicated in the third trimester of pregnancy.

Lactation

Dipyridamole and salicylates are excreted in breast milk (see section 5.2).

ASASANTIN Retard should only be used in breast-feeding women when the potential benefits for the mother outweigh the possible risks for the newborn.

Fertility

No studies on the effects on human fertility have been conducted (see section 5.3). In preclinical studies with dipyridamole or acetylsalicylic acid no impairment of fertility was observed.

4.7 Effects on ability to drive and use machines

No studies on the effect on the ability to drive and use machines have been performed. However, patients should be advised that symptoms such as dizziness and confusional state have been reported in clinical trials. If patients experience such symptoms they should avoid potentially hazardous tasks such as driving or operating machinery.

4.8 Undesirable effects

Summary of the safety profile

Two large scale trials (ESPS-2, PRoFESS) enrolling a total of 26,934 patients (thereof 11,831 patients were allocated to ASASANTIN) were used to define the safety profile of ASASANTIN. These data are supplemented with the extensive ASASANTIN Retard post-marketing experience.

The most frequently reported adverse reactions are headache, dizziness and gastrointestinal events such as dyspepsia, diarrhoea, nausea and abdominal pain. Most important serious adverse reactions associated with ASASANTIN retard were bleeding events.

Table of side effects

The following adverse reactions have been reported during use of ASASANTIN Retard in ESPS-2 and PRoFESS and from spontaneous reporting.

MedDRA System	Dipyridamole and Acetylsalicylic acid	Frequency
Organ Class	Adverse reactions	
Blood and	Thrombocytopenia,	Rare
lymphatic system	Anaemia,	Common
disorders	Iron deficiency anaemia (due to occult	Rare
	gastrointestinal bleeding)	
	Disseminated intravascular coagulation2,	Not known*
	Coagulopathy2	
Cardiac disorders	Tachycardia,	Uncommon
	Worsening of symptoms of coronary artery	Common
	disease,	
	Syncope	Common
	Arrhythmia2	Not known*
Ear and labyrinth	Tinnitus2,	Not known*
disorders	Deafness2	Not known*
Eye disorders	Eye haemorrhage	Uncommon
Gastrointestinal	Vomiting,	Common
disorders	Nausea,	Very Common
	Diarrhoea,	Very Common

	Dyspepsia,	Very Common
	Gastric ulcer, Duodenal ulcer,	Uncommon
	Gastritis erosive,	Rare
	Gastrointestinal haemorrhage,	Common
	Abdominal pain	Very Common
	Gastric ulcer perforation2,	Not known*
		Not known*
	Duodenal ulcer perforation2,	
	Melaena2,	Not known*
	Haematemesis2,	Not known*
	Pancreatitis2	Not known*
General disorders and administration site conditions	Pyrexia2,	Not known*
	Hypothermia2	Not known*
Hepatobiliary disorders	Dipyridamole has been shown to be	Not known*
	incorporated into gallstones1	
	Hepatitis2,	Not known*
	Reye's syndrome2	Not known*
Immune system	Hypersensitivity reactions (including rash,	Common
disorders	urticaria, severe bronchospasm and angio- oedema)	Common
	Anaphylactic reactions (especially in	Not known*
	patients with asthma)2	1 TOURING WII
Injumy poisoning	,	Not known*
Injury, poisoning	Post-procedural haemorrhage,	Not known.
and procedural complications	Procedural haemorrhage	Not known*
Investigations	Bleeding time prolonged	Not known*
-	Liver function test abnormal2,	Not known*
	Blood uric acid increased (may lead to gout	Not known*
	attacks)2,	
	Prothrombin time prolonged2	Not known*
Metabolism and	Hypoglycaemia (children)2,	Not known*
nutrition disorders	Hyperglycaemia2,	Not known*
nutrition disorders		Not known*
	Thirst2, Dehydration2,	Not known*
	i Denvarationz.	I INOI KIIOW/II [*]
	Hyperkalaemia2,	Not known*
	Hyperkalaemia2, Metabolic acidosis2,	Not known* Not known*
	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2	Not known* Not known* Not known*
Musculoskeletal,	Hyperkalaemia2, Metabolic acidosis2,	Not known* Not known*
Musculoskeletal, connective tissue and bone disorder	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2	Not known* Not known* Not known*
connective tissue	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia	Not known* Not known* Not known* Common
connective tissue and bone disorder	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2	Not known* Not known* Not known* Common Not known*
connective tissue and bone disorder Nervous system	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness,	Not known* Not known* Common Not known* Common Very Common
connective tissue and bone disorder Nervous system	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache,	Not known* Not known* Common Not known* Common Very Common Very Common
connective tissue and bone disorder Nervous system	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the	Not known* Not known* Common Not known* Common Very Common
connective tissue and bone disorder Nervous system	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment)	Not known* Not known* Common Not known* Common Very Common Very Common Common
connective tissue and bone disorder Nervous system	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment) Agitation2,	Not known* Not known* Common Not known* Common Very Common Very Common Common Not known*
connective tissue and bone disorder Nervous system	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment) Agitation2, Brain oedema2,	Not known* Not known* Common Not known* Common Very Common Very Common Common Not known* Not known*
connective tissue and bone disorder Nervous system	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment) Agitation2, Brain oedema2, Lethargy2,	Not known* Not known* Common Not known* Common Very Common Very Common Common Not known* Not known* Not known*
connective tissue and bone disorder Nervous system disorders	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment) Agitation2, Brain oedema2, Lethargy2, Convulsion2	Not known* Not known* Common Not known* Common Very Common Very Common Common Not known* Not known* Not known* Not known*
connective tissue and bone disorder Nervous system disorders Pregnancy,	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment) Agitation2, Brain oedema2, Lethargy2, Convulsion2 Prolonged pregnancy2,	Not known* Not known* Common Not known* Common Very Common Very Common Common Not known* Not known* Not known* Not known* Not known* Not known*
connective tissue and bone disorder Nervous system disorders Pregnancy, puerperium and	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment) Agitation2, Brain oedema2, Lethargy2, Convulsion2 Prolonged pregnancy2, Prolonged labour2,	Not known* Not known* Common Not known* Common Very Common Very Common Common Not known* Not known* Not known* Not known* Not known* Not known*
connective tissue and bone disorder Nervous system disorders Pregnancy,	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment) Agitation2, Brain oedema2, Lethargy2, Convulsion2 Prolonged pregnancy2,	Not known* Not known* Common Not known* Common Very Common Very Common Common Not known* Not known* Not known* Not known* Not known* Not known*
connective tissue and bone disorder Nervous system disorders Pregnancy, puerperium and	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment) Agitation2, Brain oedema2, Lethargy2, Convulsion2 Prolonged pregnancy2, Prolonged labour2,	Not known* Not known* Common Not known* Common Very Common Very Common Common Not known* Not known* Not known* Not known* Not known* Not known*
Pregnancy, puerperium and perinatal	Hyperkalaemia2, Metabolic acidosis2, Respiratory alkalosis2 Myalgia Rhabdomyolysis2 Haemorrhage intracranial, Dizziness, Headache, Migraine-like headache (especially at the beginning of treatment) Agitation2, Brain oedema2, Lethargy2, Convulsion2 Prolonged pregnancy2, Prolonged labour2, Small for dates baby2,	Not known* Not known* Common Not known* Common Very Common Very Common Common Not known*

Psychiatric disorders	Confusional state2	Not known*
Renal and urinary	Renal failure2,	Not known*
disorders	Nephritis Interstitial2,	Not known*
	Renal papillary necrosis2,	Not known*
	Proteinuria2	Not known*
Respiratory,	Epistaxis	Common
thoracic and	Dyspnoea2	Not known*
mediastinal	Gingival bleeding2,	Not known*
disorders	Laryngeal oedema2,	Not known*
	Hyperventilation2,	Not known*
	Pulmonary oedema2,	Not known*
	Tachypnoea2	Not known*
Skin and	Skin haemorrhages (including contusion,	Not known*
subcutaneous	ecchymosis and haematoma)	
tissue disorders	Erythema exsudativum multiforme2	Not known*
Vascular disorders	Hypotension,	Uncommon
	Hot flush	Uncommon

¹ Identified adverse reactions of Dipyridamole monotherapy

Frequency: Very common > 1 in 10; Common > 1 in 100, < 1 in 10; Uncommon > 1 in 1,000, < 1 in 100; Rare > 1 in 10,000, < 1 in 1,000.

Description of selected side effects

The most important serious adverse reactions associated with ASASANTIN Retard were bleeding events. Data from ESPS-2 and PRoFESS trials for bleeding events including major bleeding were evaluated. Bleeding events categorized as any bleeding, major bleeding, intracranial bleeding and gastrointestinal bleeding:

In the controlled ESPS-2 trial, 1650 patients were treated in the ASASANTIN group (100%) and 1649 in the placebo group (100%). The mean duration of treatment was 1.4 years. The overall incidence of bleeding was 8.7% in the ASASANTIN group and 4.5% in the placebo group. The incidence of major bleeding was 1.6% and 0.4% respectively. The incidence of intracranial bleeding was 0.6% and 0.4% respectively, whilst the incidence of gastrointestinal bleeding was 4.3% and 2.6% respectively.

In the PRoFESS trial, a total of 10,055 patients were treated in the ASASANTIN group (100%). The mean duration of treatment was 1.9 years. The overall incidence of bleeding was 5.3%. The incidence of major bleeding was 3.3%. The incidence of intracranial bleeding was 1.2% (including intraocular bleeding (0.2%)), whilst the incidence of gastrointestinal bleeding was 1.9%.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRA Pharmacovigilance, Earlsfort Terrace, IRL – Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: www.hpra.ie; E-mail: medsafety@hpra.ie.

4.9 Overdose

Symptoms

Because of the dose ratio of dipyridamole to acetylsalicylic acid, overdosage is likely to be dominated by signs and symptoms of dipyridamole overdose.

Due to the low number of observations, experience with dipyridamole overdose is limited.

² Identified adverse reactions of Acetylsalicylic acid monotherapy

^{*}These ADRs were not reported in clinical trials, therefore a frequency could not be calculated.

Symptoms such as a warm feeling, flushes, sweating, accelerated pulse, restlessness, feeling of weakness, dizziness, and anginal complaints can be expected. A drop in blood pressure and tachycardia might be observed.

Salicylate poisoning is usually associated with plasma concentrations >350 mg/L (2.5 mmol/L). Most adult deaths occur in patients whose concentrations exceed 700 mg/L (5.1 mmol/L). Single doses less than 100 mg/kg are unlikely to cause serious poisoning.

Symptoms of salicylate overdose commonly include vomiting, dehydration, tinnitus, vertigo, deafness, sweating, warm extremities with bounding pulses, increased respiratory rate and hyperventilation. Some degree of acid-base disturbance is present in most cases.

A mixed respiratory alkalosis and metabolic acidosis with normal or high arterial pH (normal or reduced hydrogen ion concentration) is usual in adults and children over the age of four years. In children aged four years or less, a dominant metabolic acidosis with low arterial pH (raised hydrogen ion concentration) is common. Acidosis may increase salicylate transfer across the blood brain barrier.

Uncommon features of salicylate poisoning include haematemesis, hyperpyrexia, hypoglycaemia, hypokalaemia, thrombocytopenia, increased INR/PTR, intravascular coagulation, renal failure and non-cardiac pulmonary oedema. Central nervous system features including confusion, disorientation, coma and convulsions are less common in adults than in children.

Dizziness and tinnitus can, particularly in elderly patients, be symptoms of overdose.

Therapy

Administration of xanthine derivatives (e.g. aminophylline) may reverse the haemodynamic effects of dipyridamole overdose. Due to its wide distribution to tissues and its predominantly hepatic elimination, diypridamole is not likely to be accessible to enhanced removal procedures. In the case of salicylate poisoning activated charcoal should be given to adults who present within one hour of ingestion of more than 250 mg/kg. The plasma salicylate concentration should be measured, although the severity of poisoning cannot be determined from this alone and the clinical and biochemical features must be taken into account. Elimination is increased by urinary alkalinisation, which is achieved by the administration of 1.26% sodium bicarbonate. The urine pH should be monitored. Correct metabolic acidosis with intravenous 8.4% sodium bicarbonate (first check serum potassium). Forced diuresis should not be used since it does not enhance salicylate excretion and may cause pulmonary oedema.

Haemodialysis is the treatment of choice for severe poisoning and should be considered in patients with plasma salicylate concentrations >700 mg/L (5.1 mmol/L), or lower concentrations associated with severe clinical or metabolic features. Patients under ten years or over 70 have increased risk of salicylate toxicity and may require dialysis at an earlier stage.

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

The antithrombotic action of the Acetylsalicylic acid (aspirin)/dipyridamole combination is based on the different biochemical mechanisms involved. Acetylsalicylic acid (aspirin) inactivates irreversibly the enzyme cyclo-oxygenase in platelets thus preventing the production of thromboxane A2, a powerful inducer of platelet aggregation and vasoconstriction.

Dipyridamole inhibits the uptake of adenosine into erythrocytes, platelets and endothelial cells in vitro and in vivo; the inhibition amounts to approximately 80% at maximum and occurs dose-dependently at therapeutic concentrations (0.5 - 2 mcg/ml). Consequently, there is an increased concentration of adenosine locally to act on the platelet A₂-receptor, stimulating platelet adenylate cyclase, thereby increasing platelet cAMP levels.

Thus, platelet aggregation in response to various stimuli such as platelet activating factor (PAF), collagen and adenosine diphosphate (ADP) is inhibited. Reduced platelet aggregation reduces platelet consumption towards normal levels. In addition, adenosine has a vasodilator effect and this is one of the mechanisms by which dipyridamole produces vasodilation.

Dipyridamole has also been shown in stroke patients to reduce the density of prothrombotic surface proteins (PAR-1: Thrombin receptor) on platelets as well as to reduce levels of c-reactive protein (CRP) and von Willebrand Factor (vWF). In-vitro investigations have shown that dipyridamole selectively inhibits inflammatory cytokines (MCP-1 and MMP-9) arising from platelet-monocyte interaction. Dipyridamole inhibits phosphodiesterase (PDE) in various tissues.

Whilst the inhibition of cAMP-PDE is weak, therapeutic levels of dipyridamole inhibit cGMP-PDE, thereby augmenting the increase in cGMP produced by EDRF (endothelium-derived relaxing factor, identified as nitric oxide (NO)).

Dipyridamole increases the release of t-PA from microvascular endothelial cells and was shown to amplify the antithrombotic properties of endothelial cells on thrombus formation on adjacent subendothelial matrix in a dose dependent manner. Dipyridamole is a potent radical scavenger for oxy- and peroxy-radicals.

Dipyridamole also stimulates the biosynthesis and release of prostacyclin by the endothelium and reduces the thrombogenicity of subendothelial structures by increasing the concentration of the protective mediator 13-HODE (13-hydroxyoctadecadienic acid).

Whereas acetylsalicylic acid (aspirin) inhibits only platelet aggregation, dipyridamole in addition inhibits platelet activation and adhesion. Therefore an additional benefit from combining both drugs can be expected.

Experimental data suggest that ibuprofen may inhibit the effect of low dose aspirin on platelet aggregation when they are dosed concomitantly. In one study, when a single dose of ibuprofen 400mg was taken within 8 h before or within 30 min after immediate release aspirin dosing (8l mg), a decreased effect of ASA on the formation of thromboxane or platelet aggregation occurred. However, the limitations of these data and the uncertainties regarding extrapolation of ex vivo data to the clinical situation imply that no firm conclusions can be made for regular ibuprofen use, and no clinically relevant effect is considered to be likely for occasional ibuprofen use.

Clinical Trials:

ASASANTIN Retard® was studied in a double-blind, placebo-controlled, 24-month study (European Stroke Prevention Study 2, ESPS2) in which 6602 patients had an ischemic stroke or transient ischemic attack (TIA) within three months prior to entry. Patients were randomized to one of four treatment groups: ASASANTIN Retard (ASA /extended-release dipyridamole) 25 mg/200 mg; extended-release dipyridamole (ER-DP) 200 mg alone; ASA 25 mg alone; or placebo. Patients received one capsule twice daily (morning and evening). Efficacy assessments included analyses of stroke (fatal or nonfatal) and death (from all causes) as confirmed by a blinded morbidity and mortality assessment group. In ESPS-2 ASASANTIN Retard reduced the risk of stroke by 23.1% compared to ASA 50 mg/day alone (p =0.006) and reduced the risk of stroke by 24.7% compared to extended-release dipyridamole 400 mg/day alone (p = 0.002). ASASANTIN Retard reduced the risk of stroke by 37% compared to placebo (p <0.001).

Trial (**ESPRIT**) study which studied a combination treatment of dispridamole 400 mg daily (83% of patients treated with the extended-release dipyridamole formulation) and ASA 30-325 mg daily. A total of 2739 patients after ischaemic stroke of arterial origin were enrolled in the ASA-alone (n = 1376) and combination ASA plus dipyridamole (n = 1363) arm. The primary outcome event was the composite of death from all vascular causes, non-fatal stroke, non-fatal myocardial infarction (MI), or major bleeding complications. Patients in the ASA plus dipyridamole group showed a 20% risk reduction (p<0.05) for the primary composite endpoint compared with those in the ASA alone group (12.7% vs. 15.7%; hazard ratio [HR] 0.80, 95% CI 0.66–0.98).

The PRoFESS (**PR**evention Regimen For Effectively avoiding Second Strokes) study was a randomized, parallel group, international, double-blind, double-dummy, active and placebo controlled, 2x2 factorial study to compare ASASANTIN with clopidogrel, and telmisartan with matching placebo in the prevention of stroke in patients who had previously experienced an ischaemic stroke of noncardioembolic origin. A total of 20,332 patients were randomized to ASASANTIN (n= 10,181) or clopidogrel (n = 10,151), both given on a background of standard treatment. The primary endpoint was the time to first recurrent stroke of any type.

The incidence of the primary endpoint was similar in both treatment groups (9.0% for ASASANTIN vs. 8.8% for clopidogrel; HR 1.01, 95 % CI 0.92-1.11). No significant difference between the ASASANTIN and clopidogrel treatment groups were detected for several other important pre-specified endpoints, including the composite of recurrent stroke, myocardial infarction, or death due to vascular causes (13.1% in both treatment groups; HR 0.99, 95 % CI 0.92-1.07) and

the composite of recurrent stroke or major haemorrhagic event (11.7% for ASASANTIN vs. 11.4% for clopidogrel; HR 1.03, 95 % CI 0.95-1.11). The functional neurological outcome 3 months post recurrent stroke was assessed by the Modified Rankin Scale (MRS) and no significant difference in the distribution of the MRS between ASASANTIN and clopidogrel was observed (p = 0.3073 by Cochran-Armitage test for linear trend).

5.2 Pharmacokinetic properties

There is no noteworthy pharmacokinetic interaction between the extended release pellets of dipyridamole and acetylsalicylic acid (aspirin). Therefore pharmacokinetics of ASASANTIN Retard is reflected by the pharmacokinetics of the individual components.

Dipyridamole

(Most pharmacokinetic data refer to healthy volunteers.)

With dipyridamole, there is dose linearity for all doses used in therapy.

For long-term treatment dipyridamole modified release capsules, formulated as pellets were developed. The pH dependent solubility of dipyridamole which prevents dissolution in the lower parts of the gastro-intestinal tract (where sustained release preparations must still release the active principle) was overcome by combination with tartaric acid. Retardation is achieved by a diffusion membrane, which is sprayed onto the pellets.

Various kinetic studies at steady state showed, that all pharmacokinetic parameters which are appropriate to characterise the pharmacokinetic properties of modified release preparations are either equivalent or somewhat improved with dipyridamole modified release capsules given b.i.d. compared to dipyridamole tablets administered t.d.s./q.d.s.: Bioavailability is slightly greater, peak concentrations are similar, trough concentrations are considerably higher and peak trough fluctuation is reduced.

Absorption

The absolute bioavailability is about 70%. As first pass removes approx. 1/3 of the dose administered, near to complete absorption of dipyridamole following administration of acetylsalicylic acid (aspirin) modified release capsules can be assumed.

Peak plasma concentrations of dipyridamole following a daily dose of 400 mg acetylsalicylic acid (aspirin) (given as 200 mg b.i.d) are reached about 2 - 3 hours after administration. There is no relevant effect of food on the pharmacokinetics of dipyridamole in acetylsalicylic acid (aspirin) modified release capsules.

Distribution

Owing to its high lipophilicity, log P3.92 (n-octanol/0.1n, NaOH), dipyridamole distributes to many organs. In animals, dipyridamole is distributed preferentially to the liver, then to the lungs, kidneys, spleen and heart.

The rapid distribution phase observed with i.v. administration cannot be discerned following oral administration.

The apparent volume of distribution of the central compartment (Vc) is about 5 l (similar to plasma volume). The apparent volume of distribution at steady state is about 100 l, reflecting distribution to various compartments.

The drug does not cross the blood-brain barrier to a significant extent. The protein binding of Dipyridamole is about 97-99%, primarily it is bound to alpha 1-acid glycoprotein and albumin.

Placental transfer of dipyridamole is very low. In one woman approximately 1/17th of the plasma concentration was detectable in breast milk.

Metabolism

Metabolism of dipyridamole occurs in the liver. Dipyridamole is metabolised primarily by conjugation with glucuronic acid to form mainly a monoglucuronide and only small amounts of diglucuronide. In plasma about 80% of the total amount is present as parent compound, and 20% of the total amount as monoglucuronide. The pharmacodynamic activity of dipyridamole glucuronides is considerably lower than that of dipyridamole.

Elimination

The dominant half-life with oral administration is about 40 minutes as it is the case with i.v. administration.

Renal excretion of parent compound is negligible (< 0.5%). Urinary excretion of the glucuronide metabolite is low (5%), the metabolites are mostly (about 95%) excreted via the bile into the faeces, with some evidence of entero-hepatic recirculation.

Total clearance is approximately 250 ml/min and mean residence time is about 11 hours (resulting from an intrinsic MRT of about 6.4 h and a mean time of absorption of 4.6 h).

As with i.v. administration a prolonged terminal elimination half-life of approximately 13 hours is observed. This terminal elimination phase is of relatively minor importance in that it represents a small proportion of the total AUC, as evidenced by the fact that steady state is achieved within 2 days with b.i.d. regimens of modified release capsules. There is no significant accumulation of the drug with repeated dosing.

Kinetics in elderly

Dipyridamole plasma concentrations (determined as AUC) in elderly subjects (> 65 years) were about 50% higher for tablet treatment and about 30% higher with intake of ASASANTIN Retard modified release capsules than in young (< 55 years) subjects. The difference is caused mainly by reduced clearance; absorption appears to be similar. Similar increases in plasma concentrations in elderly patients were observed in the ESPS2 study for PERSANTIN® modified release capsules as well as for ASASANTIN Retard.

Kinetics in patients with renal impairment

Since renal excretion is very low (5%), no change in pharmacokinetics is to be expected in cases of renal insufficiency. In the ESPS2 trial, in patients with creatinine clearances ranging from about 15 mL/min to >100 mL/min, no changes were observed in the pharmacokinetics of dipyridamole or its glucuronide metabolite if data were corrected for differences in age.

Kinetics in patients with hepatic impairment

Patients with hepatic insufficiency show no change in plasma concentrations of dipyridamole, but an increase of (pharmacodynamically low active) glucuronides. It is suggested to dose dipyridamole without restriction as long as there is no clinical evidence of liver failure.

Acetylsalicylic acid (aspirin)

<u>Absorption</u>

After oral administration acetylsalicylic acid (aspirin) is rapidly and completely absorbed in the stomach and intestine. Approximately 30% of the dose of acetylsalicylic acid (aspirin) is hydrolyzed presystemically to salicylic acid. Maximum plasma concentrations after a daily dose of 50 mg acetylsalicylic acid from ASASANTIN Retard (given as 25 mg twice daily) are attained after 30 minutes of each dose, and peak plasma concentration at steady state amounted to approximately 360 ng/mL for acetylsalicylic acid (aspirin); maximum plasma concentrations of salicylic acid are achieved after 60-90 minutes and amount to approximately 1100 ng/ml. There is no relevant effect of food on the pharmacodynamics of acetylsalicylic acid in ASASANTIN Retard.

Distribution

Acetylsalicylic acid (aspirin) is rapidly converted to salicylate but is the predominant form of the drug in the plasma during the first 20 minutes following oral administration.

Plasma acetylsalicylic acid (aspirin) concentrations decline rapidly with a half-life of approx. 15 minutes. Its major metabolite, salicylic acid, is highly bound to plasma proteins, and its binding is concentration-dependent (nonlinear). At low concentrations ($<100 \,\mu g/mL$), approximately 90% of salicylic acid is bound to albumin. Salicylates are widely distributed to all tissues and fluids in the body, including the central nervous system, breast milk, and fetal tissues.

Metabolism

Acetylsalicylic acid (aspirin) is metabolised rapidly by non-specific esterases to salicylic acid. Salicylic acid is metabolised to salicyluric acid, salicyl phenolic glucuronide, salicylic acyl glucuronide, and to a minor extent to gentisic acid and gentisuric acid. The formation of the major metabolites salicyluric acid and salicylic phenolic glucuronide is easily

saturated and follows Michaelis-Menten kinetics; the other metabolic routes are first-order processes.

Elimination

Acetylsalicylic acid (aspirin) has an elimination half-life of elimination of 15-20 minutes in plasma; the major metabolite salicylic acid has a half-life of elimination of 2-3 hours at low doses (e.g. 325 mg), which may rise to 30 hours at higher doses because of nonlinearity in metabolism and plasma protein binding.

More than 90% of acetylsalicylic acid (aspirin) is excreted as metabolites via the kidneys. The fraction of salicylic acid excreted unchanged in the urine increases with increasing dose and the renal clearance of total salicylate also increases with increasing urinary pH.

Kinetics in patients with renal impairment

Renal dysfunction: acetylsalicylic acid (aspirin) is to be avoided in patients with severe renal failure (glomerular filtration rate less than 10 mL/min). An increase in total plasma concentrations and in the unbound fraction of salicylic acid has been reported.

Kinetics in patients with hepatic impairment

Hepatic dysfunction: acetylsalicylic acid is to be avoided in patients with severe hepatic insufficiency. An increase in the unbound fraction of salicylic acid has been reported.

5.3 Preclinical safety data

Dipyridamole and acetylsalicylic acid have been extensively investigated in animal models and no clinically significant findings have been observed at doses equivalent to therapeutic doses in humans.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Tartaric acid, crystalline

Tartaric acid, coarse

Tararic acid, powdered

Povidone (K25)

Methacrylic acid-methyl methacrylate copolymer (1:2)

Talc

Acacia

Hypromellose phthalate

Hypromellose

Triacetin

Dimeticone 350

Stearic acid 50

Lactose monohydrate

Aluminium stearate

Colloidal anhydrous silica

Maize starch

Microcrystalline cellulose

Sucrose

Titanium dioxide; E171

Capsule shells

Gelatin

Titanium dioxide; E171

Red and yellow iron oxides; E172

Printing Ink

Shellac Ethanol Isopropyl alcohol Propylene glycol N-butyl alcohol Ammonium hydroxide Potassium hydroxide Purified water

Red iron oxide; E172

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

Unopened: 36 months

In-use: Discard any capsules remaining 60 days after first opening.

6.4 Special precautions for storage

Store in the original container in order to protect from moisture. Keep the bottle tightly closed. Store below 30°C.

6.5 Nature and contents of container

White polypropylene bottles with child resistant multipart polypropylene/polyethylene plastic screw cap containing a desiccant made from silica gel/molecular sieves. Pack size of 60 capsules.

6.6 Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product

No special requirements.

7 MARKETING AUTHORISATION HOLDER

Boehringer Ingelheim Limited Ellesfield Avenue Bracknell Berkshire RG12 8YS UK

8 MARKETING AUTHORISATION NUMBER

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