

## **PACKAGE LEAFLET: INFORMATION FOR THE USER**

### **LACRI-LUBE® Eye ointment**

**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription. However, you still need to use LACRI-LUBE carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If any of the side effects gets serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What **LACRI-LUBE** is and what it is used for
2. Before you use **LACRI-LUBE**
3. How to use **LACRI-LUBE**
4. Possible side effects
5. How to store **LACRI-LUBE**
6. Further information

#### **1. What LACRI-LUBE is and what it is used for**

- LACRI-LUBE contains lubricants/protectants formulated to treat the symptoms of 'dry eye'. These may be soreness, burning, irritation or dryness.
- LACRI-LUBE belongs to the following pharmacotherapeutic (ATC code) group: S01X A 20.

This product has been recommended for you personally and you should not pass it on to others. It may harm them, even if their symptoms are the same as yours.

#### **2. Before You Use LACRI-LUBE**

Please consult your pharmacist or doctor.

- **Don't use LACRI-LUBE**
  - If you are allergic to Wool alcohols (since these may cause local skin reactions, for example, contact dermatitis), or to any of the other ingredients of LACRI-LUBE (e.g. Paraffin).
- **Take special care with LACRI-LUBE**
  - If you wear contact lenses these should be removed before using LACRI-LUBE. The lenses can be put back again 30 minutes after you have applied your ointment.
- **Pregnancy and breast-feeding**
  - LACRI-LUBE contains ingredients that have been used for many years in other medicinal preparations without having any harmful effects in pregnancy or breast-feeding. Therefore no special precautions are necessary for LACRI-LUBE in this regard.

HOWEVER, in-line with other medicines if you are pregnant or breast-feeding ask your pharmacist or doctor for advice before use.

- **Using other medicines**

- If you are currently using (or are planning to use) any other medication to treat an eye condition then you should first apply your other eye medication and then allow a gap of at least 5 minutes before using LACRI-LUBE.

LACRI-LUBE should always be the last medicine you apply to your eye.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

- **Driving and using machines**

- LACRI-LUBE may cause short-lasting (from 1 to 15 minutes) blurring of vision. If affected do not use electric tools/machinery or drive until vision has returned to normal.

### **3. How to use LACRI-LUBE**

Follow these instructions unless your pharmacist or doctor gave you different advice.

Add a small amount of ointment to the lower eye lid and repeat at intervals as you feel the need. Apply your LACRI-LUBE Eye ointment in the following way:

- 1) Wash your hands.
- 2) Twist-off the cap without applying pressure to the tube sides.
- 3) Do not allow the tube nozzle to touch your eye or any other surface.
- 4) Pull-down the lower lid of the affected eye(s) to form a pocket.
- 5) Gently squeeze a small strip of ointment into this eye pocket.
- 6) Replace cap.
- 7) Repeat steps 1 to 6 at intervals as you feel the need.

Your pharmacist or doctor will tell you how long your treatment with LACRI-LUBE will last. Do not stop treatment early unless told to do so.

If you have the impression that the effect of LACRI-LUBE is too strong or too weak, then do not change the dose yourself but ask your pharmacist or doctor.

If irritation, pain, redness and changes in vision occur or worsen, then discontinue use and consult your doctor.

Consult your doctor if your symptoms continue, despite using LACRI-LUBE.

If you have any questions then ask your pharmacist or doctor.

**If you use more LACRI-LUBE than you should:**

Accidental over-dosage (to the eyes) will present no hazard, apart from your sight becoming blurred for a short time just after using LACRI-LUBE. However, if LACRI-LUBE is swallowed by mistake then as a precaution you should contact your doctor as soon as possible for advice.

**If you forget to use LACRI-LUBE:**

Do not use a double dose to make up for forgotten individual doses. Apply your next dose as you feel the need or at the normal time as directed by your pharmacist or doctor.

**If you stop using LACRI-LUBE:**

- If you interrupt your treatment then you should apply your next dose at the normal time as directed by your pharmacist or doctor.
- If you prematurely end the treatment then you should inform your pharmacist or doctor of your reason(s) for doing this.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, LACRI-LUBE can have side effects, although not everybody gets them.

Tell your doctor if you have any of the following and they worry you:

- Momentary blurring of vision (this can typically last from 1 to 15 minutes).
- Sense of irritation in the eye(s).
- Soreness/reddening of the eye(s).
- Local allergic reaction.
- Swelling and itching of the eye(s) and/or eyelid.
- Inflammation of the eye surface.
- Eye pain.
- Discharge from eye.
- Feeling that something is in your eye.
- Excess of tears.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via:

HPRA Pharmacovigilance  
Website: [www.hpra.ie](http://www.hpra.ie)

By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store LACRI-LUBE**

Keep out of the sight and reach of children.  
Store LACRI-LUBE at a temperature that does not exceed 25°C.

**Use by date**

Do not use after the expiry/use before date as marked on the tube/carton.  
Do not use the product if you notice that the tube has been damaged or tampered with.  
Carefully discard the product 1 month (i.e. 28 days) after having first opened the container.

You may have completed your course of treatment as directed by your pharmacist or doctor and still have some ointment remaining. This may be disposed of in a responsible manner.

**6. FURTHER INFORMATION****What LACRI-LUBE contains:**

White soft paraffin

Liquid paraffin

Wool alcohols\*

*\* this ingredient may cause an allergic reaction - see section 2 in this leaflet for further information.*

**What LACRI-LUBE looks like and contents of the pack**

LACRI-LUBE is a soft, smooth, off-white eye ointment in a small collapsible tube. Each tube (unopened) contains either 3.5g or 5g of medication.

**Marketing Authorisation Holder**

AbbVie Limited  
Citywest Business Campus  
Dublin 24  
Ireland

**Manufacturer**

Allergan Pharmaceuticals Ireland  
Castlebar Road  
Westport  
County Mayo  
Ireland

This leaflet was last revised in 04/2022.

PA1824/11/1

Version 6