

# Summary of Product Characteristics

## 1 NAME OF THE MEDICINAL PRODUCT

Olbas Pastilles

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 1.7 g pastille contains:

### Active substance(s)

Eucalyptus Oil	1.16	% w/w
Peppermint Oil	1.12	% w/w
Levomenthol	0.10	% w/w
Juniper Oil	0.067	% w/w
Methyl Salicylate	0.047	% w/w
Clove Oil	0.0025	% w/w

### Excipients

Sucrose	39.80	% w/w
Glucose	9.80 – 14.00	% w/w

For a full list of excipients, see section 6.1.

## 3 PHARMACEUTICAL FORM

Pastille  
Dull, green, oval, ribbed pastilles.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic Indications

As an antiseptic, decongestant and analgesic for topical use in relief of nasal congestion and oropharyngeal inflammation and of pain due to muscular trauma.

### 4.2 Posology and method of administration

Adults and children aged 7 years and over:

Dissolve a pastille slowly in the mouth when required. Not more than 8 pastilles should be taken in any 24 hour period.

### 4.3 Contraindications

1. Use in infants or young children.
2. Hypersensitivity to the active substances or to any of the excipients.
3. Patients with rare hereditary problems of fructose intolerance, glucose galactose malabsorption or sucrase- isomaltase insufficiency should not take this medicine.

### 4.4 Special warnings and precautions for use

If there is no improvement or there is aggravation of the condition consult the doctor.

### 4.5 Interaction with other medicinal products and other forms of interaction

No interaction studies have been performed.

#### **4.6 Fertility, pregnancy and lactation**

Data on a large number of exposed pregnancies indicate no adverse effects of Olbas Pastilles on pregnancy or on the health of the foetus/new-born child. To date, no other relevant epidemiological data are available. Caution should be exercised when prescribing to pregnant women.

#### **4.7 Effects on ability to drive and use machines**

No studies on the effects on the ability to drive and use machines have been performed.

#### **4.8 Undesirable effects**

No undesirable effects are likely with this product.

#### **4.9 Overdose**

No case of overdose has been reported.

### **5 PHARMACOLOGICAL PROPERTIES**

#### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: Other Cold Combination Preparations.  
ATC Code: R05X.

#### **5.2 Pharmacokinetic properties**

Not applicable.

#### **5.3 Preclinical safety data**

Not applicable.

### **6 PHARMACEUTICAL PARTICULARS**

#### **6.1 List of excipients**

Copper chlorophyllin (E141)  
Liquid glucose  
Pregelatinised starch (from tapioca and waxy maize)  
Sucrose

#### **6.2 Incompatibilities**

Not applicable.

#### **6.3 Shelf life**

3 years.

#### **6.4 Special precautions for storage**

Do not store above 25°C.

### **6.5 Nature and contents of container**

45 g pastilles contained in a foil pouch integral with a carton.

### **6.6 Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product**

No special requirements

## **7 MARKETING AUTHORISATION HOLDER**

G. R. Lane Health Products Limited  
Sisson Road  
Gloucester  
GL2 0GR  
United Kingdom

## **8 MARKETING AUTHORISATION NUMBER**

PA 257/15/2

## **9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 10 June 1996

Date of last renewal: 10 June 2006

## **10 DATE OF REVISION OF THE TEXT**

January 2009