

PACKAGE LEAFLET

Package leaflet: Information for the patient

Mypreg 25 mg hard capsules
Mypreg 50 mg hard capsules
Mypreg 75 mg hard capsules
Mypreg 100 mg hard capsules
Mypreg 150 mg hard capsules
Mypreg 200 mg hard capsules
Mypreg 225 mg hard capsules
Mypreg 300 mg hard capsules

pregabalin

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Mypreg is and what it is used for
2. What you need to know before you take Mypreg
3. How to take Mypreg
4. Possible side effects
5. How to store Mypreg
6. Contents of the pack and other information

1. What Mypreg is and what it is used for

Mypreg contains the active substance pregabalin which belongs to a group of medicines used to treat epilepsy, neuropathic pain and Generalised Anxiety Disorder (GAD) in adults.

Peripheral and central neuropathic pain: Mypreg is used to treat long lasting pain caused by damage to the nerves. A variety of diseases can cause peripheral neuropathic pain, such as diabetes or shingles. Pain sensations may be described as hot, burning, throbbing, shooting, stabbing, sharp, cramping, aching, tingling, numbness, pins and needles. Peripheral and central neuropathic pain may also be associated with mood changes, sleep disturbance, fatigue (tiredness), and can have an impact on physical and social functioning and overall quality of life.

Epilepsy: Mypreg is used to treat a certain form of epilepsy (partial seizures with or without secondary generalisation) in adults. Your doctor will prescribe Mypreg for you to help treat your epilepsy when your current treatment is not controlling your condition. You should take Mypreg in addition to your current treatment. Mypreg is not intended to be used alone, but should always be used in combination with other anti-epileptic treatment.

Generalised Anxiety Disorder: Mypreg is used to treat Generalised Anxiety Disorder (GAD). The symptoms of GAD are prolonged excessive anxiety and worry that are difficult to control. GAD can also cause restlessness or feeling keyed up or on edge, being easily fatigued (tired), having difficulty concentrating or mind going blank, feeling irritable, having muscle tension or sleep disturbance. This is different to the stresses and strains of everyday life.

2. What you need to know before you take Mypreg

Do not take Mypreg:

If you are allergic to pregabalin or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

Talk to your doctor or pharmacist before taking Mypreg.

- Some patients taking Mypreg have reported symptoms suggesting an allergic reaction. These symptoms include swelling of the face, lips, tongue, and throat, as well as diffuse skin rash. Should you experience any of these reactions, you should contact your physician immediately.
- Mypreg has been associated with dizziness and somnolence, which could increase the occurrence of accidental injury (fall) in elderly patients. Therefore, you should be careful until you are used to any effect the medicine might have.
- Mypreg may cause blurring or loss of vision, or other changes in eyesight, many of which are temporary. You should immediately tell your doctor if you experience any changes in your vision.
- Some patients with diabetes who gain weight while taking pregabalin may need an alteration in their diabetic medicines.
- Certain side effects may be more common, such as sleepiness, because patients with spinal cord injury may be taking other medicines to treat, for example, pain or spasticity, that have similar side effects to Pregabalin and the severity of these effects may be increased when taken together.
- There have been reports of heart failure in some patients when taking Mypreg; these patients were mostly elderly with cardiovascular conditions. **Before taking this medicine you should tell your doctor if you have a history of heart disease.**
- There have been reports of kidney failure in some patients when taking Mypreg. If while taking Mypreg you notice decreased urination, you should tell your doctor as stopping the medicine may improve this.
- A small number of people being treated with anti-epileptics such as Mypreg have had thoughts of harming or killing themselves. If at any time you have these thoughts, immediately contact your doctor.
- When Mypreg is taken with other medicines that may cause constipation (such as some types of pain medicines) it is possible that gastrointestinal problems may occur (e.g., constipation, blocked or paralysed bowel). Tell your doctor if you experience constipation, especially if you are prone to this problem.
- Before taking this medicine you should tell your doctor if you have a history of alcoholism or any drug abuse or dependence. Do not take more medicine than prescribed.

- There have been reports of convulsions when taking Mypreg or shortly after stopping Mypreg. If you experience a convulsion, contact your doctor immediately.
- There have been reports of reduction in brain function (encephalopathy) in some patients taking Mypreg when they have other conditions. Tell your doctor if you have a history of any serious medical conditions, including liver or kidney disease.

Children and adolescents

The safety and efficacy in children and adolescents (under 18 years of age) has not been established and therefore, pregabalin should not be used in this age group.

Other medicines and Mypreg

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Mypreg and certain other medicines may influence each other (interaction). When taken with certain other medicines, Mypreg may potentiate the side effects seen with these medicines, including respiratory failure and coma. The degree of dizziness, sleepiness and decreased concentration may be increased if Mypreg is taken together with medicinal products containing:

- Oxycodone – (used as a pain-killer)
- Lorazepam – (used for treating anxiety)
- Alcohol

Mypreg may be taken with oral contraceptives.

Mypreg with food, drink and alcohol

Mypreg capsules may be taken with or without food.

It is advised not to drink alcohol while taking Mypreg.

Pregnancy and breast-feeding

Mypreg should not be taken during pregnancy or when breast-feeding, unless you are told otherwise by your doctor. Effective contraception must be used by women of child-bearing potential. If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

Mypreg may produce dizziness, sleepiness and decreased concentration. You should not drive, operate complex machinery or engage in other potentially hazardous activities until you know whether this medicine affects your ability to perform these activities.

Mypreg contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per capsule, that is to say essentially 'sodium-free'.

3. How to take Mypreg

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Your doctor will determine what dose is appropriate for you.

Mypreg is for oral use only.

Peripheral and central neuropathic pain, epilepsy or Generalised Anxiety Disorder:

- Take the number of capsules as instructed by your doctor.
- The dose, which has been adjusted for you and your condition, will generally be between 150 mg and 600 mg each day.
- Your doctor will tell you to take Mypreg either twice or three times a day. For twice a day take Mypreg once in the morning and once in the evening, at about the same time each day. For three times a day take Mypreg once in the morning, once in the afternoon and once in the evening, at about the same time each day.

If you have the impression that the effect of Mypreg is too strong or too weak, talk to your doctor or pharmacist.

If you are an elderly patient (over 65 years of age), you should take Mypreg normally except if you have problems with your kidneys.

Your doctor may prescribe a different dosing schedule and/or dose if you have problems with your kidneys.

Swallow the capsule whole with water.

Continue taking Mypreg until your doctor tells you to stop.

If you take more Mypreg than you should

Call your doctor or go to the nearest hospital emergency unit immediately. Take your box of Mypreg capsules with you. You may feel sleepy, confused, agitated, or restless as a result of taking more Mypreg than you should. Fits have also been reported.

If you forget to take Mypreg

It is important to take your Mypreg capsules regularly at the same time each day. If you forget to take a dose, take it as soon as you remember unless it is time for your next dose. In that case, just carry on with the next dose as normal. Do not take a double dose to make up for a forgotten dose.

If you stop taking Mypreg

Do not stop taking Mypreg unless your doctor tells you to. If your treatment is stopped it should be done gradually over a minimum of 1 week.

After stopping long and short-term Mypreg treatment, you need to know that you may experience certain side effects. These include, trouble sleeping, headache, nausea, feeling anxious, diarrhoea, flulike symptoms, convulsions, nervousness, depression, pain, sweating, and dizziness. These symptoms may occur more commonly or severely if you have been taking Mypreg for a longer period of time.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Contact your doctor immediately if you notice any of the following side effects:**Uncommon: may affect up to 1 in 100 people**

- Hypersensitivity reaction with symptoms such as: fever, rash, swelling.
- Heart failure

Rare: may affect up to 1 in 1,000 people

- Inflammation of the pancreas, which causes severe pain in the abdomen and back
- Muscle damage, muscle weakness, tenderness or pain (Rhabdomyolysis)
- Allergic reactions (which may include difficulty breathing, inflammation of the eyes (keratitis) and a serious skin reaction characterized by rash, blisters, peeling skin and pain)
- **If you experience swollen face or tongue or if your skin turns red and starts to blister or peel you should seek immediate medical advice.**

Other possible side effects:

Very common: may affect more than 1 in 10 people

- Dizziness, drowsiness, headache

Common: may affect up to 1 in 10 people

- Increased appetite
- Feeling of elation, confusion, disorientation, decrease in sexual interest, irritability
- Disturbance in attention, clumsiness, memory impairment, loss of memory, tremor, difficulty with speaking, tingling feeling, numbness, sedation, lethargy, insomnia, fatigue, feeling abnormal
- Blurred vision, double vision
- Vertigo, problems with balance, fall
- Dry mouth, constipation, vomiting, flatulence, diarrhoea, nausea, swollen abdomen
- Difficulties with erection
- Swelling of the body including extremities
- Feeling drunk, abnormal style of walking
- Weight gain
- Muscle cramp, joint pain, back pain, pain in limb
- Sore throat

Uncommon: may affect up to 1 in 100 people

- Loss of appetite, weight loss, low blood sugar, high blood sugar
- Change in perception of self, restlessness, depression, agitation, mood swings, difficulty finding words, hallucinations, abnormal dreams, panic attacks, apathy, aggression, elevated mood, mental impairment, difficulty with thinking, increase in sexual interest, problems with sexual functioning including inability to achieve a sexual climax, delayed ejaculation
- Changes in eyesight, unusual eye movement, changes in vision including tunnel vision, flashes of light, jerky movements, reduced reflexes, increased activity, dizziness on standing, sensitive skin, loss of taste, burning sensation, tremor on movement, decreased consciousness, loss of consciousness, fainting, increased sensitivity to noise, feeling unwell
- Dry eyes, eye swelling, eye pain, weak eyes, watery eyes, eye irritation
- Heart rhythm disturbances, increased heart rate, low blood pressure, high blood pressure, changes in heart beat
- Flushing, hot flushes
- Difficulty breathing, dry nose, nasal congestion
- Increased saliva production, heartburn, numb around mouth
- Sweating, rash, chills, fever
- Muscle twitching, joint swelling, muscle stiffness, pain including muscle pain, neck pain
- Breast pain
- Difficulty with or painful urination, incontinence
- Weakness, thirst, chest tightness

- Changes in blood and liver test results (blood creatinine phosphokinase increased, alanine aminotransferase increased, aspartate aminotransferase increased, platelet count decreased, neutropenia (low white blood cell count), increase in blood creatinine, decrease in blood potassium)
- Swollen face, itchiness, hives, runny nose, nose bleed, cough, snoring
- Painful menstrual periods
- Coldness of hands and feet

Rare: may affect up to 1 in 1,000 people

- Abnormal sense of smell, swinging vision, altered perception of depth, visual brightness, vision loss
- Dilated pupils, cross eyes
- Cold sweat, tightness of the throat, swollen tongue
- Difficulty in swallowing
- Slow or reduced movement of the body
- Difficulty with writing properly
- Increased fluid in the abdomen
- Fluid in the lungs
- Convulsions
- Changes in the recording of electrical changes (ECG) in the heart which correspond to heart rhythm disturbances
- Breast discharge, abnormal breast growth, breast growth in males
- Interrupted menstrual periods
- Kidney failure, reduced urine volume, urinary retention
- Decrease in white blood cell count
- Inappropriate behaviour
- Jaundice (yellowing of the skin and eyes).

Very rare: may affect up to 1 in 10,000 people

- Liver failure.
- Hepatitis (inflammation of the liver).

Certain side effects may be more common, such as sleepiness, because patients with spinal cord injury may be taking other medicines to treat, for example, pain or spasticity, that have similar side effects to Pregabalin and the severity of these effects may be increased when taken together.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, website: www.hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Mypreg

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and blister after EXP. The expiry date refers to the last day of that month.

Store in the original package in order to protect from moisture.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Mypreg contains

The active substance is pregabalin. Each hard capsule contains either 25 mg, 50 mg, 75 mg, 100 mg, 150 mg, 200 mg, 225 mg or 300 mg of pregabalin.

The other ingredients are: hydroxypropylcellulose, maize starch, talc, gelatin, titanium dioxide (E171), sodium laurilsulfate, purified water, shellac, black iron oxide (E172), propylene glycol, potassium hydroxide and concentrated ammonia solution), yellow iron oxide (E172) and erythrosine (E127).

What Mypreg looks like and contents of the pack

Hard capsule.

Mypreg 25 mg hard capsule	Light peach opaque cap and white opaque body, hard-shell gelatin capsule filled with white to off-white powder. The capsule is axially printed with MYLAN over PB25 in black ink on cap and body. Available in blister packs containing 14 capsules and in perforated unit dose blister packs containing 14 x 1 capsules.
Mypreg 50 mg hard capsule	Dark peach opaque cap and white opaque body, hard-shell gelatin capsule filled with white to off-white powder. The capsule is axially printed with MYLAN over PB50 in black ink on cap and body. Available in blister packs containing 21 and in perforated unit dose blister packs containing 21 x 1 capsules.
Mypreg 75 mg hard capsule	Light peach opaque cap and light peach opaque body, hard-shell gelatin capsule filled with white to off-white powder. The capsule is axially printed with MYLAN over PB75 in black ink on cap and body. Available in blister packs containing 14 and 56 capsules and in perforated unit dose blister packs containing 14 x 1 and 56 x 1 capsules.
Mypreg 100 mg hard capsule	Dark peach opaque cap and dark peach opaque body, hard-shell gelatin capsule filled with white to off-white powder. The capsule is axially printed with MYLAN over PB100 in black ink on cap and body. Available in blister packs containing 21 capsules and in perforated unit dose blister packs containing 21 x 1 capsules.
Mypreg 150 mg hard capsule	Light peach opaque cap and white opaque body, hard-shell gelatin capsule filled with white to off-white powder. The capsule is axially printed with MYLAN over PB150 in black ink on cap and body. Available in blister packs containing 14 and 56 capsules and in perforated unit dose blister packs containing 14 x 1 and 56 x 1 capsules.
Mypreg 200 mg hard capsule	Light peach opaque cap and light peach opaque body, hard-shell gelatin capsule filled with white to off-white powder. The capsule is axially printed with MYLAN over PB200 in black ink on cap and body. Available in blister packs containing 21 capsules and in perforated unit dose blister packs containing 21 x 1 capsules.

Mypreg 225 mg hard capsule	Dark peach opaque cap and dark peach opaque body, hard-shell gelatin capsule filled with white to off-white powder. The capsule is axially printed with MYLAN over PB225 in black ink on cap and body. Available in blister packs containing 14 capsules and in perforated unit dose blister packs containing 14 x 1 capsules.
Mypreg 300 mg hard capsule	Light peach opaque cap and white opaque body, hard-shell gelatin capsule filled with white to off-white powder. The capsule is axially printed with MYLAN over PB300 in black ink on cap and body. Available in blister packs containing 56 capsules and in perforated unit dose blister packs containing 56 x 1 capsules.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

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This leaflet was last revised in August 2020.