



PACKAGE LEAFLET: INFORMATION FOR THE USER

Hydrocortisyl[®] Skin Cream 1%

*Hydrocortisone*SANOFI **Is this leaflet hard to see or read?
Phone 01403 5600 for help**

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any of the side effects, talk to your doctor or pharmacist. This includes any side effects not listed in this leaflet.

In this leaflet:

1. What Hydrocortisyl Skin Cream is and what it is used for
2. What you need to know before you use Hydrocortisyl Skin Cream
3. How to use Hydrocortisyl Skin Cream
4. Possible side effects
5. How to store Hydrocortisyl Skin Cream
6. Contents of the pack and other information

1. What Hydrocortisyl Skin Cream is and what it is used for

The name of your medicine is Hydrocortisyl Skin Cream 1%. Hydrocortisyl Skin Cream contains the active ingredient Hydrocortisone 1% w/w.

- Hydrocortisone belongs to a group of medicines called corticosteroids. It works by lowering the production of substances that cause inflammation. This helps lower swelling and itching.

Hydrocortisyl Skin Cream can be applied to the skin to treat a variety of skin conditions sensitive to corticosteroid treatment such as itching, eczema, dermatitis (inflamed skin), including the skin of the outer ear (otitis externa) and of your scalp, and rashes due to allergic reactions.

2. Before you use Hydrocortisyl Skin Cream

Do not use this medicine and tell your doctor if:

- You are allergic (hypersensitive) to hydrocortisone or any of the other ingredients of Hydrocortisyl Skin Cream (listed in Section 6 below). Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue.
- You have any kind of infection, this includes infections caused by viruses, bacteria or fungus or if you are being treated for tuberculosis.

- You have perioral dermatitis, acne, acne rosacea or psoriasis. Use of this product if you have psoriasis may cause your psoriasis to get worse or it could make your psoriasis return once you stop using the cream.

Do not use this medicine if any of the above apply to you. If you are not sure, talk to your doctor before using Hydrocortisyl Skin Cream.

Warnings and Precautions

Talk to your doctor or pharmacist before using Hydrocortisyl Skin Cream if you have an adrenal gland tumour (pheochromocytoma).

Contact your doctor if you experience blurred vision or other visual disturbances.

Hydrocortisyl Skin Cream is for external use only. Avoid contact with eyes.

Children

Do not use in children under 12 years of age without medical supervision. If advised to use this product it must be applied sparingly over a small area once or twice a day for no longer than 7 days.

Care must be taken with children under 3 years of age using this medicine for a long time (longer than 3 weeks), as there is a risk of 'adrenal suppression' and stunted growth. Please see Section 4. 'Possible Side effects' for further information.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines. This includes medicines you buy without a prescription, including herbal medicines. This is because Hydrocortisyl Skin Cream can affect the way some other medicines work. Also some medicines can affect the way Hydrocortisyl Skin Cream works.

Pregnancy and breast-feeding

This product should not be used in pregnancy or during breast-feeding.

Driving and using machines

This medicine should not have any effect on your ability to drive or use machines. Check with your doctor if you feel any side effect that may stop you from driving or using machines.

Important information about some of the ingredients of Hydrocortisyl Skin Cream

This medicine contains cetomacrogol emulsifying wax, which contains cetostearyl alcohol and may cause local skin reactions such as contact dermatitis. Contact dermatitis causes redness, itching or irritation of the skin.

This medicine also contains chlorocresol, which may cause allergic reactions.



3. How to use Hydrocortisyl Skin Cream

Always use this medicine exactly as your doctor has told you. You should check with your doctor if you are not sure.

Using this medicine

- Do not use for longer than 7 days
- Apply sparingly to the affected area of the skin one to two times a day. When skin condition improves, frequency of application can be gradually reduced.
- Do not cover the area with a plaster or any dressings (including nappies).
- Do not use on the eyes or face, anogenital region or on broken or infected skin e.g. cold sores, acne or athlete's foot.
- If you feel the effect of your medicine is too weak or too strong, do not change the dose yourself, but ask your doctor

Use in Children and Adolescents

Do not use in children under 12 years of age without medical supervision. If advised to use this product it must be applied sparingly over a small area once or twice a day for no longer than 7 days.

Care must be taken with children under 3 years of age using this medicine for a long time (longer than 3 weeks), as there is a risk of 'adrenal suppression' and stunted growth. Please see Section 4. 'Possible side effects' for further information.

How to apply this medicine

If your doctor has asked you to apply some cream to the affected area, follow the instructions below on how to apply this medicine:

- Wash your hands
- Squeeze a small amount of the cream onto your fingertip
- Gently rub a small layer of cream over the inflamed, itchy area
- Wash your hands

If you use more Hydrocortisyl Skin Cream than you should

Let your doctor know if you have used this cream for more than 7 days by mistake.

If you forget to use Hydrocortisyl Skin Cream

If you forget to use your cream, use it as soon as you remember. However, if it is nearly time for the next dose, skip the missed dose. Do not use a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Hydrocortisyl Skin Cream can cause side effects, although not everybody gets them.

Tell your doctor or pharmacist if the following side effect gets serious or lasts longer than a few days, or you notice any side effects not listed in this leaflet:

- Striae (narrow bands which appear on the skin) can sometimes occur especially in skin folds

Not known: frequency cannot be estimated from available data:

- Allergic (hypersensitive) reaction to hydrocortisone. Signs of an allergic reaction include: a rash, hives (urticaria), swallowing or breathing problems, swelling of your lips, face, throat or tongue.
- Local thinning of the skin and more visible blood vessels and veins, particularly on the face.
- Pheochromocytoma crisis, a tumour of the adrenal gland, symptoms of which include high blood pressure, heavy sweating, fast heartbeat, shortness of breath

- Blurred vision (see paragraph 2 Warnings and Precautions)
- Chorioretinopathy (retinal disease)
If you use this cream for a long time, or under dressings or nappies, it is possible that you could get something called 'adrenal suppression'. Signs include lack of appetite, pain in the stomach, weight loss, feeling sick or being sick, lack of concentration, a feeling of hunger, nervousness and fits.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRa Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517.

Website: www.hpra.ie

E-mail: medsafety@hpra.ie

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Hydrocortisyl Skin Cream

Keep this medicine in a safe place out of the sight and reach of children. Do not use Hydrocortisyl Skin Cream after the expiry date which is stated on the label, carton or tube after EXP. The expiry date refers to the last day of that month.

Do not store above 25°C. Keep the medicine in the pack in which it was given to you. Discard 4 weeks after first opening.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Contents of the pack and other information

What Hydrocortisyl Skin Cream contains

- The active substance is hydrocortisone. Each gram of this medicine contains 0.01g hydrocortisone.
- The other ingredients are cetomacrogol emulsifying wax, chlorocresol, liquid paraffin, macrogol 300, white soft paraffin and purified water.

What Hydrocortisyl Skin Cream looks like and contents of the pack

Hydrocortisyl Skin Cream is a smooth white cream. It is available in a 15 gram aluminium tube.

Marketing Authorisation Holder and Manufacturer

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Manufacturer

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This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

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