

PACKAGE LEAFLET: INFORMATION FOR THE USER

MAALOX®

400mg/400mg Chewable Tablets

aluminium oxide, hydrated 400mg

magnesium hydroxide 400mg

Read all of this leaflet carefully because it contains important information for you

This medicine is available without prescription. However, you still need to use Maalox Chewable Tablets carefully to get the best results from it.

Keep this leaflet. You may need to read it again

Ask your pharmacist if you need more information or advice

You must contact a doctor if your symptoms worsen or do not improve

If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist

In this leaflet:

1. What Maalox Chewable Tablets are and what they are used for
2. What you need to know before you take Maalox Chewable Tablets
3. How to take Maalox Chewable Tablets
4. Possible side effects
5. How to store Maalox Chewable Tablets
6. Contents of the pack and other information

1. What Maalox Chewable Tablets are and what they are used for

Maalox Chewable Tablets contain two different Medicines called aluminium oxide, hydrated and magnesium hydroxide. They belong to a group of medicines called antacids.

Maalox Chewable Tablets are used for:

- . The relief of indigestion (dyspepsia)

Maalox Chewable Tablets work by lowering the amount of acid in your stomach.

2. What you need to know before you take Maalox Chewable Tablets

Do not take Maalox Chewable Tablets if:

- . You are allergic (hypersensitive) to aluminium oxide, hydrated, magnesium hydroxide or any of the other ingredients in Maalox Chewable Tablets (see Section 6: Further information).
Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue
- . You are feeling very weak and have no energy (debilitated)
- . You have kidney problems
- . You have low levels of phosphate (called “hypophosphataemia”). This is shown up in blood tests

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Maalox Chewable Tablets.

Take special care with Maalox Chewable Tablets

Check with your doctor or pharmacist before taking your medicine if:

- . You suffer from porphyria
- . You suffer from diabetes

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking Maalox.

Other medicines and Maalox

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines. This includes medicines you buy without a prescription, including herbal medicines.

Maalox Chewable Tablets should not be taken at the same time as other medicines. This is because Maalox Chewable Tablets can affect the way other medicines work.

Other medicines and magnesium hydroxide:

Some medicines may be affected by magnesium hydroxide or they may affect how well magnesium hydroxide will work. Tell your doctor or pharmacist if you are already taking: - salicylates

In particular, Maalox Chewable Tablets can affect the following medicines:

- Medicines used to treat the heart such as digoxin, quinidine, metoprolol, atenolol or propranolol.
- Medicines used to treat anaemia such as iron salts.
- Medicines used to treat stomach ulcers and acidity such as ranitidine or cimetidine (H₂ antagonists).
- Medicines used to treat malaria such as chloroquine.
- Medicines used to treat some bone disorders such as bisphosphonates
- Medicines used to treat some allergic, inflammatory or abnormal immune reactions such as glucocorticoids.
- Medicines used to treat kidney disorders such as citrates.
- Medicines used to treat tuberculosis such as ethambutol or isoniazid.
- Medicines used to treat infections such as fluoroquinolones, lincosamides, ketoconazole, cyclines, cephalosporins, (cefprozime & cefdinir), dolutegravir, elvitegravir, raltegravir potassium and antiviral treatment combination of tenofovir alafenamide fumarate/emtricitabine/bictegravir sodium, rilpivirine
- Medicines used to treat mental illness (psychosis) such as phenothiazines, neuroleptics.
- Medicines used to treat increased amounts of potassium in the body such as polystyrene sulfonate.
- Medicines used to treat pain such as diflunisal, indomethacin
- Medicines used in dental care such as sodium fluoride
- Medicines used to treat an underactive thyroid gland such as levothyroxine
- Medicines used to treat joint pains and abnormal chemical reactions in the body such as penicillamine
- Medicines used to reduce cholesterol such as rosuvastatin
- Medicines used to treat cancer such as nilotinib, dasatinib monohydrate
- Medicines used to treat blood disorders such as eltrombopag olamine
- Medicines used to treat high blood pressure in the lungs (pulmonary hypertension) such as riociguat

As a precaution, the administration times of any orally administered drugs and the antacid should be staggered by at least 2 hours (4 hours for the fluoroquinolones).

Pregnancy and breast-feeding

Use of Maalox Chewable Tablets is not recommended during pregnancy.

Talk to your doctor about using Maalox Chewable Tablets if:

You are pregnant or planning to become pregnant.

You are breast-feeding or planning to breast feed.

Maalox Chewable Tablets contain sucrose and sorbitol (E420)

If you have been told by your doctor that you cannot tolerate or digest some sugars, talk to your doctor before taking this medicine.

Maalox Chewable Tablets contain sodium

This medicine contains less than 1 mmol sodium (23 mg) per chewable tablet, that is to say essentially "sodium-free".

3. How to take Maalox Chewable Tablets

Taking this medicine

- Take this medicine by mouth
- Chew the tablets well before swallowing

Adults

- Take one or two tablets 4 times each day
- Take 20 minutes to one hour after meals and at bedtime or as required

Do not take this medicine for prolonged periods as it may mask more serious diseases such as stomach ulcers or stomach cancer.

If your symptoms do not go away talk to your doctor.

Children

Not recommended in children.

If you take more Maalox Chewable Tablets than you should

The following effects may happen: diarrhoea, stomach pain or you may get a bloated feeling and cramping pain in the abdomen (stomach), be sick (vomit), have indigestion, heartburn, upset stomach, constipation, loss of appetite, dry mouth. This could be caused by an obstruction or blockage of the bowel (ileus).

Talk to your doctor or go to a hospital straight away. Remember to take any medicine that is left with you so the doctor knows what you have taken.

4. Possible side effects

Like all medicines, Maalox Chewable Tablets can cause side effects, although not everybody gets them.

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days. Also tell them if you notice any side effects not listed in this leaflet:

Uncommon:

- . Constipation
- . Diarrhoea

Very rare:

- . Hypermagnesemia, including observations after prolonged administration of magnesium hydroxide to patients with renal impairment.

Not Known:

- . Allergic or anaphylactic reactions, signs include; red and lumpy skin rash, swollen eyelids, face, lips, mouth or tongue, itching, difficulty breathing or swallowing.
- . Abdominal pain
- . Hypophosphatemia, this may occur at high doses of the product or even at normal doses especially in patients with low phosphorus diets or in infants less than 2 years.
- . Hyperaluminemia is an electrolyte disturbance in which there is an abnormally elevated level of aluminium in the body

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Website: www.hpra.ie
By reporting side effects you can help provide more information on the safety of this medicine

5. How to store Maalox Chewable Tablets

Keep out of the sight and reach of children.

Do not use Maalox Chewable Tablets after the expiry date which is stated on the carton and foil after EXP. The expiry date refers to the last day of that month. Store in the original package.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Contents of the pack and other information**What Maalox Chewable Tablets contain**

- . Each tablet contains: 400mg of aluminium oxide, hydrated and 400mg of magnesium hydroxide.
- . The other ingredients are confectioners' sugar (contains sucrose and starch), sorbitol (E420), sucrose, mannitol, magnesium stearate, saccharin sodium and peppermint flavour powder.

What Maalox Chewable Tablets looks like and contents of the pack

Maalox[®] Chewable Tablets are flat, circular, bevel edged chewable tablets with "Mx" on both sides and have a peppermint odour.

Maalox Chewable Tablets are made in blister packs containing 10, 12, 20, 24, 30, 36, 40, 48, 50, 60, 70, 80, 84, 90, 96, and 100 tablets. Not all pack sizes may be available.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder

Opella Healthcare France SAS
157 avenue Charles de Gaulle
92200 Neuilly-sur-Seine
France.

Manufacturer

SANOFI S.r.l
S.S. 17 km 22, 67019 Scoppito (AQ) - Italy

This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

For any information about this medicine, please contact the distributor & local representative of the Marketing Authorisation Holder:

Clonmel Healthcare Ltd,
Waterford Road, Clonmel,
Co. Tipperary, Ireland.
Tel: +353 52 617 7777
Email: medicalinformation@clonmel-health.ie

846863

This leaflet was last revised in August 2024