

**IRISH MEDICINES BOARD ACTS 1995 AND 2006**

**MEDICINAL PRODUCTS(CONTROL OF PLACING ON THE MARKET)REGULATIONS,2007**

**(S.I. No.540 of 2007)**

**PA0566/022/002**

Case No: 2049488

The Irish Medicines Board in exercise of the powers conferred on it by the above mentioned Regulations hereby grants to

**Fresenius Kabi Limited**

**Cestrian Court, Eastgate Way, Runcorn, Cheshire WA7 1NT, United Kingdom**

an authorisation, subject to the provisions of the said Regulations, in respect of the product

**Vamin 14 Solution for Infusion, 1000ml**

The particulars of which are set out in Part I and Part II of the attached Schedule. The authorisation is also subject to the general conditions as may be specified in the said Regulations as listed on the reverse of this document.

This authorisation, unless previously revoked, shall continue in force from **22/05/2008** until **20/06/2009**.

Signed on behalf of the Irish Medicines Board this

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A person authorised in that behalf by the said Board.

## Part II

### Summary of Product Characteristics

#### 1 NAME OF THE MEDICINAL PRODUCT

Vamin 14 Solution for Infusion, 1000ml

#### 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 1000ml contains:

##### Active Substances      1000 ml

Alanine	12.0	g
Argininem	8.4	g
Aspartic acid	2.5	g
Cysteine/Cystine	420.0	mg
Glutamic acid	4.2	g
Glycine	5.9	g
Histidine	5.1	g
Isoleucine	4.2	g
Leucine	5.9	g
Lysine	6.8	g
Methionine	4.2	g
Phenylalanine	5.9	g
Proline	5.1	g
Serine	3.4	g
Threonine	4.2	g
Tryptophan	1.4	g
Tyrosine	170.0	mg
Valine	5.5	g
Sodium	100	mmol
Potassium	50	mmol
Calcium	5	mmol
Magnesium	8	mmol
Chloride	100	mmol
Sulphate	8	mmol
Acetate	135	mmol

##### Product Particulars

Nitrogen content	13.5	g/l
Energy content	350	kcal (1.4 mJ)/l
Osmolality	1145	mosm/kg water
pH	5.6	

For excipients, see 6.1.

#### 3 PHARMACEUTICAL FORM

Solution for infusion

A clear, colourless to slightly yellow solution of amino acids with electrolytes.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic Indications

In the prophylaxis or therapeutic treatment of protein depletion, where sufficient enteral nutrition is impossible or impracticable.

### 4.2 Posology and method of administration

*Route of administration:* Intravenous

#### *Adults:*

Depending upon patient requirements up to 1 litre intravenously in 24 hours. Administration should be by slow intravenous infusion at a rate not exceeding 2 ml per minute, corresponding to approximately 40 drops per minute or an infusion time of at least 8 hours/litre.

#### *Infants:*

May be administered at physicians discretion, but a solution containing larger amounts of cysteine/cystine and tyrosine and lower amounts of phenylalanine may be considered more appropriate in infants.

#### *Elderly:*

Age per se requires no adjustment of the adult dosage. However, caution should be exercised in the 'frail' elderly and indeed all patients with poor renal, cardiac or liver function, where smaller volumes should be used, depending on the individual patient's requirements and condition.

### 4.3 Contraindications

Advanced liver or renal disease where dialysis facilities are not available.

Use in hyperkalaemia such as is associated with adrenal insufficiency or severe renal insufficiency.

### 4.4 Special warnings and precautions for use

Intravenous infusion of amino acids is accompanied by increased urinary excretion of the trace elements copper and, in particular zinc, which should be taken into account in the dosing of trace elements, particularly during long-term intravenous nutrition.

Vamin 14 should be used with caution to patients with electrolyte retention. Vamin 14 Electrolyte Free is recommended in such patients, Vamin 14 contains sodium acetate which influences blood pH in the direction of alkalosis.

For patients with hypophosphatemia, an additional supply of phosphate is recommended.

Where shock, metabolic acidosis or severe dehydration is present, the condition should be corrected before the commencement of intravenous feeding.

Central venous catheters for parenteral feeding should be placed using strict aseptic techniques with proper fixation and dressings and x-ray confirmation where possible. Asepsis should be maintained during changes of tubing and dressing and use of the catheter should be confined to i.v. feeding alone.

Patients receiving these infusions may suffer from air embolism, central venous thrombosis, catheter-linked sepsis, and infusion thrombo-phlebitis. Immuno-suppressed patients are particularly prone to infections.

Abnormalities of liver function tests and cholestasis have been observed in patients including infants receiving total parenteral nutrition.

To achieve optimal utilization of administered amino acids, adequate energy sources e.g. glucose solution and fat emulsion, should be provided.

Potassium replacement is critical and plasma electrolyte levels should be carefully monitored, especially in patients with pre-existing imbalances, in renal failure or in hepatic disease. Plasma levels may not be directly related to tissue levels.

Potassium replacement should be used with extreme caution in patients with cardiac disease, renal dysfunction, digitalization and hepatic insufficiency.

Care should be exercised in the administration of large volume infusion fluids to patients with cardiac insufficiency, similarly caution should be taken with the administration of amino acid infusions to patients with disturbances in protein metabolism.

Serum electrolytes, acid-base balance and fluid balance should be regularly monitored.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

Amino acid solutions may precipitate acute folate deficiency and folic acid should be given daily.

#### **4.6 Pregnancy and lactation**

Animal reproductive studies have not been carried out with Vamin 14. There are, however, published reports on the successful and safe infusion of amino acid solutions during pregnancy in the human.

#### **4.7 Effects on ability to drive and use machines**

Not applicable.

#### **4.8 Undesirable effects**

Nausea occurs rarely. Transient increases in liver tests during intravenous nutrition have been reported.

Hypersensitivity reactions have been reported.

As with all hypertonic infusion solutions, thrombophlebitis may occur when peripheral veins are used. The incidence may be reduced by the simultaneous infusion of Intralipid.

Vomiting, flushing and sweating may occur if the recommended rate of infusion is exceeded.

#### **4.9 Overdose**

In general significant overdosage with Vamin 14 does not occur. Excessive infusion rates may result in nausea, vomiting, flushing and sweating.

The effects of overdosage are likely to be due to the volume infused and the hypertonicity of the solution, i.e. circulating overload. The amount required to produce this effect will vary depending on the patient's condition, cardiac and renal status. There are no specific antidotes for overdosage. In case of suspicion of overdosage the infusion should immediately be stopped.

Emergency procedures should be general supportive measures, respiratory and cardiovascular. Close biochemical monitoring would be essential and specific abnormalities treated appropriately, perhaps by the careful infusion of

hypotonic solutions and concomitant diuretic therapy, and administration of sodium bicarbonate for metabolic acidosis. Expert advice should be sought.

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Vamin 14 is formulated to supply amino acids in the physiological L-form with electrolytes for intravenous nutrition.

### **5.2 Pharmacokinetic properties**

Vamin 14 is an amino acid solution without interest for pharmacokinetic studies.

### **5.3 Preclinical safety data**

No further pre-clinical safety data are available.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Acetic Acid Glacial  
Water for Injections

### **6.2 Incompatibilities**

Additives may only be added to Vamin 14 where compatibility is known.

### **6.3 Shelf Life**

2 years.

### **6.4 Special precautions for storage**

Do not store above 25°C. Do not freeze.

### **6.5 Nature and contents of container**

Type II (Ph. Eur.) glass infusion bottles with butyl rubber stoppers and outer aluminium cap.

Pack sizes: 1000 ml.

### **6.6 Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product**

Do not use if the bottle is leaking or if the solution is cloudy or contains precipitate. Discard unused contents.

**7 MARKETING AUTHORISATION HOLDER**

Fresenius Kabi Limited  
Cestrian Court  
Eastgate Way  
Runcorn  
Cheshire  
WA7 1NT  
United Kingdom

**8 MARKETING AUTHORISATION NUMBER**

PA 566/22/2

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 21 June 1984

Date of last renewal: 21 June 2004

**10 DATE OF REVISION OF THE TEXT**

September 2006