

## Package leaflet: Information for the patient

### Klariger 250 mg Film-coated Tablets clarithromycin

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### What is in this leaflet

1. What Klariger is and what it is used for
2. What you need to know before you take Klariger
3. How to take Klariger
4. Possible side effects
5. How to store Klariger
6. Contents of the pack and other information

#### 1. What Klariger is and what it is used for

Klariger belongs to a group of medicines called macrolide antibiotics and is used to treat a variety of different infections. These include infections of the skin and soft tissue or the respiratory system (nose, throat, chest, lungs). Klariger can also be used (along with other medicines) to treat the infection *Helicobacter pylori* (*H. pylori*) in patients with duodenal ulcers.

#### 2. What you need to know before you take Klariger

##### Do not take Klariger if you

- are allergic to clarithromycin or any similar macrolide antibiotic such as erythromycin, or any of the other ingredients of this medicine (listed in section 6)
- are already taking any of the following medicines:
  - ergotamine or dihydroergotamine (for migraine)
  - lovastatin or simvastatin (statins, for high cholesterol)
  - colchicine (for gout)
- are taking medicines called terfenadine or astemizole (for hay fever or allergies) or cisapride (for stomach disorders) or pimozide (for psychiatric conditions) as combining these medicines can sometimes cause serious disturbances in heart rhythm
- are taking other medicines which are known to cause serious disturbances in heart rhythm
- have a history of heart rhythm disorders (ventricular cardiac arrhythmia, including torsades de pointe) or abnormality of electrocardiogram (ECG, electrical recording of the heart) called 'long QT syndrome'
- have abnormally low levels of potassium in your blood (hypokalaemia)
- have severe liver failure in combination with kidney problems

#### Warnings and precautions

Talk to your doctor before taking this medicine if you:

- have heart, kidney or liver problems

- have abnormally low levels of magnesium in your blood (hypomagnesaemia)
- coronary heart disease, severe cardiac insufficiency or bradycardia (slow heart beat)

### **Other medicines and Klariger**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription, especially any of the following:

- digoxin, quinidine, verapamil, amlodipine, diltiazem or disopyramide (heart drugs)
- warfarin or other drugs to thin the blood
- ergotamine or dihydroergotamine (for migraine)
- carbamazepine, phenobarbital, valproate or phenytoin (drugs for epilepsy)
- theophylline (helps breathing)
- terfenadine or astemizole (for hay fever or allergy)
- triazolam, alprazolam or midazolam (sedatives)
- statins (e.g. atorvastatin, rosuvastatin or cerivastatin for high cholesterol)
- cisapride (for stomach disorders)
- ciclosporin, sirolimus or tacrolimus (immune suppressant)
- pimozide, quetiapine or other medicines for psychiatric conditions
- zidovudine, ritonavir, atazanavir, saquinavir, etravirine, nevirapine or efavirenz (anti-viral agent (anti-HIV drug))
- rifabutin, rifapentine or rifampicin (for treatment of some infections)
- fluconazole or itraconazole (antifungal)
- omeprazole (for heartburn and stomach ulcers)
- St John's wort (for depression)
- other antibiotics such as erythromycin
- colchicine (usually taken for gout)
- insulin or oral anti-diabetic drugs such as nateglinide or repaglinide (to reduce blood sugar levels)
- cilostazol (to improve blood circulation)
- methylprednisolone (anti-inflammatory)
- sildenafil, tadalafil or vardenafil (for erectile dysfunction)
- vinblastine (an anti-cancer drug)
- tolterodine (for urinary incontinence)
- aminoglycosides (antibiotics)

### **Pregnancy and breast-feeding**

Klariger **should not** be given to pregnant or breast-feeding mothers unless the benefits to the mother outweigh the risks to the baby.

**Do not** breast-feed your baby, as small amounts of clarithromycin can pass into breast milk.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

### **Driving and using machines**

**Do not** drive or operate machinery if you feel dizzy, confused or disorientated while taking this medicine.

## **3. How to take Klariger**

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

- The tablets should be swallowed whole with some liquid.
- Tablets can be taken with or without food

- 500 mg tablets **should not** be halved

The recommended dose is:

**To treat a respiratory, skin or soft tissue infection**

**Adults, Elderly and children over 12 years old**

The usual dose is 250 mg twice a day for 7 days. For severe infections your doctor may increase the dose to 500 mg twice a day for up to 14 days.

**Use in children (under 12 years old)**

Do not give this medicine to children under 12 years old.

**To treat *H. pylori* infection in adults with duodenal ulcers**

Klariger is usually combined with other medicines to treat *H. pylori* infection in adults with duodenal ulcers. The dose and how often you take it will depend on the other medicines your doctor gives you. It is important to take your medicine as advised by your doctor.

**If you take more Klariger than you should**

Contact your doctor or nearest hospital emergency department **immediately**. Take the container and any remaining tablets with you. Signs of overdose include feeling or being sick, diarrhoea, indigestion or stomach pains.

**If you forget to take Klariger**

Take the next dose as soon as you remember unless it is almost time for your next dose. **Do not** take a double dose to make up for a forgotten dose.

**If you stop taking Klariger**

Keep taking your medicine until the course is finished. Do not stop taking your medicine just because you feel better. If you stop too soon the infection may come back again.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

#### **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**If any of the following happen, stop taking Klariger and tell your doctor immediately or go to your nearest hospital emergency department:**

**Uncommon** (may affect up to 1 in 100 people):

- Allergic reactions such as skin rashes including nettle rash or hives, or swelling of the face, lips, tongue and/or throat which may cause difficulty breathing or swallowing
- Signs of infection, such as fever, shivering, sore throat, tiredness, swollen glands, which may be a sign of low white blood cell count
- Changes to the rhythm of your heart, such as a faster or irregular heartbeat
- Liver problems, which may cause dark urine, pale stools, yellowing of the skin or whites of the eyes (jaundice), feeling sick, weight loss, which can lead to liver failure

**Not known** (frequency cannot be estimated from the available data):

- Severe pain in the abdomen and back caused by inflammation of the pancreas
- Severe diarrhoea with blood in the stools
- Severe skin reactions, blistering of the skin, mouth, eyes and genitals

- Changes in how often or how much you urinate, maybe blood in the urine, possibly with lower back pain, rash, fever, feeling tired or weak, feeling or being sick (may be signs of problems with your kidneys)
- Fast heartbeat with chest pain and shortness of breath)
- Red, swollen skin cause by bacterial infection
- Loss of hearing

These side effects are serious. You may need medical attention.

### **Other possible side effects**

**Common** (may affect up to 1 in 10 people):

- feeling or being sick, diarrhoea, indigestion or stomach pains
- painful, sore mouth or tongue
- headache
- changes to your sense of taste, i.e. metallic or bitter taste
- difficulty sleeping
- rash
- increased perspiration
- altered liver function tests.
- oral thrush
- changes to the levels of some chemicals in the blood, which may be used to measure how your body is working and would be seen in a blood test.

**Uncommon** (may affect up to 1 in 100 people):

- painful joints or muscles
- feeling dizzy, vertigo, feeling anxious, shaking, drowsiness
- loss of appetite or weight loss, constipation, dry mouth, flatulence, feeling bloated or burping
- itching
- weakness, fatigue, chills, chest pain, generally feeling unwell
- vaginal thrush
- ringing in the ears

**Very rare** (may affect up to 1 in 10,000 people):

- numbness, prickling or tingling sensation in arms and legs
- nightmares

**Not known** (frequency cannot be estimated from the available data):

- hallucinations (seeing or hearing things that are not real), abnormal dreams, depression, convulsions, feeling disorientated, confused or disconnected from yourself or your actions
- over active, excited behaviour
- bleeding or bruising more easily or more often than usual, may be signs of low platelet levels in the blood
- change in urine colour
- acne
- change in colour of tongue or teeth

### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: [www.hpra.ie](http://www.hpra.ie); e-mail: [medsafety@hpra.ie](mailto:medsafety@hpra.ie). By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Klariger**

Keep this medicine out of the sight and reach of children.

Do not use Klariger after the expiry date which is stated on the blister and carton after EXP. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Klariger contains**

The active substance is clarithromycin. Each tablet contains 250 mg or 500 mg clarithromycin. The other ingredients are microcrystalline cellulose, pregelatinised maize starch, croscarmellose sodium, povidone, colloidal anhydrous silica, stearic acid, magnesium stearate. The coating includes hypromellose (E464), hydroxypropyl cellulose (E463), titanium dioxide (E171), macrogol (E1520), vanillin, Quinoline yellow (E104)

### **What Klariger looks like and contents of the pack**

Your medicine comes as a yellow, oval shaped, film coated tablet and is available in two strengths. The 250 mg tablets are marked 'C250' on one side and 'G' on the other and the 500 mg tablets are marked 'C500' on one side and 'G' on the other.

Klariger is available in blisters and plastic bottles containing 4, 6, 7, 8, 10, 12, 14, 20, 21, 24, 28, 30, 42, 50, 60, 100, 250 or 500 tablets. Not all pack sizes may be marketed.

### **Marketing Authorisation Holder**

McDermott Laboratories Ltd. T/A Gerard Laboratories, 35/36 Baldoyle Industrial Estate, Grange Road, Dublin 13, Ireland

### **Manufacturer**

McDermott Laboratories Ltd. T/A Gerard Laboratories, 35/36 Baldoyle Industrial Estate, Grange Road, Dublin 13, Ireland  
Generics [UK] Ltd., Station Close, Potters Bar, Hertfordshire, EN6 1TL, United Kingdom  
Mylan Hungary Kft, H-2900 Komárom, Mylan utca 1, Hungary

**This medicinal product is authorised in the Member States of the EEA under the following names:**

<b>United Kingdom</b>	Clarithromycin
<b>Ireland</b>	Klariger

**This leaflet was last revised in 07/2016**