

Package leaflet: Information for the patient

Rosuvastatin Viatris 5 mg film-coated tablets
Rosuvastatin Viatris 10 mg film-coated tablets
Rosuvastatin Viatris 20 mg film-coated tablets
Rosuvastatin Viatris 40 mg film-coated tablets
rosuvastatin

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What Rosuvastatin Viatris is and what it is used for
2. What you need to know before you take Rosuvastatin Viatris
3. How to take Rosuvastatin Viatris
4. Possible side effects
5. How to store Rosuvastatin Viatris
6. Contents of the pack and other information

1. What Rosuvastatin Viatris is and what it is used for

Rosuvastatin Viatris contains the active ingredient rosuvastatin, which belongs to a group of medicines called statins.

You have been prescribed this medicine because:

- You have a high cholesterol level. This means you are at risk from a heart attack or stroke. Rosuvastatin Viatris is used in adults, adolescents and children 6 years or older to treat high cholesterol.
- You have been advised to take a statin, because changing your diet and doing more exercise were not enough to correct your cholesterol levels. You should continue with your cholesterol-lowering diet and exercise while you are taking Rosuvastatin Viatris.

Or

- You have other factors that increase your risk of having a heart attack, stroke or related health problems.

Heart attack, stroke and other problems can be caused by a disease called atherosclerosis. Atherosclerosis is due to build up of fatty deposits in your arteries.

Why it is important to keep taking Rosuvastatin Viatris:

- Rosuvastatin Viatris is used to correct the levels of fatty substances in the blood called lipids, the most common of which is cholesterol.
- There are different types of cholesterol found in the blood - 'bad' cholesterol (LDL-C) and 'good' cholesterol (HDL-C).
- Rosuvastatin Viatris can reduce the 'bad' cholesterol and increase the 'good' cholesterol.
- It works by helping to block your body's production of 'bad' cholesterol. It also improves your body's ability to remove it from your blood.

- For most people, high cholesterol does not affect the way they feel because it does not produce any symptoms. However, if it is left untreated, fatty deposits can build up in the walls of your blood vessels causing them to narrow.
- Sometimes, these narrowed blood vessels can get blocked which can cut off the blood supply to the heart or brain leading to a heart attack or a stroke. By lowering your cholesterol levels, you can reduce your risk of having a heart attack, a stroke or related health problems.
- You need to keep taking Rosuvastatin Viatris, even if it has got your cholesterol to the right level, because it prevents your cholesterol levels from creeping up again and causing build up of fatty deposits. However, you should stop if your doctor tells you to do so, or you have become pregnant.

2. What you need to know before you take Rosuvastatin Viatris

Do not take Rosuvastatin Viatris

- If you are allergic to rosuvastatin or any of the other ingredients of this medicine (listed in section 6).
- If you are pregnant or breast-feeding. If you become pregnant while taking rosuvastatin, stop taking it immediately and tell your doctor. Women should avoid becoming pregnant while taking rosuvastatin by using suitable contraception.
- If you have liver disease.
- If you have severe kidney problems.
- If you have repeated or unexplained muscle weakness, aches or pains.
- If you take a drug combination of sofosbuvir/velpatasvir/voxilaprevir (used for viral infection of the liver called hepatitis C).
- If you take a drug called ciclosporin (used, for example, after organ transplants).

If any of the above applies to you (or if you are in doubt), please see your doctor.

In addition, do not take Rosuvastatin Viatris 40 mg (the highest dose):

- If you have moderate kidney problems (if in doubt, please ask your doctor).
- If your thyroid gland is not working properly.
- If you have had any repeated or unexplained muscle aches or pains, a personal or family history of muscle problems, or a previous history of muscle problems when taking other cholesterol-lowering medicines.
- If you regularly drink large amounts of alcohol.
- If you are of Asian origin (Japanese, Chinese, Filipino, Vietnamese, Korean or Indian).
- If you take other medicines called fibrates to lower your cholesterol.

If any of the above applies to you (or if you are in doubt), please see your doctor.

Warnings and precautions

Talk to your doctor or pharmacist before taking Rosuvastatin Viatris

- If you have or have had myasthenia (a disease with general muscle weakness including in some cases muscles used when breathing), or ocular myasthenia (a disease causing eye muscle weakness) as statins may sometimes aggravate the condition or lead to the occurrence of myasthenia (see section 4).
- If you have problems with your kidneys.
- If you have problems with your liver.
- If you have a personal or family history of muscle problems, or a previous history of muscle problems when taking other cholesterol-lowering medicines.
- If you have ever developed a severe skin rash or skin peeling, blistering and/or mouth sores after taking Rosuvastatin Viatris or other related medicines.
- If you regularly drink large amounts of alcohol.
- If your thyroid gland is not working properly.
- If you take other medicines called fibrates to lower your cholesterol. Please read this leaflet carefully, even if you have taken other medicines for high cholesterol before.
- If you take medicines used to fight the HIV infection e.g. lopinavir/ritonavir and/or atazanavir, please see 'Other medicines and Rosuvastatin Viatris'.

- If you are taking or have taken in the last 7 days a medicine called fusidic acid (a medicine for bacterial infection), orally or by injection. The combination of fusidic acid and Rosuvastatin Viatriis can lead to serious muscle problems (rhabdomyolysis). Please see ‘Other medicines and Rosuvastatin Viatriis’.
- If you have severe respiratory failure.
- If you are of Asian origin - that is Japanese, Chinese, Filipino, Vietnamese, Korean or Indian. Your doctor needs to choose the right start dose of Rosuvastatin Viatriis to suit you.

If any of the above applies to you (or if you are not sure):

Do not take Rosuvastatin Viatriis 40 mg (the highest dose) and check with your doctor or pharmacist before you actually start taking any dose of Rosuvastatin Viatriis.

During treatment

Tell your doctor or pharmacist immediately if you have repeated or unexplained muscle aches or pains especially if you feel unwell or have a fever. Also tell your doctor or pharmacist if you have a muscle weakness that is constant. Additional test and medicines may be needed to diagnose and treat this.

Talk to your doctor or pharmacist if you develop a persistent cough, shortness of breath or breathing difficulties. This medicine can cause scarring of the lungs and you may need to be checked by your doctor.

Take special care with Rosuvastatin Viatriis:

Serious skin reactions including Stevens-Johnson syndrome and drug reaction with eosinophilia and systemic symptoms (DRESS) have been reported in association with Rosuvastatin Viatriis treatment. Stop using Rosuvastatin Viatriis and seek medical attention immediately if you notice any of the symptoms described in section 4.

In a small number of people, statins can affect the liver. This is identified by a simple test, which looks for increased levels of liver enzymes in the blood. For this reason, your doctor will usually carry out this blood test (liver function test) before and during treatment with Rosuvastatin Viatriis.

While you are on this medicine your doctor will monitor you closely if you have diabetes or are at risk of developing diabetes. You are likely to be at risk of developing diabetes if you have high levels of sugars and fats in your blood, are overweight and have high blood pressure.

Children and adolescents

- If the patient is under 6 years old: Rosuvastatin Viatriis should not be given to children younger than 6 years.
- If the patient is below 18 years of age: The Rosuvastatin Viatriis 40 mg tablet is not suitable for use in children and adolescents below 18 years of age.

Elderly

- If you are over 70 (as your doctor needs to choose the right start dose of Rosuvastatin Viatriis to suit you)

Other medicines and Rosuvastatin Viatriis

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including the following:

- ciclosporin (used for example, after organ transplants)
- warfarin, ticagrelor or clopidogrel (or any other drug used for thinning the blood)
- fibrates (such as gemfibrozil, fenofibrate) or any other medicine used to lower cholesterol (such as ezetimibe)
- indigestion remedies (used to neutralise acid in your stomach)
- erythromycin (an antibiotic)
- fusidic acid (an antibiotic - please see below and ‘Warnings and precautions’)
- an oral contraceptive (the pill)
- regorafenib (used to treat cancer)

- darolutamide (used to treat cancer)
- capmatinib (used to treat cancer)
- hormone replacement therapy
- fostamatinib (used to treat low platelet counts)
- febuxostat (used to treat and prevent high blood levels in uric acid)
- teriflunomide (used to treat multiple sclerosis)
- any of the following drugs used to treat viral infections, including HIV or hepatitis C infection, alone or in combination (please see Warnings and precautions): ritonavir, lopinavir, atazanavir, sofosbuvir, voxilaprevir, ombitasvir, paritaprevir, dasabuvir, velpatasvir, grazoprevir, elbasvir, glecaprevir, pibrentasvir ,
- roxadustat (used to treat anaemia in patients with chronic kidney disease),
- tafamidis (used to treat a disease called transthyretin amyloidosis).

The effects of these medicines could be changed by Rosuvastatin Viatris or they could change the effects of Rosuvastatin Viatris.

If you need to take oral fusidic acid to treat a bacterial infection you will need to temporarily stop using this medicine. Your doctor will tell you when it is safe to restart Rosuvastatin Viatris. Taking Rosuvastatin Viatris with fusidic acid may rarely lead to muscle weakness, tenderness or pain (rhabdomyolysis). See more information regarding rhabdomyolysis in section 4.

Pregnancy and breast-feeding

Do not take Rosuvastatin Viatris if you are pregnant or breast-feeding. If you become pregnant while taking Rosuvastatin Viatris stop taking it immediately and tell your doctor. Women should avoid becoming pregnant while taking Rosuvastatin Viatris by using suitable contraception.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

Most people can drive a car and operate machinery while taking Rosuvastatin Viatris - it will not affect their ability. However, some people feel dizzy during treatment with Rosuvastatin Viatris. If you feel dizzy, consult your doctor before attempting to drive or use machines.

Rosuvastatin Viatris contains lactose

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

For a full list of ingredients please see section 6 of this leaflet.

3. How to take Rosuvastatin Viatris

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Usual doses in adults

If you are taking Rosuvastatin Viatris for high cholesterol:

Starting dose

Your treatment with Rosuvastatin Viatris must start with the 5 mg or the 10 mg dose, even if you have taken a higher dose of a different statin before. The choice of your start dose will depend upon:

- Your cholesterol level.
- The level of risk you have of experiencing a heart attack or stroke.
- Whether you have a factor that may make you more sensitive to possible side effects.

Please check with your doctor or pharmacist which start dose of Rosuvastatin Viatris will best suit you.

Your doctor may decide to give you the lowest dose (5 mg) if:

- You are of Asian origin (Japanese, Chinese, Filipino, Vietnamese, Korean or Indian).
- You are over 70 years of age.
- You have moderate kidney problems.
- You are at risk of muscle aches and pains (myopathy).

Increasing the dose and maximum daily dose

Your doctor may decide to increase your dose. This is so that you are taking the amount of Rosuvastatin Viatris that is right for you. If you started with a 5 mg dose, your doctor may decide to double this to 10 mg, then 20 mg and then 40 mg if necessary. If you started on 10 mg, your doctor may decide to double this to 20 mg and then 40 mg if necessary. There will be a gap of four weeks between every dose adjustment.

The maximum daily dose of Rosuvastatin Viatris is 40 mg. It is only for patients with high cholesterol levels and a high risk of heart attacks or stroke whose cholesterol levels are not lowered enough with 20 mg.

If you are taking Rosuvastatin Viatris to reduce your risk of having a heart attack, stroke or related health problems:

The recommended dose is 20 mg daily. However, your doctor may decide to use a lower dose if you have any of the factors mentioned above.

Use in children and adolescents aged 6-17 years

The dose range in children and adolescents aged 6 to 17 years is 5 to 20 mg once daily. The usual start dose is 5 mg per day and your doctor may gradually increase this to find the right amount of Rosuvastatin Viatris for you. The maximum daily dose of Rosuvastatin Viatris is 10 mg or 20 mg for children aged 6 to 17 years depending on the underlying condition being treated. Take your dose once a day. Rosuvastatin Viatris 40 mg tablet should not be used by children.

Taking your tablets

Swallow each tablet whole with a drink of water.

Take Rosuvastatin Viatris once daily. You can take it at any time of the day with or without food.

Try to take your tablet at the same time every day to help you to remember it.

Regular cholesterol checks

It is important to go back to your doctor for regular cholesterol checks, to make sure your cholesterol has reached and is staying at the correct level.

Your doctor may decide to increase your dose so that you are taking the amount of Rosuvastatin Viatris that is right for you.

If you take more Rosuvastatin Viatris than you should

Contact your doctor or nearest hospital for advice.

If you go into hospital or receive treatment for another condition, tell the medical staff that you're taking Rosuvastatin Viatris.

If you forget to take Rosuvastatin Viatris

Don't worry; just take your next scheduled dose at the correct time. Do not take a double dose to make up for a forgotten dose.

If you stop taking Rosuvastatin Viatris

Talk to your doctor if you want to stop taking Rosuvastatin Viatris. Your cholesterol levels might increase again if you stop taking Rosuvastatin Viatris.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. It is important that you are aware of what these side effects may be. They are usually mild and disappear after a short time, however some can be serious and require medical attention.

Stop taking Rosuvastatin Viatris and seek medical help immediately if you have any of the following allergic or skin reactions:

- Difficulty in breathing, with or without swelling of the face, lips, tongue and/or throat
- Swelling of the face, lips, tongue and/or throat, which may cause difficulty in swallowing
- Severe itching of the skin (with raised lumps).
- Reddish non-elevated, target-like or circular patches on the trunk, often with central blisters, skin peeling, ulcers of mouth, throat, nose, genitals and eyes. These serious skin rashes can be preceded by fever and flu-like symptoms (Stevens-Johnson syndrome).
- Widespread rash, high body temperature and enlarged lymph nodes (DRESS syndrome or drug hypersensitivity syndrome).

Also, stop taking Rosuvastatin Viatris and talk to your doctor immediately if you have any unusual weakness, aches or pains in your muscles which go on for longer than you might expect. Muscle symptoms are more common in children and adolescents than in adults. As with other statins, a very small number of people have experienced unpleasant muscle effects and rarely these have gone on to become a potentially life threatening muscle damage known as rhabdomyolysis.

You may also notice the following side effects, which could be signs of a serious problem. Seek medical help immediately if you see any of these:

- Feeling very tired or thirsty, urinating more often than usual, particularly at night – these may be signs of diabetes. This is more likely if you have high levels of sugars and fats in your blood, are overweight and have high blood pressure. Your doctor will monitor you while you are taking this medicine.
- A severe stomach pain that spreads to the back (may be signs of an inflamed pancreas)
- Bruising or bleeding more often or more easily than usual, which may be signs of a low number of platelets in the blood (thrombocytopenia)
- Yellowing of the skin and eyes (jaundice), with fever, stomach pain, pale stools or dark urine (may be signs of problems with your liver)
- Feelings of numbness, tingling or burning in the arms or legs (may be signs of damage to the nerves)
- Breathing problems, including persistent cough and/or shortness of breath or fever (may be signs of scarring on the lungs, known as interstitial lung disease)
- Lupus-like disease syndrome (including rash, joint disorders and effects on blood cells)
- Muscle rupture (muscle damage due to rupture of muscle fibres; symptoms may include pain, swelling, bruising, tenderness and loss of function).

Other possible side effects

Common (may affect up to 1 in 10 people):

- Headache
- Stomach pain
- Constipation
- Feeling sick
- Muscle pain
- Feeling weak
- Dizziness
- An increase in the amount of protein in the urine - this usually returns to normal on its own without having to stop taking your Rosuvastatin Viatris tablets (only Rosuvastatin Viatris 40 mg)

Uncommon (may affect up to 1 in 100 people):

- Rash, itching, itchy rash with raised lumps (hives)

- An increase in the amount of protein in the urine - this usually returns to normal on its own without having to stop taking your Rosuvastatin Viatris tablets (only Rosuvastatin Viatris 5 mg, 10 mg and 20 mg).

Rare (may affect up to 1 in 1,000 people):

- Increase in liver enzymes, as seen in blood tests.

Very rare (may affect up to 1 in 10,000 people):

- Traces of blood in your urine
- Joint pain
- Memory loss
- Breast enlargement in men (gynaecomastia)

Not known (frequency cannot be estimated from the available data):

- Diarrhoea (loose stools)
- Cough
- Shortness of breath
- Swelling (oedema)
- Sleep disturbances, including insomnia and nightmares
- Sexual difficulties
- Depression
- Tendon disorders, sometimes complicated by breaking or tearing
- Myasthenia gravis (a disease causing general muscle weakness including in some cases muscles used when breathing).
- Ocular myasthenia (a disease causing eye muscle weakness).
- Talk to your doctor if you experience weakness in your arms or legs that worsens after periods of activity, double vision or drooping of your eyelids, difficulty swallowing, or shortness of breath.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRC Pharmacovigilance, [website: www.hpra.ie](http://www.hpra.ie). By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Rosuvastatin Viatris

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the box/blisters/label after EXP. The expiry date refers to the last day of that month.
- Store below 25°C. Store in the original package in order to protect from moisture.
- Rosuvastatin Viatris supplied in bottle packs should be used for no longer than 3 months after the bottle has first been opened.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Rosuvastatin Viatris contains

The active substance is rosuvastatin.

Each tablet contains either 5 mg, 10 mg, 20 mg or 40 mg rosuvastatin (as rosuvastatin calcium)

The other ingredients are:

Tablet core:

Microcrystalline cellulose, lactose monohydrate, colloidal anhydrous silica, crospovidone, magnesium oxide, magnesium stearate, iron oxide red (E172)

Film-coating:

Lactose monohydrate, hypromellose (E464), titanium dioxide (E171), triacetin, Iron Oxide Yellow (E172). Iron Oxide red (E172) (10 mg, 20 mg or 40 mg tablets only), Iron Oxide Black (E172) (10 mg, 20 mg or 40 mg tablets only).

What Rosuvastatin Viatris looks like and contents of the pack

Rosuvastatin Viatris 5 mg: a yellow, round, biconvex, film-coated tablet, marked with 'M' on one side and 'RS' on the other side.

Rosuvastatin Viatris 10 mg: A pink, round, biconvex, film-coated tablet marked with 'M' on one side and 'RS1' on the other side.

Rosuvastatin Viatris 20 mg: A pink, round, biconvex, film-coated tablet marked with 'M' on one side and 'RS2' on the other side.

Rosuvastatin Viatris 40 mg: A pink, oval, biconvex, film-coated tablet marked with 'M' on one side and 'RS4' on the other side.

Rosuvastatin Viatris is available in blister packs of 14, 15, 28, 30, 56, 60, 84, 90 and 98 tablets or in plastic bottles containing 28, 30, 56, 60, 84 and 90 tablets.

The bottles have a screw cap that contains a desiccant. Do not eat the desiccant.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

Viatris Limited

Damastown Industrial Park, Mulhuddart, Dublin 15, DUBLIN, Ireland.

Manufacturer

McDermott Laboratories Ltd. t/a Gerard Laboratories, 35/36 Baldoyle Industrial Estate, Grange Road, Dublin 13, Ireland

Generics [UK] Limited, Station Close, Potters Bar, Hertfordshire, EN6 1TL, United Kingdom

Mylan Hungary Ltd, Mylan utca 1., Komárom, 2900, Hungary

This medicinal product is authorised in Member States of the European Economic Area and in the United Kingdom (Northern Ireland) under the following names

Belgium:	Rosuvastatine Viatris 5mg 10 mg, 20 mg, 40 mg filmomhulde tabletten
Bulgaria:	Rosuvastatin Viatris 10 mg, 20 mg
Cyprus:	Rosuvastatin Mylan 5 mg, 10 mg, 20 mg, 40 mg Film-coated Tablets
Czech Republic:	Rosuvastatin Viatris
Croatia:	Rosacol 5mg, 10 mg, 20 mg, 40 mg filmom obložene tablete
Denmark:	Rosuvastatin Viatris 5 mg, 10 mg, 20 mg, 40 mg
France:	Rosuvastatine Viatris 5 mg, 10 mg, 20 mg comprimé pelliculé
Greece:	Rosuvastatin / Mylan
Ireland:	Rosuvastatin Viatris 5 mg, 10 mg, 20 mg, 40 mg film-coated tablet
Italy:	Rosuvastatina Mylan
Luxembourg:	Rosuvastatine Viatris 5 mg, 10 mg, 20 mg, 40 mg comprimés pelliculés
Netherlands:	Rosuvastatine Mylan 5 mg, 10 mg, 20 mg, 40 mg filmomhulde tabletten
Portugal:	Rosuvastatina Mylan
Spain:	Rosuvastatina Viatris 5 mg, 10 mg, 20 mg, 40 mg comprimidos recubiertos con película EFG
Sweden:	Rosuvastatin Viatris 5 mg, 10 mg, 20 mg, 40 mg
United Kingdom (Northern Ireland):	Rosuvastatin 5 mg, 10 mg, 20 mg, 40 mg Film-coated Tablets

This leaflet was last approved in June 2024.