

# Summary of Product Characteristics

## 1 NAME OF THE MEDICINAL PRODUCT

Panagram Max 1g Film coated tablets

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains Paracetamol 1 g.

For a full list of excipients, see section 6.1.

## 3 PHARMACEUTICAL FORM

Film-coated tablet

White, capsule shaped tablets having flat edges, embossed with 'PAN 1G' on one side and a breakline on both sides.

The scoreline is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic indications

Short-term management of musculoskeletal disorders and rheumatic pain. Panagram Max is also recommended for the symptomatic relief of mild to moderate pain associated with osteoarthritis.

### 4.2 Posology and method of administration

Panagram Max is for oral administration.

Adults (including the elderly) and children aged 16 years and over:

1g every 4 to 6 hours as required.

Panagram Max tablets are not suitable for children under the age of 16 years. The minimum dosing interval is 4 hours and the maximum daily dose is 4000mg.

#### The elderly:

Experience has indicated that normal adult dosage is usually appropriate. However, in frail, immobile, elderly subjects or in elderly patients with renal or hepatic impairment, a reduction in the amount or frequency of dosing may be appropriate.

#### Renal Impairment

Patients who have been diagnosed with renal impairment must seek medical advice before taking this medication. The restrictions related to the use of paracetamol products in patients with renal impairment are primarily a consequence of the paracetamol content of the drug (see section 4.4 Warnings and Precautions).

Paracetamol should be used with caution in patients with renal impairment as a reduced dose and/or prolonged dosing interval may be necessary (see section 4.4).

#### Hepatic Impairment

Patients who have been diagnosed with liver impairment must seek medical advice before taking this medication. The restrictions related to the use of paracetamol products in patients with hepatic impairment are primarily a consequence of the paracetamol content of the drug (see section 4.4 Warnings and Precautions).

Paracetamol should be used with caution in patients with hepatic impairment as a reduced dose or prolonged dosing interval may be necessary (see section 4.4).

The maximum daily dose should not exceed 60mg/kg/day (up to a maximum of 2g per day) in the following situations, unless directed by a physician:

- Weight less than 50kg
- Chronic alcoholism
- Dehydration
- Chronic malnutrition

#### **4.3 Contraindications**

Hypersensitivity to paracetamol or any of the other constituents. Use in children under 16 years of age.

#### **4.4 Special warnings and precautions for use**

All formulations containing paracetamol.

Contains paracetamol. Do not use with any other paracetamol-containing products. The concomitant use with other products containing paracetamol may lead to an overdose.

Paracetamol overdose may cause liver failure which may require liver transplant or lead to death.

Underlying liver disease increases the risk of paracetamol related liver damage. Patients who have been diagnosed with liver or kidney impairment must seek medical advice before taking this medication.

Cases of hepatic dysfunction/failure have been reported in patients with depleted glutathione levels, such as those who are severely malnourished, anorexic, have a low body mass index, are chronic heavy users of alcohol or have sepsis.

In patients with glutathione depleted states the use of paracetamol may increase the risk of metabolic acidosis.

Cases of paracetamol induced hepatotoxicity, including fatal cases, have been reported in patients taking paracetamol at doses within the therapeutic range. These cases were reported in patients with one or more risk factors for hepatotoxicity including low body weight (<50 kg), renal and hepatic impairment, chronic alcoholism, concomitant intake of hepatotoxic drugs, sepsis and in acute and chronic malnutrition (low reserves of hepatic glutathione). Paracetamol should be administered with caution to patients with these risk factors.

If symptoms persist, medical advice must be sought.

Keep out of sight and reach of children.

Do not exceed the stated dose.

Prolonged use except under medical supervision may be harmful. This product should only be used when clearly necessary.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

The speed of absorption of paracetamol may be increased by metoclopramide or domperidone and absorption reduced by cholestyramine. The anticoagulant effect of warfarin and other coumarins may be enhanced by prolonged regular daily use of paracetamol with increased risk of bleeding; occasional doses have no significant effect.

#### **4.6 Fertility, pregnancy and lactation**

A large amount of data on pregnant women indicate neither malformative, nor feto/neonatal toxicity. Epidemiological studies on neurodevelopment in children exposed to paracetamol in utero show inconclusive results. If clinically needed, paracetamol can be used during pregnancy however it should be used at the lowest effective dose for the shortest possible time and at the lowest possible frequency.

Paracetamol is excreted in breast milk. However, the level of paracetamol present is not considered to be harmful. Available published data do not contraindicate breastfeeding.

#### **4.7 Effects on ability to drive and use machines**

None.

#### **4.8 Undesirable effects**

Events reported from extensive post-marketing experience at therapeutic/labelled dose and considered attributable are tabulated below by System Organ Class and frequency.

Frequencies are defined as: very common ( $\geq 1/10$ ), common ( $\geq 1/100$ ,  $< 1/10$ ), uncommon ( $\geq 1/1,000$ ,  $< 1/100$ ), rare ( $\geq 1/10,000$ ,  $< 1/1,000$ ), very rare ( $< 1/10,000$ ), not known (cannot be estimated from available data).

Adverse event frequencies have been estimated from spontaneous reports received through post marketing data.

Body System	Undesirable Effect	Frequency
<b>Paracetamol</b>		
Blood and lymphatic system disorders	Thrombocytopenia	Very rare
Immune System disorders	Anaphylaxis Cutaneous hypersensitivity reactions, including, among others, skin rashes, angioedema, Stevens Johnson syndrome and Toxic Epidermal Necrolysis. Very rare cases of serious skin reactions have been reported.	Very rare
Respiratory, thoracic and mediastinal disorders	Bronchospasm in patients sensitive to aspirin and other NSAIDs	Very rare
Hepatobiliary disorders	Hepatic dysfunction	Very rare

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRA Pharmacovigilance Website: [www.hpra.ie](http://www.hpra.ie).

#### **4.9 Overdose**

Paracetamol overdose may cause liver failure which can lead to liver transplant or death. Acute pancreatitis has been observed, usually with hepatic dysfunction and liver toxicity

Symptoms generally appear within the first 24 hours and may comprise: nausea, vomiting, anorexia, pallor, and abdominal pain, or patients may be asymptomatic.

Overdose of paracetamol in a single administration in adults or in children can cause liver cell necrosis likely to induce complete and irreversible necrosis, resulting in hepatocellular insufficiency, metabolic acidosis and encephalopathy which may lead to coma and death. Simultaneously, increased levels of hepatic transaminases (AST, ALT), lactate dehydrogenase and bilirubin are observed together with increased prothrombin levels that may appear 12 to 48 hours after administration.

Liver damage is likely in adults who have taken more than the recommended amounts of paracetamol. It is considered that excess quantities of toxic metabolite (usually adequately detoxified by glutathione when normal doses of paracetamol are ingested), become irreversibly bound to liver tissue.

Some patients may be at increased risk of liver damage from paracetamol toxicity.

- Risk Factors include: Patients with liver disease
- Young children
- Is on long-term treatment with carbamazepine, phenobarbitone, phenytoin, primidone, rifampicin, St John's Wort or other drugs that induce liver enzymes.
- Patients who regularly consumes ethanol in excess of recommended amounts.
- Patients with glutathione depletion e.g. eating disorders, cystic fibrosis, HIV infection, starvation, cachexia

Acute renal failure with acute tubular necrosis may also develop.

Pancreatitis has also been reported.

Emergency Procedure:

Immediate transfer to hospital.

Blood sampling to determine initial paracetamol plasma concentration. In the case of a single acute overdose, paracetamol plasma concentration should be measured 4 hours post ingestion.

Administration of activated charcoal should be considered if the overdose of paracetamol has been ingested within the previous hour.

The antidote N-acetylcysteine, should be administered as soon as possible in accordance with National treatment guidelines. Symptomatic treatment should be implemented.

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Paracetamol has analgesic and antipyretic actions.

### **5.2 Pharmacokinetic properties**

Paracetamol is rapidly and almost completely absorbed from the gastro-intestinal tract. Concentration in plasma reaches a peak in 30 - 60 minutes  
Plasma half-life is 1 - 4 hours.

Paracetamol is relatively uniformly distributed throughout most body fluids.

Plasma protein binding is variable.

Excretion is almost exclusively renal, in the form of conjugated metabolites.

### **5.3 Preclinical safety data**

Conventional studies using the currently accepted standards for the evaluation of toxicity to reproduction and development are not available.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Maize starch  
Pregelatinised starch  
Potassium sorbate  
Talc  
Stearic acid  
Povidone  
Hypromellose  
Triacetin

### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

5 years.

### **6.4 Special precautions for storage**

Do not store above 25°C.

### **6.5 Nature and contents of container**

Opaque high density, polyethylene (HDPE) bottles with a polypropylene screw closure and induction seal liner.

Packs of 20, 50 and 100 tablets.  
Not all pack sizes may be marketed.

**6.6 Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product**

None.

**7 MARKETING AUTHORISATION HOLDER**

Haleon Ireland Limited  
12 Riverwalk  
Citywest Business Campus  
Dublin 24  
Ireland

**8 MARKETING AUTHORISATION NUMBER**

PA0678/039/009

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 19 September 2003  
Date of last renewal: 19 September 2008

**10 DATE OF REVISION OF THE TEXT**

May 2023