

# Summary of Product Characteristics

## 1 NAME OF THE MEDICINAL PRODUCT

Alopur 300 mg tablets

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains 300 mg of allopurinol.

For the full list of excipients, see section 6.1

## 3 PHARMACEUTICAL FORM

Tablet

White to off-white, biconvex oblong tablet with a score notch on both sides. The tablet can be divided into equal doses.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic indications

Alopur is indicated for reducing urate/uric acid formation in conditions where urate/uric acid deposition has already occurred (e.g. gouty arthritis, skin tophi, nephrolithiasis) or is a predictable clinical risk (e.g. treatment of malignancy potentially leading to acute uric acid nephropathy).

The main clinical conditions where urate/uric acid deposition may occur are:

- Idiopathic gout;
- Uric acid lithiasis;
- Acute uric acid nephropathy;
- Neoplastic disease and myeloproliferative disease with high cell turnover rates, in which high urate levels occur either spontaneously, or after cytotoxic therapy;
- Certain enzyme disorders which lead to overproduction of urate, for example:
  - Hypoxanthine-guanine phosphoribosyltransferase, including Lesch-Nyhan syndrome;
  - Glucose-6-phosphatase including glycogen storage disease;
  - Phosphoribosylpyrophosphate synthetase;
  - Phosphoribosylpyrophosphate amidotransferase;
  - Adenine phosphoribosyltransferase;

Alopur is indicated for the management of 2, 8-dihydroxyadenine (2, 8-DHA) renal stones related to deficient activity of adenine phosphoribosyltransferase.

Alopur is indicated for the management of recurrent mixed calcium oxalate renal stones in the presence of hyperuricosuria, when fluid, dietary and similar measures have failed.

### 4.2 Posology and method of administration

#### Posology

##### Adults

Alopur should be introduced at low dosage e.g. 100 mg/day to reduce the risk of adverse reactions and increased only if the serum urate response is unsatisfactory. Extra caution should be exercised if renal function is poor (see "Renal impairment").

The following dosage schedules are suggested:

100 to 200 mg daily in mild conditions,  
300 to 600 mg daily in moderately severe conditions,  
700 to 900 mg daily in severe conditions.

Dosage higher than 300 mg should be given in divided doses not exceeding 300 mg at any time. If dosage on a mg/kg bodyweight basis is required, 2 to 10 mg/kg bodyweight/day should be used.

**Paediatric population**

Children under 15 years: 10 to 20mg/kg bodyweight/day up to a maximum of 400mg daily. Use in children is rarely indicated, except in malignant conditions (especially leukaemia) and certain enzyme disorders such as Lesch-Nyhan syndrome.

**Elderly**

In the absence of specific data, the lowest dosage which produces satisfactory urate reduction should be used. Particular attention should be paid to advice in Renal impairment and Section 4.4.

**Renal impairment**

Since allopurinol and its metabolites are excreted by the kidney, impaired renal function may lead to retention of the medicinal product and/or its metabolites with consequent prolongation of plasma half-lives. In severe renal insufficiency, it may be advisable to use less than 100 mg per day or to use single doses of 100 mg at longer intervals than one day.

If facilities are available to monitor plasma oxipurinol concentrations, the dose should be adjusted to maintain plasma oxipurinol levels below 100 µmol/litre (15.2 mg/litre).

Allopurinol and its metabolites are removed by renal dialysis. If dialysis is required two to three times a week consideration should be given to an alternative dosage schedule of 300-400 mg Alopur immediately after each dialysis with none in the interim.

**Hepatic impairment**

Reduced doses should be used in patients with hepatic impairment. Periodic liver function tests are recommended during the early stages of therapy.

**Treatment of high urate turnover conditions, e.g. neoplasia, Lesch-Nyhan syndrome**

It is advisable to correct existing hyperuricaemia and/or hyperuricosuria with Alopur before starting cytotoxic therapy. It is important to ensure adequate hydration to maintain optimum diuresis and to attempt alkalisation of urine to increase solubility of urinary urate/uric acid. Dosage of Alopur should be at the lower end of the recommended dosage schedule.

If urate nephropathy or other pathology has compromised renal function, the advice given in Dosage in renal impairment should be followed.

These steps may reduce the risk of xanthine and/or oxipurinol deposition complicating the clinical situation. See also sections 4.5 and 4.8.

**Monitoring Advice:**

The dosage should be adjusted by monitoring serum urate concentrations and urinary urate/uric acid levels at appropriate intervals.

**Method of Administration**

Alopur may be taken orally once a day after a meal. It is well tolerated, especially after food. Should the daily dosage exceed 300mg and gastrointestinal intolerance be manifested, a divided dose regimen may be appropriate.

**4.3 Contraindications**

- Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

**4.4 Special warnings and precautions for use**

Hypersensitivity syndrome, SJS and TEN

Allopurinol hypersensitivity reactions can manifest in many different ways, including maculopapular exanthema, hypersensitivity syndrome (also known as DRESS) and Stevens-Johnson Syndrome (SJS) / toxic epidermal necrolysis (TEN). These reactions are clinical diagnoses, and their clinical presentations remain the basis for decision making. If such reactions occur at any time during treatment, allopurinol should be withdrawn immediately. Rechallenge should not be undertaken in patients with hypersensitivity syndrome and SJS/TEN. Corticosteroids may be beneficial in overcoming hypersensitivity skin reactions (see Adverse Reactions - Immune system disorders and Skin and subcutaneous tissue disorders).

#### HLA-B\*5801 allele

The HLA-B\*5801 allele has been shown to be associated with the risk of developing allopurinol related hypersensitivity syndrome and SJS/TEN. The frequency of the HLA-B\*5801 allele varies widely between ethnic populations: up to 20% in Han Chinese population, 8-15% in the Thai, about 12% in the Korean population and 1-2% in individuals of Japanese or European origin. Screening for HLA-B\*5801 should be considered before starting treatment with allopurinol in patient subgroups where the prevalence of this allele is known to be high. Chronic kidney disease may increase the risk in these patients additionally. In case that no HLA-B\*5801 genotyping is available for patients with Han Chinese, Thai or Korean descent the benefits should be thoroughly assessed and considered outweigh the possible higher risks before starting therapy. The use of genotyping has not been established in other patient populations. If the patient is a known carrier of HLA-B\*5801 (especially in those who are from Han Chinese, Thai or Korean descent), allopurinol should not be started unless there are no other reasonable therapeutic options and the benefits are thought to exceed risks. Extra vigilance for signs of hypersensitivity syndrome or SJS/TEN is required and the patient should be informed of the need to stop treatment immediately at the first appearance of symptoms. SJS/TEN can still occur in patients who are found to be negative for HLA-B\*5801 irrespective of their ethnic origin.

#### Renal or hepatic impairment

Reduced doses should be used in patients with hepatic or renal impairment. Patients under treatment for hypertension or cardiac insufficiency, for example with diuretics or ACE inhibitors, may have some concomitant impairment of renal function and allopurinol should be used with care in this group.

Chronic renal insufficiency and concomitant diuretic use, in particular thiazides, has been associated with an increased risk of allopurinol induced SJS/TEN, and other serious hypersensitivity reactions.

Asymptomatic hyperuricaemia per se is generally not considered an indication for use of Alopur. Fluid and dietary modification with management of the underlying cause may correct the condition.

#### Acute gouty attacks

Allopurinol treatment should not be started until an acute attack of gout has completely subsided, as further attacks may be precipitated.

In the early stages of treatment with Alopur, as with uricosuric agents, an acute attack of gouty arthritis may be precipitated. Therefore it is advisable to give prophylaxis with a suitable anti-inflammatory agent or colchicine for at least one month. The literature should be consulted for details of appropriate dosage and precautions and warnings.

If acute attacks develop in patients receiving allopurinol, treatment should continue at the same dosage while the acute attack is treated with a suitable anti-inflammatory agent.

#### Xanthine deposition

In conditions where the rate of urate formation is greatly increased (e.g. malignant disease and its treatment, Lesch- Nyhan Syndrome) the absolute concentration of xanthine in urine could, in rare cases, rise sufficiently to allow deposition in the urinary tract. This risk may be minimised by adequate hydration to achieve optimal urine dilution.

For the treatment of renal gout and uric acid stones, the volume of urine produced must be at least 2 litres per day and the urine pH level must remain within the range of 6.4-6.8.

#### Impact of uric acid renal stones

Adequate therapy with Alopur will lead to dissolution of large uric acid renal pelvic stones, with the remote possibility of impaction in the ureter.

#### Thyroid disorders

Increased TSH values (>5.5 µIU/mL) were observed in patients on long-term treatment with allopurinol (5.8%) in a long term open label extension study. Caution is required when allopurinol is used in patients with alteration of thyroid function.

Concomitant use of allopurinol with 6-mercaptopurine or azathioprine should be avoided as there have been reports of fatal cases (see section 4.5).

#### **4.5 Interaction with other medicinal products and other forms of interaction**

##### 6-mercaptopurine and azathioprine

Azathioprine is metabolised to 6-mercaptopurine which is inactivated by the action of xanthine oxidase. When 6-mercaptopurine or azathioprine is given concurrently with Alopur, a xanthine oxidase inhibitor, inhibition of xanthine oxidase will prolong their activity. Serum concentrations of 6-mercaptopurine or azathioprine may reach toxic levels with consequent life-threatening pancytopenia and myelosuppression when these medicinal products are given concurrently with allopurinol. Therefore, concomitant use of allopurinol with 6-mercaptopurine or azathioprine should be avoided. If it is determined that co-administration with 6-mercaptopurine or azathioprine is clinically needed, dosing should be reduced to one quarter (25%) of the usual dose of 6-mercaptopurine or azathioprine and frequent haematologic monitoring should be ensured (see section 4.4).

Patients should be advised to report any signs or symptoms of bone marrow suppression (unexplained bruising or bleeding, sore throat, fever).

##### Vidarabine (Adenine Arabinoside)

Evidence suggests that the plasma half-life of vidarabine is increased in the presence of allopurinol. When the two products are used concomitantly extra vigilance is necessary, to recognise enhanced toxic effects.

##### Salicylates and uricosuric agents

Oxipurinol, the metabolite of allopurinol and itself therapeutically active, is excreted by the kidney in a similar way to urate. Hence, medicinal products with uricosuric activity such as probenecid or large doses of salicylate may accelerate the excretion of oxipurinol. This may decrease the therapeutic activity of Alopur, but the significance needs to be assessed in each case.

##### Chlorpropamide

If Alopur is given concomitantly with chlorpropamide when renal function is poor, there may be an increased risk of prolonged hypoglycaemic activity because allopurinol and chlorpropamide may compete for excretion in the renal tubule.

##### Coumarin anticoagulants

There have been rare reports of increased effect of warfarin and other coumarin anticoagulants when co-administered with allopurinol, therefore, all patients receiving anticoagulants must be carefully monitored.

##### Phenytoin

Allopurinol may inhibit hepatic oxidation of phenytoin but the clinical significance has not been demonstrated.

##### Theophylline

Inhibition of the metabolism of theophylline has been reported. The mechanism of the interaction may be explained by xanthine oxidase being involved in the biotransformation of theophylline in man. Theophylline levels should be monitored in patients starting or increasing allopurinol therapy.

##### Ampicillin/Amoxicillin

An increase in the frequency of skin rash has been reported among patients receiving ampicillin or amoxicillin concurrently with allopurinol compared to patients who are not receiving both medicinal products. The cause of the reported association has not been established. However, it is recommended that in patients receiving allopurinol an alternative to ampicillin or amoxicillin is used where available.

##### Cyclosporin

Reports suggest that the plasma concentration of cyclosporin may be increased during concomitant treatment with allopurinol. The possibility of enhanced cyclosporin toxicity should be considered if the medicinal products are co-administered.

##### Didanosine

In healthy volunteers and HIV patients receiving didanosine, plasma didanosine  $C_{max}$  and AUC values were approximately doubled with concomitant allopurinol treatment (300 mg daily) without affecting terminal half life. Therefore, dose reductions of didanosine may be required when used concomitantly with allopurinol.

### Diuretics

An interaction between allopurinol and furosemide that results in increased serum urate and plasma oxipurinol concentrations has been reported.

An increased risk of hypersensitivity has been reported when allopurinol is given with diuretics, in particular thiazides, especially in renal impairment. Patients must be carefully monitored and the dose of allopurinol may need to be adjusted based on the results of the renal function test and the patient's clinical progression (see section 4.2)

### Angiotensin-converting-enzyme (ACE) inhibitors.

An increased risk of hypersensitivity has been reported when allopurinol is given with ACE inhibitors especially in renal impairment. Concomitant administration with ACE inhibitors can lead to an increased chance of leukopenia, particularly in patients with reduced kidney function.

### Captopril

With concomitant administration of allopurinol and captopril, the risk of skin reactions can be raised, especially in cases of chronic renal failure.

### Cytostatics

With administration of allopurinol and cytostatics (e.g. cyclophosphamide, doxorubicin, bleomycin, procarbazine, alkyl halogenides), blood dyscrasias occur more frequently than when these active substances are administered alone.

Blood count monitoring should therefore be performed at regular intervals.

### Aluminium hydroxide

If aluminium hydroxide is taken concomitantly, allopurinol may have an attenuated effect. There should be an interval of at least 3 hours between taking both medicinal products.

## **4.6 Fertility, pregnancy and lactation**

### Pregnancy

There is inadequate evidence of safety of allopurinol in human pregnancy, although it has been in wide use for many years without apparent ill consequence (see section 5.3). Use in pregnancy only when there is no safer alternative and when the disease itself carries risks for the mother or unborn child.

### Breast-feeding

Allopurinol and its metabolite oxipurinol is excreted in the human breast milk. Concentrations of 1.4 mg/litre allopurinol and 53.7 mg/litre oxipurinol have been demonstrated in breast milk from a woman taking Alopur 300 mg/day. However, there are no data concerning the effects of allopurinol or its metabolites on the breast-fed baby. Allopurinol during breast-feeding is not recommended.

## **4.7 Effects on ability to drive and use machines**

Since adverse reactions such as somnolence, vertigo and ataxia have been reported in patients receiving allopurinol, patients should exercise caution before driving, using machinery or participating in dangerous activities until they are reasonably certain that allopurinol does not adversely affect performance.

## **4.8 Undesirable effects**

For this product there is no modern clinical documentation which can be used as support for determining the frequency of undesirable effects. Undesirable effects may vary in their incidence depending on the dose received and also when given in combination with other therapeutic agents.

The frequency categories assigned to the adverse drug reactions below are estimates: for most reactions, suitable data for calculating incidence are not available. Adverse drug reactions identified through post-marketing surveillance were considered to be rare or very rare. The following convention has been used for the classification of frequency:

Very common ( $\geq 1/10$ )

Common ( $\geq 1/100$  to  $< 1/10$ )Uncommon ( $\geq 1/1,000$  to  $< 1/100$ )Rare ( $\geq 1/10,000$  to  $< 1/1,000$ )Very rare ( $< 1/10,000$ )

Not known (cannot be estimated from the available data)

Adverse reactions in association with allopurinol are rare in the overall treated population and mostly of a minor nature. The incidence is higher in the presence of renal and/or hepatic disorder.

Tabulated list of adverse reactions:

|                                                             |                                                                                                                                                                               |
|-------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Infections and infestations</b>                          |                                                                                                                                                                               |
| Very rare                                                   | Furuncle                                                                                                                                                                      |
| <b>Blood and lymphatic system disorders</b>                 |                                                                                                                                                                               |
| Very rare                                                   | Agranulocytosis <sup>1</sup> , Granulocytosis, aplastic anaemia <sup>1</sup> , thrombocytopenia <sup>1</sup><br>Leukopenia, Leukocytosis, Eosinophilia, Pure red cell aplasia |
| <b>Immune system disorders</b>                              |                                                                                                                                                                               |
| Uncommon                                                    | Hypersensitivity reactions <sup>2</sup>                                                                                                                                       |
| Very rare                                                   | Angioimmunoblastic T cell lymphoma <sup>3</sup> , Anaphylactic reaction                                                                                                       |
| <b>Metabolism and nutrition disorders</b>                   |                                                                                                                                                                               |
| Very rare                                                   | Diabetes mellitus, hyperlipidaemia                                                                                                                                            |
| <b>Psychiatric disorders</b>                                |                                                                                                                                                                               |
| Very rare                                                   | Depression                                                                                                                                                                    |
| <b>Nervous system disorders</b>                             |                                                                                                                                                                               |
| Very rare                                                   | Coma, paralysis, ataxia, neuropathy peripheral, paraesthesiae, Insomnia, somnolence, headache, dysgeusia                                                                      |
| Not known                                                   | Aseptic meningitis                                                                                                                                                            |
| <b>Eye disorders</b>                                        |                                                                                                                                                                               |
| Very rare                                                   | Cataract, visual impairment, maculopathy                                                                                                                                      |
| <b>Ear and labyrinth disorders</b>                          |                                                                                                                                                                               |
| Very rare                                                   | Vertigo                                                                                                                                                                       |
| <b>Cardiac disorders</b>                                    |                                                                                                                                                                               |
| Very rare                                                   | Angina pectoris, bradycardia                                                                                                                                                  |
| <b>Vascular disorders</b>                                   |                                                                                                                                                                               |
| Very rare                                                   | Hypertension                                                                                                                                                                  |
| <b>Gastrointestinal disorders</b>                           |                                                                                                                                                                               |
| Uncommon                                                    | Vomiting <sup>4</sup> , nausea <sup>4</sup> , Diarrhoea                                                                                                                       |
| Very rare                                                   | Haematemesis, steatorrhea, stomatitis, changed bowel habit.                                                                                                                   |
| <b>Hepatobiliary disorders</b>                              |                                                                                                                                                                               |
| Uncommon                                                    | Liver function test abnormal <sup>5</sup>                                                                                                                                     |
| Rare                                                        | Hepatitis (including hepatic necrosis and granulomatous hepatitis) <sup>5</sup>                                                                                               |
| <b>Skin and subcutaneous tissue disorders</b>               |                                                                                                                                                                               |
| Common                                                      | Rash                                                                                                                                                                          |
| Rare                                                        | Stevens-Johnson syndrome / toxic epidermal necrolysis <sup>6</sup>                                                                                                            |
| Very rare                                                   | Angioedema <sup>7</sup> , drug eruption, alopecia, hair colour changes.                                                                                                       |
| Not known                                                   | Lichenoid drug reaction                                                                                                                                                       |
| <b>Musculoskeletal and connective tissue disorders</b>      |                                                                                                                                                                               |
| Very rare                                                   | Muscle pain                                                                                                                                                                   |
| <b>Renal and urinary disorders</b>                          |                                                                                                                                                                               |
| Rare                                                        | Urolithiasis                                                                                                                                                                  |
| Very rare                                                   | Haematuria, azotaemia                                                                                                                                                         |
| <b>Reproductive system and breast disorders</b>             |                                                                                                                                                                               |
| Very rare                                                   | Infertility male, erectile dysfunction, gynaecomastia                                                                                                                         |
| <b>General disorders and administration site conditions</b> |                                                                                                                                                                               |
| Very rare                                                   | Oedema, malaise, asthenia, pyrexia <sup>8</sup>                                                                                                                               |
| <b>Investigations</b>                                       |                                                                                                                                                                               |

<sup>1</sup> Very rare reports have been received of thrombocytopenia, agranulocytosis and aplastic anaemia, particularly in individuals with impaired renal and/or hepatic function, reinforcing the need for particular care in this group of patients.

<sup>2</sup> A delayed multi-organ hypersensitivity disorder (known as hypersensitivity syndrome or DRESS) with fever, rashes, vasculitis, lymphadenopathy, pseudo lymphoma, arthralgia, leucopenia, eosinophilia, hepato-splenomegaly, abnormal liver function tests and vanishing bile duct syndrome (destruction and disappearance of the intrahepatic bile ducts) occurring in various combinations. Other organs may also be affected (e.g. liver, lungs, kidneys, pancreas, myocardium, and colon). If such reactions do occur, it may be at any time during treatment, allopurinol should be withdrawn IMMEDIATELY and PERMANENTLY.

Rechallenge should not be undertaken in patients with hypersensitivity syndrome and SJS/TEN. Corticosteroids may be beneficial in overcoming hypersensitivity skin reactions. When generalised hypersensitivity reactions have occurred, renal and/or hepatic disorder has usually been present particularly when the outcome has been fatal.

<sup>3</sup> Angioimmunoblastic lymphadenopathy has been described very rarely following biopsy of a generalized lymphadenopathy. It appears to be reversible on withdrawal of allopurinol.

<sup>4</sup> In early clinical studies, nausea and vomiting were reported. Further reports suggest that this reaction is not a significant problem and can be avoided by taking allopurinol after meals.

<sup>5</sup> Hepatic dysfunction has been reported without overt evidence of more generalised hypersensitivity.

<sup>6</sup> Skin reactions are the most common reactions and may occur at any time during treatment. They may be pruritic, maculopapular, sometimes scaly, sometimes purpuric and rarely exfoliative, such as Stevens-Johnson syndrome and toxic epidermal necrolysis (SJS/TEN). Allopurinol should be withdrawn IMMEDIATELY should such reactions occur. The highest risk for SJS and TEN, or other serious hypersensitivity reactions, is within the first weeks of treatment. The best results in managing such reactions come from early diagnosis and immediate discontinuation of any suspect medicinal product. After recovery from mild reactions, allopurinol may, if desired, be re-introduced at a small dose (e.g. 50 mg/day) and gradually increased. Consideration should be given to screening for the presence of the HLA-B\*58:01 allele before allopurinol is reintroduced. If the rash reoccurs, allopurinol should be PERMANENTLY withdrawn as more severe hypersensitivity may occur (see Immune system disorders). If SJS/TEN, or other serious hypersensitivity reactions cannot be ruled out, DO NOT re-introduce allopurinol due to the potential for a severe or even fatal reaction. The clinical diagnosis of SJS/TEN, or other serious hypersensitivity reactions remain the basis for decision making.

<sup>7</sup> Angioedema has been reported to occur with and without signs and symptoms of a more generalised hypersensitivity reaction.

<sup>8</sup> Fever has been reported to occur with and without signs and symptoms of a more generalised allopurinol hypersensitivity reaction (see Immune system disorders).

<sup>9</sup> The occurrence of increased thyroid stimulating hormone (TSH) in the relevant studies did not report any impact on free T4 levels or had TSH levels indicative of subclinical hypothyroidism.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system: HPRA Pharmacovigilance; website: [www.hpra.ie](http://www.hpra.ie)

## 4.9 Overdose

### **Symptoms and Signs**

Ingestion of up to 22.5 g allopurinol without adverse events has been reported. Symptoms and signs including nausea vomiting, diarrhoea and dizziness have been reported in a patient who ingested 20 g allopurinol. Recovery followed general supportive measures.

### **Management**

Massive absorption of Alopur may lead to considerable inhibition of xanthine oxidase activity, which should have no untoward effects unless affecting concomitant medicinal product especially with 6-mercaptopurine and/or azathioprine. Adequate hydration to maintain optimum diuresis facilitates excretion of allopurinol and its metabolites. If considered necessary haemodialysis may be used.

## 5 PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Preparations inhibiting uric acid production

ATC code: M04 AA01

#### Mechanism of Action

Allopurinol is a xanthine-oxidase inhibitor. Allopurinol and its main metabolite oxipurinol lower the level of uric acid in plasma and urine by inhibition of xanthine oxidase, the enzyme catalyzing the oxidation of hypoxanthine to xanthine and xanthine to uric acid.

#### Pharmacodynamic effects

In addition to the inhibition of purine catabolism, in some but not all hyperuricaemic patients, de novo purine biosynthesis is depressed via feedback inhibition of hypoxanthine-guanine phosphoribosyltransferase. Other metabolites of allopurinol include allopurinol-riboside and oxipurinol-7-riboside.

### 5.2 Pharmacokinetic properties

#### Absorption

Allopurinol is active when given orally and is rapidly absorbed from the upper gastrointestinal tract. Studies have detected allopurinol in the blood 30-60 minutes after dosing. Estimates of bioavailability vary from 67 % to 90 %. Peak plasma levels of allopurinol generally occur approximately 1.5 hours after oral administration of allopurinol, but fall rapidly and are barely detectable after 6 hours. Peak plasma levels of oxipurinol generally occur after 3-5 hours after oral administration of allopurinol and are much more sustained.

#### Distribution

Allopurinol is negligibly bound by plasma proteins and therefore variations in protein binding are not thought to significantly alter clearance. The apparent volume of distribution of allopurinol is approximately 1.6 litre/kg which suggests relatively extensive uptake by tissues. Tissue concentrations of allopurinol have not been reported in humans, but it is likely that allopurinol and oxipurinol will be present in the highest concentrations in the liver and intestinal mucosa where xanthine oxidase activity is high.

#### Biotransformation

The main metabolite of Zyloric is oxipurinol. Other metabolites of allopurinol include allopurinol-riboside and oxipurinol-7-riboside.

#### Elimination

Approximately 20 % of the ingested allopurinol is excreted in the faeces. Elimination of allopurinol is mainly by metabolic conversion to oxipurinol by xanthine oxidase and aldehyde oxidase, with less than 10 % of the unchanged drug excreted in the urine. Allopurinol has a plasma half-life of about 0.5 to 1.5 hours.

Oxipurinol is a less potent inhibitor of xanthine oxidase than allopurinol, but the plasma half-life of oxipurinol is far more prolonged. Estimates range from 13 to 30 hours in man. Therefore effective inhibition of xanthine oxidase is maintained over a 24 hour period with a single daily dose of allopurinol. Patients with normal renal function will gradually accumulate oxipurinol until a steady-state plasma oxipurinol concentration is reached. Such patients, taking 300 mg of allopurinol per day will generally have plasma oxipurinol concentrations of 5-10 mg/litre.

Oxipurinol is eliminated unchanged in the urine but has a long elimination half-life because it undergoes tubular reabsorption. Reported values for the elimination half-life range from 13.6 hours to 29 hours. The large discrepancies in these values may be accounted for by variations in study design and/or creatinine clearance in the patients.

#### Pharmacokinetics in patients with renal impairment

Allopurinol and oxipurinol clearance is greatly reduced in patients with poor renal function resulting in higher plasma levels in chronic therapy. Patients with clearance values were between 10 and 20 ml/min, showed plasma oxipurinol concentrations of approximately 30 mg/liter after prolonged treatment with 300 mg allopurinol per day. This is approximately the concentration which would be achieved by doses of 600 mg/day in those with normal renal function. A reduction in the dose of allopurinol is therefore required in patients with renal impairment.

#### Pharmacokinetics in elderly patients

The kinetics of the medicinal product are not likely to be altered other than due to deterioration in renal function (see section 5.2 Pharmacokinetics in patients with renal impairment).

### **5.3 Preclinical safety data**

#### Mutagenicity

Cytogenetic studies show that allopurinol does not induce chromosome aberrations in human blood cells *in vitro* at concentrations up to 100 micrograms/ml and *in vivo* at doses up to 600 mg/day for a mean period of 40 months. Allopurinol does not produce nitroso compounds *in vitro* or affect lymphocyte transformation *in vitro*.

Evidence from biochemical and other cytological investigations strongly suggests that allopurinol has no deleterious effects on DNA at any stage of the cell cycle and is not mutagenic.

#### Carcinogenicity

No evidence of carcinogenicity has been found in mice and rats treated with allopurinol for up to 2 years.

#### Teratogenicity

One study in mice receiving intraperitoneal doses of 50 or 100 mg/kg on days 10 or 13 of gestation resulted in foetal abnormalities, however in a similar study in rats at 120 mg/kg on day 12 of gestation no abnormalities were observed. Extensive studies of high oral doses of allopurinol in mice up to 100 mg/kg/day, rats up to 200 mg/kg/day and rabbits up to 150 mg/kg/day during days 8 to 16 of the gestation produced no teratogenic effects.

An *in vitro* study using foetal mouse salivary glands in culture to detect embryotoxicity indicated that allopurinol would not be expected to cause embryotoxicity without also causing maternal toxicity.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Cellulose powdered  
Povidone K25  
Macrogol 4000  
Crospovidone  
Talc  
Magnesium stearate  
Microcrystalline cellulose

### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

5 years

Shelf life after first opening of the HDPE container: 6 months

### **6.4 Special precautions for storage**

This medicinal product does not require any special storage conditions.

## **6.5 Nature and contents of container**

PVC/aluminium or PP/aluminium blisters with 1, 7, 10, 20, 28, 30, 50, 90, 100, 105 tablets

HDPE tablet containers with PE lid closures with 20, 30, 50, 100, 105, 250, 500, 1000 tablets

Not all pack sizes may be marketed.

## **6.6 Special precautions for disposal and other handling**

No special requirements.

## **7 MARKETING AUTHORISATION HOLDER**

Rowex Limited,  
Newtown  
Bantry  
Co. Cork  
Ireland

## **8 MARKETING AUTHORISATION NUMBER**

PA0711/154/002

## **9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 3<sup>rd</sup> April 2009

Date of last renewal: 16<sup>th</sup> January 2014

## **10 DATE OF REVISION OF THE TEXT**

July 2026