

# Robitussin

# Chesty Cough

100 mg / 5 ml Oral Solution

Guaifenesin

**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription. However, you still need to use **Robitussin Chesty Cough** medicine carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your doctor or pharmacist if you need more information or advice.
- If any of the side effects get serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

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## 1 What Robitussin Chesty Cough medicine is and what it is used for

**Robitussin Chesty Cough** medicine contains the active ingredient guaifenesin. This active ingredient belongs to a group of medicines called cough expectorants. **Robitussin Chesty Cough** medicine helps loosen phlegm (mucus) to make your cough more productive and relieve chest congestion.

## 2 Before you take Robitussin Chesty Cough medicine

- Do not use in combination with any other medication unless your doctor approves it.

**Do not take this medicine if:**

- You are allergic (hypersensitive) to guaifenesin or any of the other ingredients of **Robitussin Chesty Cough** medicine. Please see section 6 for a full list of the ingredients.
- You are taking any other cough and cold medicine.

**Talk to your doctor before taking this medicine if:**

- You are taking other medications, even those not prescribed, (including herbal medicines).
- You have had a cough for a long time (as a result of smoking), or if you have asthma or emphysema.

**Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

**Important information about some of the ingredients of Robitussin Chesty Cough medicine:**

- This medicine contains sorbitol and maltitol which are sources of fructose. If you have been told by your doctor that you have an intolerance to some sugars or if you have been diagnosed with hereditary fructose intolerance (HFI), a rare genetic disorder in which a person cannot break down fructose, talk to your doctor before you take or receive this medicine.
- This medicine contains 2675 mg sorbitol per 10 ml dose which is equivalent to 267.5 mg/ml. Sorbitol may cause gastrointestinal discomfort and mild laxative effect.
- This medicine contains 12.0 mg sodium benzoate in each 10 ml dose which is equivalent to 1.2 mg/ml. This medicine is not for use in babies and children under 12 years.
- This medicine contains 230 mg of alcohol (ethanol 96%) in each 10 ml dose which is equivalent to 23 mg/ml (2.30% w/v). The amount in 10 ml of this medicine is equivalent to less than 6 ml beer or 3 ml wine. The small amount of alcohol in this medicine will not have any noticeable effects.
- This medicine contains 15.2 mg propylene glycol in each 10 ml which is equivalent to 1.5 mg/ml. This medicine should not be used in babies or children under 12 years old.
- This medicine contains 23.9 mg sodium (main component of cooking/table salt) in each 10 ml. This is equivalent to 1% of the recommended maximum daily dietary intake of sodium for an adult.

## 3 How to take Robitussin Chesty Cough medicine

For oral administration.

**Adults, the elderly and children over 12 years of age:**

Take 10ml up to four times daily.

**Children under 12 years:**

Do not use.

Do not exceed the stated dose.

If symptoms persist for more than 5 days or come back, or you experience symptoms unrelated to your original condition, such as fever, rash or persistent headache, discontinue use and immediately consult your doctor or pharmacist.

**If you take more medicine than you should:**

If you take too much of this medicine, consult your doctor or hospital immediately. Bring any remaining medicine with you to show the doctor.

Signs and symptoms that you have taken too much medicine are: dizziness, nausea, vomiting and rash.

#### 4 Possible side effects

Side effects with guaifenesin are rare. However, susceptible individuals may experience unwanted side effects. If you experience any of the following side effects mentioned below or any other side effects, STOP taking this medicine immediately and contact your doctor:

- Allergic reactions. Symptoms could include itchy skin and rashes, difficulty breathing, faster heart rate, swelling of the face or throat.

Other possible side effects:

- Feeling sick (nausea) or being sick (vomiting).

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRC Pharmacovigilance, Website: [www.hpra.ie](http://www.hpra.ie) By reporting side effects you can help provide more information on the safety of this medicine.

#### 5 How to store Robitussin Chesty Cough medicine

- Do not use this medicine after the expiry date shown on the bottle label and carton.
- Do not store above 25°C.
- Keep out of the sight and reach of children.

#### 6 Further information

**What Robitussin Chesty Cough medicine contains:**

Each 5ml contains 100mg of the active substance guaifenesin.

**Robitussin Chesty Cough** medicine also contains: Glycerol, carmellose sodium, sodium benzoate (E211), sodium cyclamate, ethanol (96%) 2.3% w/v, levomenthol, liquid maltitol (E965), propylene glycol, natural flavouring substances, citric acid anhydrous, caramel (E150), natural cherry flavor (contains ethanol 96%), liquid sorbitol non-crystallising (E420), acesulfame potassium and purified water.

**Robitussin Chesty Cough** medicine is a deep russet coloured oral solution with a cherry flavour for oral administration. It is supplied in a 100 ml bottle or a 200 ml bottle with a tamper evident seal. Not all pack sizes may be marketed.

**Who makes and supplies this medicine:****The Product Authorisation holder for Robitussin Chesty Cough medicine is:**

Haleon Ireland Limited,  
12 Riverwalk, Citywest Business Campus, Dublin 24, Ireland.

**This medicine is manufactured by:** Doppel Farmaceutici S.r.l., Via Martiri delle Foibe 1, 29016 Cortemaggiore (Piacenza), Italy.