

Stugeron® 25mg Tablets

cinnarizine

Package Leaflet: Information for the user.

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your doctor or pharmacist if you need more information or advice.
- This medicine has been prescribed for you only. Do not pass it onto others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

What is in this leaflet:

1. What Stugeron is and what it is used for *see section 1*
2. What you need to know before you take Stugeron *see section 2*
3. How to take Stugeron *see section 3*
4. Possible side effects *see section 4*
5. How to store Stugeron *see section 5*
6. Contents of the pack and other information *see section 6*

1 What Stugeron is and what it is used for

Stugeron is a medicine which is used to treat the symptoms caused by poor blood flow to the limbs, for example pain in the legs while walking, pain on resting the limbs, muscular cramps, cold or numb fingers and toes. It is also used to treat disorders where there is spasm of blood vessels e.g. Raynaud's disease. The tablets contain cinnarizine which works by preventing the narrowing of blood vessels.

2 Before you take Stugeron

This medicine is suitable for most adults and children 12 years and over, but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

X Do not use Stugeron...

- If you have ever had a **bad reaction** (such as a rash, itching, swollen face or lips, or shortness of breath) to any of the ingredients.
 - If it is for a child **under 12 years old**.
 - If you are **breast-feeding**.
- If any of these apply to you, **get advice from a doctor or pharmacist without using Stugeron.**

A Take Special Care

Talk to your doctor or pharmacist before taking this medicine...

- If you have **Parkinson's Disease**.
- If you have low blood pressure.
- If you have **porphyria** (a hereditary **blood disorder**).
- If you have **liver or kidney problems**.
- If you are **fructose and galactose intolerant**.
- If you are taking **alcohol**.

- If you are taking any **other medicines**, including:
 - **Tranquillisers** (drugs used to **relax muscles** or **decrease anxiety**).

- **Tricyclic antidepressants or hypnotics** (drugs used to treat **mood or sleep disorders**).

If you are not sure about any of the medicines you are taking, show the bottle or pack to your pharmacist. If any of these bullet points apply to you now or in the past, talk to a doctor or pharmacist.

! Pregnancy and Breastfeeding

- Do not take this medicine if you are pregnant, think you might be pregnant, planning to become pregnant, or are breast feeding.

! Warnings and Precautions

- This medicine could affect your reaction to skin tests used to investigate allergies. If you have taken Stugeron within 4 days before a test, tell your doctor
- The combined effect of Stugeron and **tricyclic antidepressants** and **hypnotics** (drugs used to treat mood or sleep disorders) may make you drowsy.
- This medicine contains lactose and sucrose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

! Driving and Using Machines

- Some people may feel drowsy after taking Stugeron. If you are affected in this way, do not drive or operate machinery.

! Stugeron with food, drink and alcohol

- Some people may experience stomach discomfort after taking Stugeron. Taking Stugeron after a meal may help reduce the possibility of stomach discomfort.
- The combined effect of Stugeron and alcohol may make you feel drowsy, therefore avoid alcohol while taking this medicine.

turn over ▶



3 How to take Stugeron

Always take this medicine exactly as your doctor or pharmacist has told you.

- Do not use more than the stated dose shown in the table.
- Stugeron should preferably be taken after meals.
- For oral use only.
- The tablets should be swallowed with water.

Children under 12 years

Stugeron is not recommended for children under 12 years old.

Adults and children 12 years and over

Age	Dose
Adults and children over 12 years	Take 2 or 3 tablets, two to three times daily, or as instructed by your doctor

If you take more Stugeron than you should...

If anyone takes too many Stugeron tablets, contact a doctor or nearest Accident and Emergency department taking this leaflet and pack with you.

If you forget to take Stugeron...

Do not take a double dose to make up for a forgotten tablet.

4 Possible side-effects

Like all medicines Stugeron can have side effects, although not everybody gets them.

Common: may affect up to 1 in 10 people

- Drowsiness
- Feeling sick (nausea)
- Weight gain

Uncommon: may affect up to 1 in 100 people

- Feeling tired
- Difficulty waking up from a long night time sleep
- Having stomach pain or discomfort
- Being sick (vomiting)
- Increased sweating
- Skin rash

Other effects which may occur but it is unknown how often:

- Unusual movements, including trembling and shaking of the hands and fingers; twisting movements of the body, shuffling walk and muscle stiffness
- Swelling, redness or itching of the skin
- Yellow colouration of skin and eyes

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517.

Website: www.hpra.ie; E-mail: medsafety@hpra.ie.

By reporting side effects you can help provide more information on the safety of this medicine.

5 How to store Stugeron

Keep this medicine out of the sight and reach of children.

Do not use Stugeron Tablets after the expiry date which is stated on the carton label and blister after 'EXP'. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Do not store above 30°C.

6 Contents of the pack and other information

Contents of the pack

The active ingredient in Stugeron tablets is:

Cinnarizine 25 mg.

Other ingredients are: Lactose monohydrate, maize starch, sucrose, talc, cottonseed oil - hydrogenated, povidone K90.

What Stugeron looks like

Stugeron tablets are white, round tablets marked S/25 on one side and JANSSEN on the reverse. They are available in packs of 50 tablets.

Product Authorisation holder:

Johnson & Johnson (Ireland) Limited, Airton Rd. Tallaght, Dublin 24, Ireland

Manufacturer:

Janssen-Cilag, Domaine de Maigremont, 27100 Val de Reuil, France

or

Janssen Pharmaceutica NV, Turnhoutseweg 30, B-2340 Beerse, Belgium

This leaflet was revised November 2019.

Stugeron is a registered trade mark.

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STUGERON

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Format Ref: F/I/060/V2
157x250

Tech. info/Spec:

Country: IE

Mat. ID Code: 967

File Name: 360162C.indd (CS6 - PC)

Font Type: Optima LT Std

Font Size: 8 pt

Times New Roman compared to our standard fonts				
Times New Roman	Helvetica World	Antique Olive	Futura	Karbon
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