

Package leaflet: Information for the user

Soluprick SQ Timothy grass (*Phleum pratense*) pollen 10 HEP Solution for skin-prick test.

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What Soluprick is and what it is used for
2. What you need to know before you use Soluprick
3. How to use Soluprick
4. Possible side effects
5. How to store Soluprick
6. Contents of the pack and other information

1. What Soluprick is and what it is used for

Soluprick is used to check if you have an allergy. This medicine is for diagnostic only. It is a solution (2 ml) for skin-prick testing that contains an extract of timothy grass (*Phleum pratense*) pollen. An allergen is a substance that causes an allergic disease.

2. What you need to know before you use Soluprick

Do not use Soluprick

- If you are allergic (hypersensitive) to any of the ingredients in Soluprick apart from the active substance (see section 6).

Please inform your doctor if this statement applies to you.

Warnings and precautions

Talk to your doctor before using Soluprick

- If you are treated with beta-blockers
- If you have a heart disease
- If you have asthma
- If you have skin problems in the area the skin-prick test is to be applied (e.g. eczema, skin infections or sun damage)

- If you suffer from a disease which is affecting your general health
- If you have severe allergic symptoms on the day the skin prick test is to be performed

Other medicines and Soluprick

Please tell your doctor or healthcare professional if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Some medicines can affect the results of the skin-prick test, therefore: please tell your doctor or healthcare professional before the skin-prick test is carried out if you are taking any of the following medicines :

- Short-acting antihistamines within the last three days;
- Long-acting antihistamines within the last week;
- Steroids at doses higher than 10 mg prednisolone per day within the last three weeks;
- Strong steroid preparations applied to your skin within the last three weeks
- Tricyclic antidepressants;
- Omalizumab (a medicine used for allergic asthma and/or inflammation of the nose and sinuses) within the last four to six weeks;
- Beta-blockers;
- Allergen immunotherapy (previous or current treatment);

Tablet treatment with less than 10 mg prednisolone per day will not suppress the reaction to the skin-prick test.

Other medicines may interfere with the result of the skin-prick test. You should discuss with your doctor the risk of discontinuing treatment compared with the benefits of having a skin-prick test.

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before using this medicine.

There are no adequate data from the use of Soluprick SQ in pregnant women. This product should not be used in pregnant women unless the benefits are considered by the treating physician to outweigh the risks.

Skin-prick testing can be performed if you are breast-feeding, as the amount of medicine that passes into breast milk is negligible and no effects on the child are expected.

Driving and using machines

Soluprick SQ has no or negligible influence on the ability to drive and use machines.

3. How to use Soluprick

This medicinal product will be administered exclusively by trained healthcare professionals who will give you instructions to follow.

The procedure is as follows:

- The skin-prick test is usually carried out on the inner side of the forearm. Alternatively, the test can be done on your back.
- Your skin must be dry and clean and may be disinfected with alcohol by the nurse or doctor.
- Test preparations and the controls are applied in droplets on the skin at an appropriate distance from each other (a numbered tape may be used).
- The top layer of the skin is pierced by the doctor/nurse with a lancet through the droplets.
- The reaction is read after 15 minutes. A positive reaction is a pale small, raised swelling or wheal with a red edge.

Prick testing in children is already possible after the first year of life depending on the child's constitution, but in general should not be performed before the age of 4.

If you use more Soluprick SQ than you should

Skin prick test with Soluprick is given by a healthcare professional. In the event of an overdose, you will be monitored and treated by a healthcare professional.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Very rare cases (frequency not known): An anaphylactic reaction (a severe reaction throughout the body that is recognised by wheals, itching, rapid swelling of the face, mouth or throat, difficulty in breathing or fainting) may occur within minutes after skin prick test with active allergens. If this happens your doctor or healthcare professional will have an emergency kit available that includes adrenaline. Tell your doctor or nurse immediately if you feel any of these changes.

Common (may affect up to 1 in 10 people): In patients tested with Soluprick local allergic reactions at the site of application, such as itching of the skin, swelling in the area, rash and redness of the skin, pain, or a hardened swelling may occur. A continuously spreading wheal may be formed at the site within 20 minutes after application of the allergen. In some cases, a delayed reaction in form of a diffuse swelling may occur within 24 hours after the skin prick test.

Some may experience side effects from other parts of the body than the site of application such as:

Uncommon side effects (may affect up to 1 in 100 people): A stuffy and runny nose, inflammation of the eyes, and hives may occur.

Rare (may affect up to 1 in 1,000 patients): Asthma symptoms can worsen.

Reporting of side effects

If you get any side effects, talk to your doctor or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly to the HPRA via HPRA Pharmacovigilance, website: www.hpra.ie

By reporting side effects, you can help provide more information on the safety of this medicine.

If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. How to store Soluprick

- Keep this medicine out of the sight and reach of children.
- Store in a refrigerator (2°C - 8°C). Once opened; the product may be stored for a maximum of 6 months at 2°C – 8°C (after which it must be discarded).
- Do not use Soluprick after the expiry date which is stated on the label. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Soluprick contains

The active ingredient is a standardized allergen extract. The activity is related to the biological activity (SQ). The active substance is standardised extract of Timothy grass allergen (*Phleum pratense*) pollen 10 HEP.

The other ingredients are: Sodium dihydrogen phosphate dihydrate, Disodium phosphate dihydrate, Sodium chloride, Glycerol, Phenol, Sodium hydroxide or Hydrochloride (for pH adjustment), Water for Injections.

What Soluprick looks like and contents of the pack

Soluprick is supplied as a solution for skin-prick test (in a vial 2 mL – pack size of 1)

Marketing Authorisation Holder:

ALK Abelló A/S
Bøge Allé 6-8
2970 Hørsholm
Denmark

Manufacturer:

ALK-Abelló S.A.
Miguel Fleta 19

E-28037 Madrid
Spain

This medicine is authorised in the Member States of European Economic Area and in the United Kingdom (Northern Ireland) under the following names

Belgium	Soluprick SQ Phleum pratense pollen 10 HEP
Czech Republic	Soluprick SQ kožni roztok
Denmark	ALK 225 <i>Phleum pratense</i> (Eng-rottehale, Timoté)
Finland	Soluprick SQ siitepölyt
France	SOLUPRICK SQ extrait allergénique de pollen de fléole des prés (<i>Phleum pratense</i>)
Germany	ALK-prick SQ 225 Wiesenlieschgras
Iceland	Soluprick SQ grasfrjó
Ireland	Soluprick SQ Timothy grass (<i>Phleum pratense</i>) pollen
Luxembourg	SOLUPRICK SQ Phleum pratense
Netherlands	Soluprick SQ Timotheegraspollen 10.000 BU/ml
Norway	Soluprick SQ Timotei
Slovakia	Soluprick
Spain	Polen de <i>Phleum pratense</i> Soluprick 10 HEP solución para prueba con alérgenos por punción
Sweden	Soluprick SQ Timotej
United Kingdom (Northern Ireland)	Soluprick SQ Grass Pollen Phleum pratense

This leaflet was last approved in 12/2025