

I suffer from anaphylaxis, a life-threatening allergic reaction to:

If I am unable to help myself, please follow the instructions inside this leaflet to give me an injection of adrenaline. To do this you will need to use my Jext®.

Dial 999 in UK or 112 in Ireland, ask for an ambulance and say "anaphylaxis".

Location of Jext®:

Name:

Next of kin/emergency contact name and phone number:

Symptoms of Anaphylaxis

- Tightening of the throat/difficulty breathing
- Collapse/loss of consciousness
- Itchy hives
- Tingling and swelling of hands/feet/eyelids/mouth/lips/genitals
- Sense of impending doom

Remember it is important to make sure your Jext® is within the expiry date

Ensure you, your child, your family and friends know how and when to use your Jext®

Video demonstrations can be found at www.jext.co.uk or www.jext.ie

lifeline

lifetime care and support
in anaphylaxis

ALK

- A Jext® trainer is available for you to practise using Jext® in an emergency
- Visit www.jext.co.uk or www.jext.ie and register for a free expiry alert and other support materials
- Text **Alert MMYYYY** (e.g. text **Alert 072023** if your Jext® expires in July 2023) to **80818**

Jext® 300
micrograms:
patients greater
than 30kg

Jext® 150
micrograms:
patients
15 - 30kg



www.jext.co.uk
www.jext.ie

LIFELINE CARD

Emergency information about
how and when to use Jext®
www.jext.co.uk / www.jext.ie

Reporting of side effects

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme (see details below). By reporting side effects you can help provide information on the safety of this medicine.

Ireland: www.hpra.ie UK: www.mhra.gov.uk/yellowcard

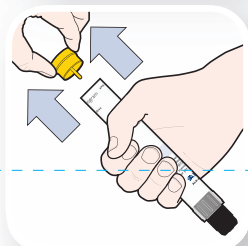
Jext®

Instructions For Use



Step 1

Grasp the Jext® injector in your dominant hand (the one you use to write with) with your thumb closest to the yellow cap.



Step 2

Pull off the yellow cap with your other hand.



Step 3

Place the black injector tip against your outer thigh, holding the injector at a right angle (approx 90°) to the thigh.



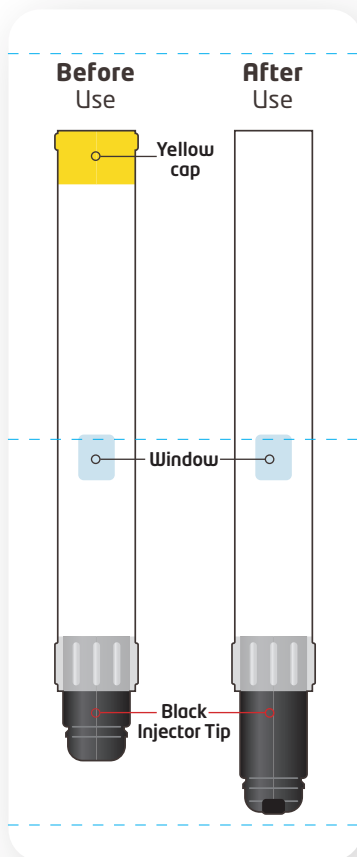
Step 4

Push the black tip firmly into your outer thigh until you hear a 'click' confirming the injection has started, then keep it pushed in. Hold the injector firmly in place against the thigh for 10 seconds (a slow count to 10) then remove. The black tip will extend automatically and hide the needle.



Step 5

Massage the injection area for 10 seconds. Seek immediate medical help.



Treatment Quick Guide

ANAPHYLAXIS

Use your Jext® and immediately after using your Jext® dial 999, or 112 in Ireland, ask for an ambulance and say "anaphylaxis"



Be prepared:

Use a second Jext® after 5-15 minutes if the symptoms do not improve

www.jext.co.uk
www.jext.ie

Don't forget to download the app for Jext® patient support



SCAN ME

Dial 999 in UK or 112 in Ireland, ask for an ambulance and say "anaphylaxis".

If you are unable to make the call, get someone else to call for you.

MAKE SURE YOU CARRY TWO JEXT® PENS WITH YOU AT ALL TIMES IN CASE YOU NEED A SECOND DOSE.

