# **Summary of Product Characteristics**

#### 1 NAME OF THE MEDICINAL PRODUCT

Rinstead Sugar Free 0.033% w/w + 0.128% w/w Pastilles.

# 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each pastille contains:

Levomenthol 0.033% w/w

Cetylpyridinium Chloride 0.128 % w/w

Excipients: Also includes amaranth (E123) 0.011% w/w and sorbitol (E420) 35.7% w/w.

For a full list of excipients, see section 6.1.

#### 3 PHARMACEUTICAL FORM

Pastille.

A smooth, round, red translucent pastille.

#### **4 CLINICAL PARTICULARS**

# **4.1 Therapeutic Indications**

For the symptomatic relief of local irritation of the mouth (e.g. mouth ulcers) or pharynx.

#### 4.2 Posology and method of administration

Adults and children over 12 years:

Allow one pastille to dissolve slowly in the mouth about every two hours.

#### 4.3 Contraindications

None known.

# 4.4 Special warnings and precautions for use

None stated.

### 4.5 Interaction with other medicinal products and other forms of interaction

None known.

# 4.6 Fertility, pregnancy and lactation

No special warnings.

#### 4.7 Effects on ability to drive and use machines

Not applicable.

#### 4.8 Undesirable effects

Sensitisation to the product is a possible undesirable effect. There have been very rare reports from clinical trials of hypersensitivity reactions (including oedema of the mouth and face).

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: <a href="www.hpra.ie">www.hpra.ie</a>; E-mail: <a href="medsafety@hpra.ie">medsafety@hpra.ie</a>.

#### 4.9 Overdose

Systemic effects due to overdosage are most unlikely due to low toxicity of the ingredients. If overdose is suspected, this should be treated symptomatically.

#### **5 PHARMACOLOGICAL PROPERTIES**

#### 5.1 Pharmacodynamic properties

Levomenthol, applied locally in low concentrations, provides a soothing effect.

Cetylpyridinium chloride is an antiseptic, active against a wide spectrum of micro-organisms.

# **5.2 Pharmacokinetic properties**

Levomenthol is excreted in the urine and bile as a glucuronide.

Cetylpyridinium chloride is poorly absorbed and is excreted mainly via the faeces.

#### 5.3 Preclinical safety data

There are no pre-clinical data of relevance to the prescriber which are additional to that already included in other sections of the SPC.

#### 6 PHARMACEUTICAL PARTICULARS

#### **6.1 List of excipients**

Tartaric acid Amaranth (E123) Rinstead Oils Sodium ricinoleate Acesulfame Potassium Acacia Silicone antifoam Sorbitol (E420)

Water (potable)

# **6.2** Incompatibilities

Not applicable.

#### 6.3 Shelf life

2 years.

# 6.4 Special precautions for storage

Do not store above 25°C.

#### **6.5** Nature and contents of container

Aluminium foil/clear PVC blister strips contained in a cardboard carton. Pack sizes of 12, 24, 30, 36 and 48 pastilles.

Not all pack sizes may be marketed.

# 6.6 Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product

No special requirements.

#### 7 MARKETING AUTHORISATION HOLDER

Bayer Limited The Atrium Blackthorn Road Dublin 18 Ireland

# **8 MARKETING AUTHORISATION NUMBER**

PA1410/077/001

#### 9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation: 04 April 1997

Date of last renewal: 04 April 2007

#### 10 DATE OF REVISION OF THE TEXT

April 2015