

Package leaflet: information for the user
Morhulin
11.4% w/w, 38% w/w ointment
Cod Liver Oil, Zinc Oxide

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

This medicine is available without prescription. However, you still need to use Morhulin Ointment carefully to get the best results from it. Always use this medicine exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must contact a doctor if your symptoms worsen or do not improve.

What is in this leaflet:

1. What Morhulin Ointment is and what it is used for
2. What you need to know before you use Morhulin Ointment
3. How to use Morhulin Ointment
4. Possible side effects
5. How to store Morhulin Ointment
6. Contents of the pack and other information

1 What Morhulin Ointment is and what it is used for

Morhulin Ointment contains Zinc Oxide which has mild astringent and protective properties and Cod Liver Oil which promotes the healing of wounds.

Morhulin Ointment promotes the healing of nappy rash, protects irritated skin and soothes minor skin irritations and superficial trauma.

2 What you need to know before you use Morhulin Ointment

Do not use Morhulin Ointment

- if you or your child are allergic to Zinc Oxide, Cod Liver Oil, Lanolin or any of the other ingredients of this medicine listed in section 6.

Warnings and precautions

Talk to your doctor, pharmacist or nurse before using Morhulin Ointment.

Other medicines and X

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

Pregnancy and breast-feeding

Morhulin Ointment may be used during pregnancy and breastfeeding.
Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

There should be no effect on the ability to drive or operate machinery.

Morhulin Ointment contains Lanolin (wool fat)

This medicinal product contains lanolin (Wool Fat). This may cause local skin reactions (e.g. contact dermatitis).

3 How to use Morhulin Ointment

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:

The ointment is for external use only, for application to the skin. It may be used by adults, the elderly and children.

Apply the ointment directly onto the affected area after cleansing and drying.

Nappy rash: To help prevent nappy rash, apply a smooth even coating of ointment at each nappy change.

If symptoms persist, you should consult your doctor.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

What to do if you swallow some of the ointment

If you or your child accidentally swallow some of the ointment you should consult a doctor or go to the nearest hospital casualty unit as soon as possible. Take the tube with you to show which medicine you have swallowed.

4 Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Rarely, a rash may occur after using the ointment. If you do experience this or any other side effects after using the ointment, stop using it straight away and talk to your doctor or pharmacist who will be able to advise you of what to do.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: www.hpra.ie; E-mail: medsafety@hpra.ie.

By reporting side effects you can help provide more information on the safety of this medicine.

5 How to store Morhulin Ointment

Keep out of the sight and reach of children.

Do not store above 25°C.

Do not use Morhulin Ointment after the expiry date which is stated on the carton and tube after EXP. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment

6 Contents of the pack and other information

What Morhulin Ointment contains

The active substances are: Cod Liver Oil 11.4% w/w and Zinc Oxide 38.0% w/w.

The other ingredients are: Liquid Paraffin, Yellow Soft Paraffin, Lanolin (Wool Fat), Castor Oil, Diluted Sodium Hypochlorite Solution.

What Morhulin Ointment looks like and contents of the pack

Morhulin Ointment is a white smooth ointment with a characteristic smell. It is supplied in 50 g tubes.

Marketing Authorisation Holder

Actavis Group PTC ehf., Reykjavíkurvegi 76-78, 220 Hafnarfjörður, Iceland.

Manufacturer

Thornton & Ross Ltd, Linthwaite, Huddersfield, West Yorkshire HD7 5QH, UK

This leaflet was last revised in June 2015