

Package leaflet: Information for the user

TIPOL MAX 1000 mg Suppositories

paracetamol

For adults and children over 12 years of age with a body weight of 43 kg or more

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to use Tipol Max carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist, if you need more information or advice.
- You must contact a doctor if the symptoms worsen or do not improve after three days.
- If any of the side effects gets serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.
- Contains paracetamol
- Do not take any other paracetamol-containing products
- Do not exceed the stated dose
- Immediate medical advice should be sought in the event of overdose, because of the risk of irreversible liver damage.

In this leaflet

1. What Tipol Max is and what it is used for
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1. What Tipol Max is and what it is used for

Tipol Max contains paracetamol which belongs to a group of medicines known as analgesics. Paracetamol is a medicine that relieves pain and reduces fever.

Tipol Max is used to treat:

- mild to moderate pain and fever.

2. What you need to know before you use Tipol Max

Do not use Tipol Max

- if you or your child are allergic (hypersensitive) to paracetamol, soya, or any of the other ingredients of Tipol Max (See section 6, Contents of the pack and other information).
- If you or your child are allergic to soya or peanut (Tipol Max contains soya lecithin)
- If your child is under 12 years of age or weighs less than 43 kilograms.
- If you or your child have **severe liver problems**.

Warnings and precautions

Take special care with Tipol Max

Speak to your doctor if you or your child have:

- moderate liver problems;
- severe kidney problems;
- alcoholism or regularly abuses alcohol;

- a rare inherited metabolic disease, named Gilbert's disease (also known as Meulengracht's disease) which is accompanied by elevated bilirubin-levels in the blood (this causes yellow jaundice that runs in families)
- severe illnesses, including severe renal impairment or sepsis (when bacteria and their toxins circulate in the blood leading to organ damage), or you suffer from malnutrition, chronic alcoholism or if you are also taking flucloxacillin (an antibiotic). A serious condition called metabolic acidosis (a blood and fluid abnormality) has been reported in patients in these situations when paracetamol is used at regular doses for a prolonged period or when paracetamol is taken together with flucloxacillin. Symptoms of metabolic acidosis may include: serious breathing difficulties with deep rapid breathing, drowsiness, feeling sick (nausea) and being sick (vomiting).

Elderly patients or patients who have inadequate intake of food or weight loss for any reason (e.g. caused by starvation, anorexia or serious illness) are more prone to serious toxic liver effects from paracetamol.

Under these circumstances, you should seek your doctor's advice before using the medicine.

Important information about your medicine

If Tipol Max is taken over an extended period of time or not used as directed, headache may occur. This should not be treated by taking increased dosages of the drug. In general, regular long-term use of Tipol Max, especially in combination with other pain medications from the same class (such as aspirin or ibuprofen) may cause substantial kidney damage leading to the risk of kidney failure.

Using other medicines

Please tell your doctor or pharmacist if you or your child is taking / using or has recently taken / used any other medicines, including medicines obtained without prescription.

Do not use Tipol Max in combination with:

- any other medicines that contain paracetamol.

The use of Tipol Max increases the risk of adverse reactions to:

- medicines enhancing the degradation of drugs in the liver, which may cause liver damage. For example, sleeping tablets/sedatives and antiepileptics (such as phenobarbital, carbamazepine, phenytoin), as well as rifampicin (a drug against tuberculosis).
- probenecid (used to treat gout).
- chloramphenicol (an antibiotic).
- cholestyramine (used to treat diarrhoea or raised cholesterol)
- warfarin (used to prevent blood from clotting)
- metoclopramide or domperidone (used to suppress nausea or vomiting)
- oral contraceptives.
- zidovudine (an anti-viral medication). Patients taking this medicine along with Tipol Max may be more susceptible to having a lower number of white blood cells.
- flucloxacillin (antibiotic), due to a serious risk of blood and fluid abnormality (called metabolic acidosis) that must have urgent treatment (see section 2).

Tipol Max may influence the results of some blood sugar tests.

Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking any medicine.

If necessary, Tipol Max can be used during pregnancy. You should use the lowest dose possible that reduces your pain and/or fever and use it for the shortest time possible. Contact your doctor if the pain and/or fever are not reduced or if you need to take Tipol Max more often.

Important information about some of the ingredients of Tipol Max

Tipol Max contains soya lecithin. Do not use Tipol Max if you are allergic to soya or peanut.

3. How to use Tipol Max

Always use Tipol Max exactly as directed in this leaflet. You should check with your doctor or pharmacist if you are not sure.

Tipol Max 1000 mg suppositories are suitable for adults and children over 12 years of age weighing 43 kg or more.

Adults and children over 12 years of age:

- **Please consult your doctor if the treatment exceeds 72 hours.**
- Doses depend on body weight and age; a single dose ranges from 10 to 15 mg/kg body weight to a maximum of 60 mg/kg for total daily dose.
- The specific dose interval depends on the symptoms and the maximum daily dose
- There should be at least a six-hour interval between doses

Unless otherwise prescribed by your doctor, the usual dose is:

Body Weight (Age)	Single dose (equivalent dose of paracetamol)	Maximum daily dose (24 hours) (equivalent dose of paracetamol)
More than 43 kg (children aged 12 years or older and adults)	1 suppository (equivalent to 1000 mg of paracetamol)	4 suppositories (equivalent to 4000 mg of paracetamol)

Do not exceed the maximum daily dose in a 24-hour period. The interval between doses should be at least 6 hours.

Method of administration

- The suppositories are for rectal use and should be inserted deeply into the rectum after bowel movement.
- The suppositories may be warmed up in the hands or dipped for a short time into warm water to improve the lubrication quality.

Please consult your doctor or pharmacist, if you feel the effect of Tipol Max is too strong or too weak.

Patient with liver problems or moderate kidney problems

Speak with your doctor before using this medicine or giving it to your child in these cases. The dose should be reduced or the interval between doses should be increased in patients with impaired liver and kidney function or those with Gilbert's syndrome.

Patients with severe kidney problems

Speak with your doctor before using this medicine or giving it to your child. If you or your child has severe kidney problems (creatinine clearance < 10 ml/min), you must allow at least 8 hour intervals in between doses.

If you use more Tipol Max than you should

Nausea, vomiting and severe abdominal pain may be the early signs of an overdose. Seek medical advice immediately, **even if the symptoms seem to be improving as overdosage can cause irreversible liver damage.** Your physician will take appropriate measures.

If you forget to use Tipol Max

Do not use a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Tipol Max can cause side-effects, although not everybody gets them.

The evaluation of side effects is based on the following incidence rates:

Very common:	affects more than 1 user in 10
Common:	affects 1 to 10 users in 100
Uncommon:	affects 1 to 10 users in 1,000
Rare:	affects 1 to 10 users in 10,000
Very rare:	affects less than 1 user in 10,000
Not known:	Frequency cannot be estimated from the available data.

The following side effects may occur:

Rare (affects 1 to 10 users in 10,000):

- Increase in liver transaminases (may indicate liver damage).

Very rare (affects less than 1 user in 10,000):

- Reduction in blood platelets, which increases risk of bleeding or bruising (thrombocytopenia).
- Severe reduction in the number of white blood cells which makes infections more likely (agranulocytosis).
- Difficulty in breathing or wheezing (bronchospasm - analgesic asthma) in predisposed persons.
- Allergic (hypersensitivity) reactions from common skin rash to hives and a serious allergic reaction which causes difficulty in breathing or dizziness (anaphylactic shock).
- Very rare cases of serious skin reactions have been reported.

Not known (frequency cannot be estimated from the available data):

- A serious condition that can make blood more acidic (called metabolic acidosis), in patients with severe illness using paracetamol (see section 2).

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via:

HPRA Pharmacovigilance

Website: www.hpra.ie

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Tipol Max

Keep this medicine out of the sight and reach of children.

Do not store above 25 °C.

Do not use this medicine after the expiry date which is stated on the strip and the carton after EXP. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Tipol Max contains

- The active substance is paracetamol.
- Each suppository contains 1000 mg of paracetamol.
- The other ingredients are hard fat and soya lecithin.

What Tipol Max looks like and contents of the pack

- White to ivory coloured, odourless, torpedo-shaped suppositories with a length of 34 mm.
- Tipol Max is available in packs containing 10 suppositories and in hospital-size packing containing 10 x 10 suppositories.

Not all pack sizes may be marketed.

Marketing authorisation holder

Clonmel Healthcare Ltd
Waterford Road
Clonmel, Co. Tipperary
Ireland

Manufacturer

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Herterichstrasse 1-3
D-81479 Munich, Germany

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