

Package leaflet: Information for the user

Montelukast Paediatric 5 mg chewable tablets

montelukast

Read all of this leaflet carefully before you or your child starts taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your or your child's doctor or pharmacist.
- This medicine has been prescribed for you or your child. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours or your child's.
- If you or your child gets any side effects, talk to your or your child's doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What Montelukast Paediatric is and what it is used for
2. What you need to know before you or your child takes Montelukast Paediatric
3. How to take Montelukast Paediatric
4. Possible side effects
5. How to store Montelukast Paediatric
6. Contents of the pack and other information

1. What Montelukast Paediatric is and what it is used for

Montelukast Paediatric contains the active substance montelukast. Montelukast Paediatric is a leukotriene receptor antagonist that blocks substances called leukotrienes. Leukotrienes cause narrowing and swelling of airways in the lungs. By blocking leukotrienes, Montelukast Paediatric improves asthma symptoms and helps control asthma.

Your or your child's doctor has prescribed Montelukast Paediatric to treat asthma, preventing your or your child's asthma symptoms during the day and night.

- Montelukast Paediatric is used for the treatment of patients who are not adequately controlled on their medication and need additional therapy.
- Montelukast Paediatric may also be used as an alternative treatment to inhaled corticosteroids for 6 to 14 year old patients who have not recently taken oral corticosteroids for their asthma and have shown that they are unable to use inhaled corticosteroids.
- Montelukast Paediatric also helps prevent the narrowing of airways triggered by exercise.

Your or your child's doctor will determine how Montelukast Paediatric should be used depending on the symptoms and severity of your or your child's asthma.

What is asthma?

Asthma is a long-term disease.

Asthma includes:

- Difficulty breathing because of narrowed airways. This narrowing of airways worsens and improves in response to various conditions.

- Sensitive airways that react to many things, such as cigarette smoke, pollen, cold air, or exercise.
- Swelling (inflammation) in the lining of the airways.

Symptoms of asthma include: Coughing, wheezing, and chest tightness.

2. What you need to know before you or your child takes Montelukast Paediatric

Tell your doctor about any medical problems or allergies you or your child has now or has had.

Do not take Montelukast Paediatric if you or your child

- are/ is allergic (hypersensitive) to montelukast or any of the other ingredients of Montelukast Paediatric (listed in section 6).

Warnings and precautions

Talk to your or your child's doctors or pharmacist before you or your child takes Montelukast Paediatric.

Take special care with Montelukast Paediatric

- If you or your child's asthma or breathing gets worse, tell your doctor immediately.
- Oral Montelukast Paediatric is not meant to treat acute asthma attacks. If an attack occurs, follow the instructions your doctor has given you or your child. Always have your inhaled rescue medicine for asthma attacks with you.
- It is important that you or your child take all asthma medications prescribed by your doctor. Montelukast Paediatric should not be used instead of other asthma medications your doctor has prescribed for you or your child.
- If you or child are on anti-asthma medicines, be aware that if you or your child develops a combination of symptoms such as flu-like illness, pins and needles or numbness of arms or legs, worsening of pulmonary symptoms, and/or rash, you should consult your or your child's doctor.
- You or your child should not take acetyl-salicylic acid (aspirin) or anti-inflammatory medicines (also known as non-steroidal anti-inflammatory drugs or NSAIDs) if they make your or your child's asthma worse.

Children

For children 2 to 5 years old, Montelukast Paediatric 4 mg chewable tablets are available.

For children 6 to 14 years old, Montelukast Paediatric 5 mg chewable tablets are available.

Other medicines and Montelukast Paediatric

Some medicines may affect how Montelukast Paediatric works, or Montelukast Paediatric may affect how other medicines work.

Tell your or your child's doctor or pharmacist if you or your child is taking or has recently taken any other medicines, including those obtained without a prescription.

Tell your or your child's doctor if you or your child is taking the following medicines before starting Montelukast Paediatric:

- Phenobarbital (used for treatment of epilepsy)
- Phenytoin (used for treatment of epilepsy)
- Rifampicin (used to treat tuberculosis and some other infections)

Montelukast Paediatric with food

Montelukast Paediatric 5 mg chewable tablets should not be taken immediately with food; they should be taken at least 1 hour before or 2 hours after food.

Pregnancy and breast-feeding

Pregnancy

Women who are pregnant or intend to become pregnant should consult their doctor before taking Montelukast Paediatric. Your doctor will assess whether you can take Montelukast Paediatric during this time.

Breast-feeding

It is not known if montelukast appears in breast milk. You should consult your doctor before taking Montelukast Paediatric if you are breast-feeding or intend to breast-feed.

Driving and using machines

Montelukast Paediatric is not expected to affect your ability to drive a car or operate machinery. However, individual responses to medication may vary. Certain side effects (such as dizziness and drowsiness) that have been reported very rarely with Montelukast may affect some patients' ability to drive or operate machinery.

Montelukast Paediatric contains aspartame

Montelukast Paediatric chewable tablets contain aspartame, a source of phenylalanine. May be harmful for people with phenylketonuria.

3. How to take Montelukast Paediatric

- You or your child should take only one tablet of Montelukast Paediatric once a day as prescribed by your doctor.
- It should be taken even when you or your child has no symptoms or has an acute asthma attack.
- Always take Montelukast Paediatric exactly as your or your child's doctor or pharmacist has told you. Check with your or your child's doctor or pharmacist if you are not sure.
- To be taken by mouth.

Use in children and adolescents:

For children 6 to 14 years of age:

One Montelukast Paediatric 5 mg chewable tablet daily to be taken in the evening. Montelukast Paediatric 5 mg chewable tablets should not be taken immediately with food; it should be taken at least 1 hour before or 2 hours after food.

If you or your child is taking Montelukast Paediatric, be sure that you or your child does not take any other medicines that contain the same active ingredient, montelukast.

If you or your child takes more Montelukast Paediatric than you or he/ she should

Contact your or your child's doctor immediately for advice.

There were no side effects reported in the majority of overdose reports. The most frequently occurring symptoms reported with overdose in adults and children included abdominal pain, sleepiness, thirst, headache, vomiting, and hyperactivity.

If you forget to take Montelukast Paediatric or give Montelukast Paediatric to your child

Try to take Montelukast Paediatric as prescribed. However, if you or your child misses a dose, just resume the usual schedule of one tablet once daily.

Do not take a double dose to make up for a forgotten dose.

If you or your child stops taking Montelukast Paediatric

Montelukast Paediatric can treat you or your child's asthma only if you or your child continues to taking it.

It is important to continue taking Montelukast Paediatric for as long as your doctor prescribes. It will help control you or your child's asthma.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

In clinical studies with Montelukast Paediatric 5 mg chewable tablets, the most commonly reported side effects (occurring in at least 1 of 100 patients and less than 1 of 10 paediatric patients treated) thought to be related to Montelukast Paediatric were:

- Headache

Additionally, the following side effect was reported in clinical studies with Montelukast 10 mg film-coated tablets:

- Abdominal pain

These were usually mild and occurred at a greater frequency in patients treated with Montelukast than placebo (a pill containing no medication).

Additionally, while the medicine has been on the market, the following have been reported:

Very common: may affect more than 1 in 10 people

- upper respiratory infection

Common: may affect up to 1 in 10 people

- diarrhoea, nausea, vomiting
- rash
- fever

Uncommon: may affect up to 1 in 100 people

- allergic reactions including swelling of the face, lips, tongue, and/or throat which may cause difficulty in breathing or swallowing
- behaviour and mood related changes [dream abnormalities, including nightmares, trouble sleeping, sleep walking, irritability, feeling anxious, restlessness, agitation including aggressive behaviour or hostility, depression]
- dizziness, drowsiness, pins and needles/numbness, seizure
- nosebleed
- dry mouth, indigestion
- bruising, itching, hives
- joint or muscle pain, muscle cramps
- tiredness, feeling unwell, swelling

Rare: may affect up to 1 in 1,000 people

- increased bleeding tendency
- tremor
- disturbance in attention
- memory impairment
- Serious allergic reaction which causes swelling of the face or throat
- palpitations

Very rare: may affect up to 1 in 10,000 people

- behaviour and mood related changes [hallucinations, disorientation, suicidal thoughts and actions]
- hepatitis (inflammation of the liver)
- tender red lumps under the skin most commonly on your shins (erythema nodosum), severe skin reaction (erythema multiforme) that may occur without warning
- Coughing, wheezing, shortness of breath and a high temperature, which are symptoms of inflammation of the lungs associated with an increase in white blood cells (pulmonary eosinophilia)

In asthmatic patients treated with montelukast, very rare cases of a combination of symptoms such as flu-like illness, pins and needles or numbness of arms and legs, worsening of pulmonary symptoms and/or rash (Churg-Strauss syndrome) have been reported. You must tell your doctor right away if you get one or more of these symptoms.

Reporting of side effects:

If you get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: www.hpra.ie; e-mail: medsafety@hpra.ie.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Montelukast Paediatric

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the label/ carton/ blister. The expiry date refers to the last day of that month.
- Store in the original package in order to protect from light and moisture.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Montelukast Paediatric contains

- The active substance is montelukast. Each tablet contains montelukast sodium which corresponds to 5 milligram of montelukast.
- The other ingredients are:
Mannitol, microcrystalline cellulose, hydroxypropyl cellulose (E 463), red iron oxide (E 172), croscarmellose sodium, cherry flavour (contains maltodextrin (Maize), nature identical flavouring substance, acacia gum (E 414), propylene glycol, flavouring preparation and natural flavouring substance), aspartame (E951), and magnesium stearate.

What Montelukast Paediatric looks like and contents of the pack

Montelukast Paediatric 5 mg chewable tablets are pink coloured, circular, biconvex, uncoated chewable tablets debossed with '5' on one side and plain on other side.

Blisters in packages of: 10, 14, 28, 56 and 100 tablets.

Not all pack sizes may be marketed

Marketing Authorisation Holder and Manufacturer

The Marketing Authorisation Holder is Cipla (EU) Limited, Hillbrow House, Hillbrow Road, Esher, Surrey, KT10 9NW, United Kingdom.

Manufacturer

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