Package leaflet: Information for the user

Vicks Inhaler Nasal Stick

Menthol, Camphor, Siberian Pine Needle Oil

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must contact a doctor if your symptoms worsen or do not improve.

What is in this leaflet

- 1. What Vicks Inhaler is and what it is used for
- 2. What you need to know before you use Vicks Inhaler
- 3. How to use Vicks Inhaler
- 4. Possible side effects
- 5. How to store Vicks Inhaler
- 6. Contents of the pack and other information

1. What Vicks Inhaler is and what it is used for

Vicks Inhaler is a decongestant nasal stick containing the active ingredients:

- Menthol
- Camphor
- Siberian Pine Needle Oil

In the relief of symptoms of nasal congestion such as are associated with allergic and infectious upper respiratory tract disorders.

2. What you need to know before you use Vicks Inhaler

Do not use this product:

• if you are allergic to menthol, camphor, siberian pine needle oil, or any of the other ingredients (listed in section 6).

Warnings and precautions

- Avoid contact with the eyes.
- Consult a doctor if symptoms persist or worsen.

Children

Not recommend for children under 6 years.

Pregnancy and breastfeeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using Vicks Inhaler.

3. How to use Vicks Inhaler

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Adults and children over 6 years:

Nasal stick for nasal use only.

Use as often as needed. Remove the screw cap. Insert well into nostril, holding the other nostril closed and inhale deeply.

For hygiene reasons it is recommended to not use this nasal stick for more than 28 days after first opening.

Contact your doctor or pharmacist if symptoms persist or worsen.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them. Very rarely cases of nasal discomfort have been reported.

Reporting of side effects

If you get any side effects, including any not listed, talk to your doctor or pharmacist. You can also report side effects directly via: HPRA Pharmacovigilance website: <u>www.hpra.ie</u> By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Vicks Inhaler

Keep this medicine out of the sight and reach of children.

Do not store above 25°C.

Do not use this medicine after the expiry date which is stated on the carton and label after 'EXP'. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What this medicine contains

Vicks Inhaler Nasal Stick is a 0.5 ml decongestant nasal stick containing the active ingredients:

- Menthol (125mg)
- Camphor (50mg)
- Siberian Pine Needle Oil (10mg)

It also contains methyl salicylate.

What Vicks Inhaler looks like and contents of the pack

Vicks Inhaler is a nasal stick for nasal use. It is a cellulose wick soaked in medication enclosed in a plastic holder with a plastic wick.

Marketing Authorisation Holder

WICK Pharma - Zweigniederlassung der Procter & Gamble GmbH Sulzbacher Str. 40 65823 Schwalbach am Taunus Germany

Manufacturer

Procter & Gamble Manufacturing GmbH, Procter & Gamble Strasse 1, 64521 Gross-Gerau, Germany

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