



## PrEP CHECKLIST FOR PRESCRIBERS EMTRICITABINE/TENOFOVIR DISOPROXIL

### Checklist for prescribers

#### Instructions:

Complete checklist at each visit and file in individual's medical record.

Patient Initials: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: M  F  Age: \_\_\_\_\_

I have completed the following prior to prescribing emtricitabine/tenofovir disoproxil for a PrEP indication for the individual who is about to start or is taking emtricitabine/tenofovir disoproxil for a PrEP indication:

#### Initial evaluation

- Completed risk evaluation of uninfected individual
- Confirmed negative Human Immunodeficiency Virus (HIV-1) test immediately prior to initiating emtricitabine/tenofovir disoproxil for a PrEP indication using a combined antigen/antibody test  
*If clinical symptoms consistent with acute viral infection are present and recent (< 1 month) exposure is suspected, delay starting PrEP for at least 1 month and reconfirm HIV-1 status.*
- Performed screening for sexually transmitted infections (STIs), such as syphilis and gonorrhea
- If applicable, evaluated risk/benefit for women who may be pregnant or may want to become pregnant
- Performed Hepatitis B Virus (HBV) screening test
- Offered HBV vaccination as appropriate
- Prior to initiation, confirmed estimated creatinine clearance (CrCl)

#### Uninfected adults

CrCl >80 mL/min. If CrCl <80 mL/min, use only if benefit outweighs risk. Not recommended if CrCl <60 mL/min.

#### Uninfected adolescents

*Not recommended for use in individuals under the age of 18 years with renal impairment*

- Confirmed that the individual at risk is not taking other HIV-1 or HBV medications
- Confirmed that the individual at risk is not taking or has not recently taken a nephrotoxic medicinal product

If concomitant use of emtricitabine/tenofovir disoproxil and nephrotoxic agents is unavoidable, renal function should be monitored weekly.

#### Counseling

- Counselling that emtricitabine/tenofovir disoproxil for a PrEP indication should be used only as part of a comprehensive prevention strategy and educated on practicing safer sex consistently and using condoms correctly
- Counselling on the importance of adherence to the dosing schedule
- Recommended to the individual to add a reminder to their mobile phone or any other device that can alert them when it is time to take emtricitabine/tenofovir disoproxil
- Discussed the importance of the individual knowing their HIV-1 status and, if possible, that of their partner(s)
- Counselling on the importance of scheduled follow-up, including regular HIV-1 screening tests (e.g. at least every 3 months), while taking emtricitabine/tenofovir disoproxil for a PrEP indication to reconfirm HIV-1-negative status

- Discussed the importance of discontinuing emtricitabine/tenofovir disoproxil for a PrEP indication if seroconversion has occurred, to reduce the development of resistant HIV-1 variants
- Discussed the importance of screening for STIs, such as syphilis and gonorrhoea, that can facilitate HIV-1 transmission
- Discussed known safety risks with use of emtricitabine/tenofovir disoproxil for a PrEP indication
- Provided patient material to the individual at risk and reviewed this with them

**Follow-up**

- Performed regular HIV-1 screening (e.g. at least every 3 months)
- Checked the individual's reported adherence (e.g. from the calendar on the Reminder card)
- Reassessed the individual at each visit to ascertain whether they remain at high risk of HIV-1 infection. The risk of HIV-1 infection should be balanced against the potential for renal and bone effects with long-term use of emtricitabine/tenofovir disoproxil
- Discontinued emtricitabine/tenofovir disoproxil for PrEP if seroconversion has occurred
- Performed screening for STIs, such as syphilis and gonorrhoea  
Identified potential adverse reactions
- Performed renal monitoring as recommended

*In individuals without renal risk factors, renal function (CrCl and serum phosphate) should be monitored after 2 to 4 weeks of use, after 3 months of use and every 3 to 6 months thereafter. In individuals at risk for renal impairment, more frequent monitoring of renal function is required.*

**Uninfected adults and adolescents**

*Please refer to Safety leaflet for prescribers, section "emtricitabine/tenofovir disoproxil related renal toxicity"*

- Performed HBV screening test (if previously tested negative for HBV or had not received HBV vaccination)
- Recorded next follow-up appointment and HIV-1 screening test dates in the Reminder card and provided this to the individual

**Prescriber signature and name in print:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions to HPRAs Pharmacovigilance: Website: [www.hpra.ie](http://www.hpra.ie)

Adverse reactions/events should also be reported to the Tillomed Pharmacovigilance department at [PVUK@tillomed.com](mailto:PVUK@tillomed.com).