

Asacol[®] 400 mg Gastro-resistant Tablets

(mesalazine)

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- * Keep this leaflet. You may need to read it again.
- * If you have any further questions, please ask your doctor or pharmacist.
- * This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- * If you get side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1 What Asacol is and what it is used for
- 2 What you need to know before you take Asacol
- 3 How to take Asacol
- 4 Possible side effects
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1 What Asacol is and what it is used for

The name of your medicine is Asacol 400 mg Gastro-resistant Tablets. The tablets are called gastro-resistant tablets because they are covered with a coating which allows the tablets to pass through the stomach without dissolving. The tablet coating will break down in the bowel where the active mesalazine is released.

Asacol Gastro-resistant Tablets contain the active substance mesalazine. This is an anti-inflammatory medicine used to treat ulcerative colitis and to prevent further episodes of Crohn's disease.

- * **Ulcerative colitis** is a disease in which the lining of the large bowel (colon) or back passage (rectum) becomes inflamed (red and swollen). Asacol acts locally at the inflamed sites to reduce the inflammation. It can also be used to prevent further attacks of ulcerative colitis.
- * **Crohn's disease** is a disease in which the lining of the small and large bowel is affected and becomes inflamed. If you have been treated by surgery for Crohn's disease and it is under control, Asacol act to prevent further episodes of Crohn's disease.

2 What you need to know before you take Asacol

DO NOT take Asacol

- * If you are allergic to mesalazine or any of the other ingredients of this medicine (listed in section 6).
- * If you are allergic to salicylates (e.g. aspirin).
- * If you have severe kidney impairment.
- * If you have severe liver impairment.

This medicine is not indicated in children under the age of 2 years.

Warnings and precautions

Talk to your doctor before taking Asacol if you have any medical conditions or illnesses, particularly if you have:

- * any lung disease problems, e.g. asthma.
- * liver disease.
- * kidney disease.
- * suffered an allergy to sulphasalazine in the past.
- * ever had allergic reactions of your heart such as inflammation of the heart muscle or heart sac. If you have had previous suspected mesalazine-induced allergic reactions of your heart, then Asacol must not be taken. Asacol can be taken with care if you have had a previous allergic reaction of the heart not caused by mesalazine.
- * Blood dyscrasia, a condition in which different constituents of blood, such as white blood or red blood cells and platelets, are either high or too low in counts.

If you have an ulcer of the stomach or intestine, you should take Asacol with care.

Kidney stones may develop with use of Asacol. Symptoms may include pain in sides of abdomen and blood in urine. Take care to drink sufficient amount of liquid during treatment with Asacol.

Test for your liver, kidney and blood

As a guideline, follow-up tests are recommended 14 days after commencement of treatment and then every 4 weeks for the following 12 weeks. If the findings are normal, follow-up tests should be carried out every three months. If additional signs appear, these tests should be performed immediately.

There have been a few reports of intact tablets in the stool. What appear to be intact tablets may sometimes be the remains of the tablet coating. If you often observe tablets or tablet shells in the stool, you should consult your doctor.

Children and adolescents

Asacol is only recommended for use in children 6 years and older.

Other medicines and Asacol

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines such as:

- * Medicines that reduce the activity of the immune system (e.g. azathioprine, or 6-mercaptopurine, or thioguanine)
- * Medicines that prevent the formation of blood clots (anticoagulants, e.g. warfarin).

Asacol with food, drink and alcohol

The consumption of food, drink and alcohol does not interfere with the use of Asacol.

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

Asacol has no or negligible influence on the ability to drive and use machines. However, if you are affected in any way do not drive or operate machinery.

Intolerance to carbohydrates

Asacol contains milk sugar (e.g. lactose) and therefore patients who are intolerant to **lactose** should contact their doctor before taking this medicine. Patients with galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

This medicine contains less than 1 mmol sodium (23 mg) per dosage unit, i.e. is essentially "sodium-free".

3 How to take Asacol

Always take this medicine exactly as your doctor has told you. Check with your doctor if you are not sure.

Asacol should be taken before meals. This medicine must be swallowed whole preferably with some liquid. Do not chew, crush or break the tablets before swallowing them.

The recommended dose is:

Adults (including older people)

To treat ulcerative colitis:

2400 mg mesalazine per day once daily or in divided doses. If required this can be increased to 4800 mg per day in divided doses. Above 2.4g: Take only in divided doses.

To prevent an episode of ulcerative colitis:

1200–2400 mg mesalazine per day, once daily or in divided doses.

To prevent an episode of Crohn's disease:

2400 mg per day, once daily or in divided doses.

These can be taken as various combinations of tablets, for example:

- 1200 mg = 3 x 400 mg tablets
- 1600 mg = 4 x 400 mg tablets or 2 x 800 mg tablets
- 2400 mg = 6 x 400 mg tablets or 3 x 800 mg tablets
- 4000 mg = 10 x 400 mg tablets or 5 x 800 mg tablets
- 4800 mg = 12 x 400 mg tablets or 6 x 800 mg tablets

Use in children and adolescents:

Asacol is only recommended for use in children 6 years of age and older. The actual dose will vary as it is determined individually based on the disease phase and the child's weight in kilograms. For further information please talk to your doctor.

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If you take more Asacol[®] than you should

If you take more Asacol[®] than you should or this medicine was consumed by a child, speak immediately with your doctor.

If you forget to take Asacol[®]

If you forget to take a dose at the right time, just take the next dose as normal. Do not take a double dose to make up for a forgotten dose.

If you stop taking Asacol[®]

Do not stop taking Asacol[®] without talking to your doctor first even if you feel better. If you have any further questions on the use of this product, ask your doctor or pharmacist.

4 Possible side-effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Organ specific side effects affecting the heart, lungs, liver, kidneys, pancreas, skin and subcutaneous tissue have been reported.

Stop taking Asacol[®] immediately and seek urgent medical advice

If you develop unexplained bruising (without injury), bleeding under your skin, purple spots or patches under your skin, anaemia (feeling tired, weak and looking pale, especially on lips, nails and inside of eyelids), fever (high temperature), sore throat or unusual bleeding (e.g. nose bleeds).

The following side effects have been reported at the approximate frequencies shown:

Common (may affect up to 1 in 10 people):

- * rash.
- * indigestion.

Uncommon (may affect up to 1 in 100 people):

- * fever
- * high number of white blood cells called eosinophil granulocytes.
- * sensation of tingling, pricking and numbness.
- * hives, itching skin.
- * chest pain.

Rare (may affect up to 1 in 1000 people):

- * headache.
- * dizziness.
- * inflammation of the heart with signs like chest pains or palpitations.
- * diarrhoea, stomach pain, wind (flatulence), feeling of unease and discomfort in the stomach with an urge to vomit and vomiting.
- * increased sensitivity of your skin to sun and ultraviolet light (photosensitivity).

Very rare (may affect up to 1 in 10'000 people):

- * severe reduction in blood cells which can cause weakness, bruising or make infections more likely, low blood cell counts; reduction in blood platelets which increases the risk of bleeding .
- * allergic reactions such as rash or skin eruption .
- * fever that occurs while taking the medicine and which disappears when the medicine is stopped (drug fever).
- * immune system disease that can involve organs and joints .
- * ulcerative colitis involving the entire large intestine.
- * abnormal or damaged nerves giving a sensation of numbness or tingling.
- * lung disease (scarring of lung tissue, allergic reaction) resulting in difficulty in breathing, cough, wheezing and collection of fluid in the lungs, pneumonia.
- * inflamed pancreas (associated with pain in upper abdomen and back and feeling sick).
- * abnormal liver function tests, hepatitis (inflammation of the liver giving rise to flu-like symptoms and jaundice) .
- * muscle or joint pain
- * hair loss.
- * kidney problems (such as inflammation and scarring of the kidney), kidney failure, which may be reversible if treatment is stopped early.
- * reversible decrease in sperm production.

Not known (frequency cannot be estimated from the available data):

- * disorder of the immune system (lupus-like syndrome) which can cause inflammation of the heart sac or membranes around the lungs and heart, rash and /or joint pain.
- * inflammation of the membranes of the pleural cavity surrounding the lungs (pleurisy)
- * kidney stones and associated kidney pain (see also section 2)
- * intolerance to mesalazine sometimes with worsening symptoms of underlying disease
- * weight loss.
- * laboratory test results out of normal range.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPR^A Pharmacovigilance, Earlsfort Terrace, IRL – Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: www.hpra.ie; E-mail: medsafety@hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

5 How to store Asacol[®]

Keep this medicine out of the sight and reach of children. Store in the original package to protect from moisture and do not store above 25°C.

Do not take this medicine after the expiry date which is stated on the blister and carton after "Expiry date:" or "Exp" in the form of MM.YYYY (month - year). The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6 Contents of the pack and other information**What Asacol[®] contains**

- The active substance is mesalazine.
Each tablet contains 400 mg mesalazine.

The other ingredients are:

Tablet core
- lactose monohydrate
- sodium starch glycolate (Type A)
- magnesium stearate (Vegetable origin)
- talc E553b
- povidone E1201

Tablet coat

- methacrylic acid – methylmethacrylate copolymer (1:2)
- talc E553b
- triethyl citrate
- iron oxides E172
- macrogol 6000.

What Asacol[®] looks like and contents of the pack

Asacol[®] 400 mg Gastro-resistant Tablets come in blister strips of ten tablets, which are packed as 100 tablets per carton.

Product procured from within the EU, repackaged and distributed by the Parallel Product Authorisation Holder: Lexon (UK) Limited, Unit 18, Oxleasow Road, East Moons Moat, Redditch, Worcestershire, B98 0RE, UK.

The manufacturer is:

Haupt Pharma Wulding GmbH, D-31028 Gronau, Germany.
Rottendorf Pharma GmbH, Ostfelder Strasse 51-61, 59320 Ennigerloh, Germany

Asacol[®] is a registered trademark of, Tillotts Pharma AG.

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**Blind or partially sighted?
Is this leaflet hard to see or read?
Phone Lexon (UK) Limited,
Tel: +44 (0)1527 505414 for help.**

In addition you may wish to contact the National Association for Colitis and Crohn's Disease which offers information, advice and local support groups. Irish Society for Colitis and Crohn's Disease Carmichael House, North Brunswick Street, DUBLIN 7.