

PATIENT INFORMATION LEAFLET

Imdur® 60mg Prolonged-release Tablets (isosorbide mononitrate)

Your medicine is available using the name Imdur 60mg prolonged release Tablets, but will be referred to as Imdur throughout this leaflet.

Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Imdur is and what it is used for
2. Before you take Imdur
3. How to take Imdur
4. Possible side effects
5. How to store Imdur
6. Further information

1. What Imdur is and what it is used for

Imdur contains a medicine called isosorbide mononitrate. This belongs to a group of medicines called 'nitrates'.

- It is used to prevent chest pain (angina).
- It works by making the blood vessels relax and widen. This makes it easier for the heart to pump blood around the body.

The tablets are made so that they release the medicine slowly over a number of hours.

2. Before you take Imdur

Do not take Imdur if:

- You are allergic (hypersensitive) to isosorbide mononitrate or any of the other ingredients of Imdur (listed in Section 6: Further information).
- You have ever had a stroke.
- You have low blood pressure.
- You have severe anaemia.
- You have a heart problem called 'cardiomyopathy' or 'pericarditis' or you have narrow heart valves.

Do not take Imdur if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Imdur.

Take special care with Imdur

Check with your doctor or pharmacist before taking Imdur if:

- You have ever had any serious damage to your heart, such as a heart attack or operation.

Taking other medicines

Please tell your doctor or pharmacist if you are taking, or have recently taken any other medicines. This includes medicines that you buy without a prescription and herbal medicines. This is because Imdur can affect the way some medicines work and some medicines can have an effect on Imdur.

Do not take Imdur if you are taking the following medicine:

- Sildenafil (used for male impotence).

If this applies to you, talk to your doctor.

Pregnancy and breast-feeding

Talk to your doctor before taking this medicine if you are pregnant, may become pregnant or are breast-feeding. Your doctor will decide if this medicine is suitable for you.

Driving and using machines

You may feel dizzy after taking Imdur. If this happens, do not drive or use any tools or machines.

3. How to take Imdur

Always take Imdur exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Do not give these tablets to children.

Taking this medicine

- Swallow the tablets whole or broken in half (if this is easier to swallow).
- Take the tablets with half a glass of water.
- Do not crush or chew the tablets.

How much to take

- The usual dose is one or two tablets a day.
- Take the medicine in the morning.
- The blister strips are marked with the days of the week. If you are taking two tablets a day, make sure you take one tablet from each strip marked with the same day of the week.

You must not take Imdur for a sudden attack of angina. If you have a sudden attack, take a glyceryl trinitrate tablet (follow the instructions given on the label).

Very occasionally, some people see the remains of the tablet in their bowel motions. This is quite normal and does not mean that the medicine has not been released.

If you take more Imdur than you should

If you take more Imdur than you should, talk to a doctor or go to a hospital straight away. Take the medicine pack with you so the tablets can be identified.

If you forget to take Imdur

- If you forget a dose, take it as soon as you remember it. However, if it is nearly time for the next dose, skip the missed dose.
- Do not take a double dose (two doses at the same time) to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Imdur can cause side effects, although not everybody gets them. The following side effects may happen with this medicine:

- Headaches.
- Feeling sick (nausea).
- Feeling dizzy.

The above problems usually disappear with time.

Rarely you may have a rash or itching.

Very rarely you may have muscle pain.

Do not be concerned by this list of possible side effects, you may not get any of them. If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. How to store Imdur

- Do not take your tablets after the expiry date shown on the carton and blister label.
- Store out of the reach and sight of children.
- Do not store above 30°C.
- Remember to return any unused tablets to your pharmacist (chemist) for safe disposal.
- If your tablets appear to be discoloured or show any other signs of deterioration, please return these to your pharmacist (chemist) who will advise you further.

6. Further information

What Imdur Tablets contain

Each film-coated prolonged-release tablet contains 60mg isosorbide mononitrate as the active ingredient.

Each film-coated prolonged-release tablet also contains the following inactive ingredients: sodium aluminium silicate, paraffin special, hypolose, magnesium stearate, colloidal anhydrous silica, hypromellose, macrogol 6000, titanium dioxide (E171) and iron oxide yellow (E172).

What Imdur look like and contents of the pack

Imdur are yellow, oval, bi-convex, film-coated, prolonged-release tablets, scored on both sides, engraved 'A/ID' on side, and plain on the other.

Imdur 60mg Prolonged-release Tablets are available in blister packs containing 28 tablets.

Imdur is manufactured by: AstraZeneca AB, Soedertaelje, Sweden or
AstraZeneca GmbH, Plankstadt, Germany or
AstraZeneca AB, Umea, Sweden.

Procured from within the EU by the Parallel Product Authorisation holder: Imbat Ltd, Unit L2, North Ring Business Park, Santry, Dublin 9.

The product is repackaged by: Doncaster Pharmaceuticals Group Ltd, Kirk Sandall, Doncaster, South Yorkshire, DN3 1QR, UK.
Distributed by: Eurodrug Ltd, Santry, Dublin 9.

PPA No: 1151/27/1

Leaflet revision and issue date: [08.02.12](#)

Imdur[®] is a registered trademark of AstraZeneca AB, Sweden.

P9490