

Chart for ongoing monitoring during methylphenidate (MPH) treatment

As outlined in the prescribing information in more detail, growth, psychiatric and cardiovascular status should be regularly monitored:

- Blood pressure and pulse should be recorded at each adjustment of dose and then at least every 6 months
- Height, weight and appetite should be recorded at least 6-monthly with maintenance of a growth chart
- Development of *de novo* or worsening of pre-existing psychiatric disorders should be monitored at every adjustment of dose and then at least every 6 months and at every visit

Date of initial assessment: _____ Patient name: _____
 Date of birth: _____ Age: _____ Gender: _____

	Baseline	Subsequent appointments										
Date of assessment												
Reason for assessment												
Blood pressure*												
Heart rate*												
Body weight (kg)**												
Height (cm)**												
Appetite**												

*Blood pressure and heart rate should be recorded at each adjustment of dose and then at least every 6 months

**Height, weight and appetite should be recorded at least 6-monthly with maintenance of a growth chart