

PACKAGE LEAFLET: INFORMATION FOR THE USER

Dalacin® C 150mg Hard Capsules

clindamycin (as clindamycin hydrochloride)

Read all of this leaflet carefully before you start using this medicine

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or your pharmacist.
- This medicine has been prescribed for you. Do not pass it onto others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or your pharmacist.

The name of your medicine is Dalacin C 150mg Hard Capsules but it will be referred to as Dalacin throughout this leaflet.

In this leaflet:

1. What Dalacin is and what it is used for
2. Before you take Dalacin
3. How to take Dalacin
4. Possible side effects
5. How to store Dalacin
6. Further Information

1. What Dalacin is and what it is used for

Dalacin contains clindamycin hydrochloride which is an antibiotic used in the treatment of serious bacterial infections.

2. Before you take Dalacin

Do not take Dalacin if:

- You are allergic (hypersensitive) to clindamycin, lincomycin or to any of the other ingredients in this medicine.
- You are experiencing diarrhoea or suffer from intestinal inflammatory disease.
- You are taking erythromycin to treat an infection.

Take special care with Dalacin

Tell your doctor if you have any of the following conditions to help him or her decide if Dalacin is suitable for you:

- You have diarrhoea or usually get diarrhoea when you take antibiotics, or have ever suffered from problems with your stomach or intestines. If you develop diarrhoea during or after using Dalacin stop taking the capsules and **tell your doctor immediately**. This may be a sign of bowel inflammation (*pseudomembranous colitis*) which can occur following treatment with antibiotics.
- you suffer from problems with your kidneys or liver
- you suffer from asthma, eczema or hay fever.

Dalacin does not get into the brain and is therefore not suitable for treating serious infections in and around the brain. Your doctor may need to give you another antibiotic if you have these infections.

Taking other medicines

Some medicines can affect the way this medicine works, or the medicine itself can reduce the effectiveness of other medicines taken at the same time. These include:

- erythromycin (an antibiotic).
- muscle relaxants used during operations
- oral contraceptive pills. You should use extra contraception such as condoms whilst taking Dalacin C Capsules and for seven days after taking Dalacin C Capsules.
- Warfarin or similar medicines – used to thin the blood. You may be more likely to have a bleed. Your doctor may need to take regular blood tests to check how well your blood can clot.

Please tell your doctor if you are taking or have recently taken any other medicines including medicines obtained without a prescription.

Taking Dalacin with food and drink

The capsules may be taken either before or after a meal.

Pregnancy

If you are pregnant or think you might be pregnant you should contact your doctor **before** taking Dalacin.

Ask your doctor or pharmacist for advice before taking any medicine.

Breast-feeding

Tell your doctor if you will be breast-feeding while taking Dalacin as the active substance in this medicine may be passed into breast milk. Your doctor will decide if Dalacin is appropriate for you. Although it is not likely that a nursing infant will take in very much of the active substance from the milk it drinks, if your baby gets bloodstained diarrhoea or shows any signs of illness, tell your doctor at once. You should stop breast-feeding if this happens.

Driving and using machines

No effects on the ability to drive or use machines have been seen with Dalacin.

Important information about some of the ingredients of Dalacin Capsules

Dalacin Capsules contains lactose a type of sugar. If you have been told that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

3. How to take Dalacin

Always use Dalacin exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure how to use this medicine.

Dalacin Capsules should always be swallowed whole and washed down with a full glass of water.

Adults and Elderly Patients

The recommended dose of Dalacin is between 150 and 300mg (1 to 2 capsules) every 6 hours, depending on the severity of your infection.

Long term use of Dalacin

If you have to take Dalacin for a long time, your doctor may arrange regular liver, kidney and blood tests. Do not miss these check-ups with your doctor. Long term use can also make you more likely to get other infections that do not respond to Dalacin treatment.

If you take more Dalacin Capsules than you should

If you accidentally take too many Dalacin Capsules contact your doctor at once or go to the nearest hospital casualty department. Always take the labeled medicine package with you, whether there are any Dalacin Capsules left or not. Do not take any more capsules until your doctor tells you to.

If you miss a dose of Dalacin

If the forgotten dose is just a few hours late, use it straight away. If it is nearly time for your next dose miss out the forgotten one.

Do not take a double dose to make up for a missed dose.

If you stop taking Dalacin

If you stop taking the medicine too soon your infection may come back again or get worse. Do not stop taking Dalacin unless your doctor tells you to.

If you have any further questions on how to take this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Dalacin can cause side effects, although not everybody gets them.

Tell your doctor immediately if you develop:

- signs of a severe allergic reaction such as sudden wheeziness, difficulty in breathing, swelling of eyelids, face or lips, rash or itching (especially affecting the whole body).
- severe persistent or bloody diarrhoea. This may occur with some antibiotics and should be reported immediately.
- blistering and peeling of large areas of skin
- yellowing of the skin and whites of the eyes (jaundice).

Other possible side effects may include:

Common (may affect up to 1 in 10 people):

- Liver function tests may be affected (poor liver function)
- Pain in the stomach / abdomen, diarrhea

Uncommon (may affect up to 1 in 100 people)

- Feeling sick, throwing up
- Hives, small, flat, red spots on your skin

Frequency not known, but may also occur:

- Reduced number of blood cells which may cause bruising or bleeding or weaken the immune system, reduced platelet, throat ulcer, inflammation or swelling of the throat (sore throat), change of sense of taste. skin lesion, itchy skin, skin rash, Inflammation of the vagina, blistering of the skin

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly (see details). By reporting side effects you can help provide more information on the safety of this medicine.

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5. How to store Dalacin

Keep out of the sight and reach of children
Do not use Dalacin after the expiry date which is stated on the carton and blister labels after 'Exp'. The expiry date refers to the last day of that month. Do not store above 25°C.
Do not use Dalacin if the capsules are cracked, soft or stuck together.
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

What Dalacin contains

The active substance is clindamycin. Each capsule contains clindamycin hydrochloride equivalent to 150mg of clindamycin.

The other ingredients are lactose monohydrate, maize starch, talc, magnesium stearate.

Capsule shell: gelatin and titanium dioxide (E171).

What Dalacin looks like and contents of the pack

Dalacin are hard gelatine capsules with an opaque white body and an opaque white cap containing a white to off-white powder. The capsule is imprinted with 'CLIN 150' and 'Pfizer'. Each pack contains 12 capsules.

Manufactured by: Valdepharm, 27100 Val De Reuil, France.

Procured from within the EU and repackaged by PPA holder: B&S Healthcare, Unit 4, Bradfield Road, Ruislip, Middlesex, HA4 0NU, UK.

Dalacin® C 150mg Hard Capsules
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