

# Summary of Product Characteristics

## 1 NAME OF THE MEDICINAL PRODUCT

Memantine Grindeks 10 mg film-coated tablets

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

One film-coated tablet contains 10 mg memantine hydrochloride equivalent to 8.3 mg memantine.

### Excipient with known effect:

One film-coated tablet contains 166.44 mg lactose (as monohydrate).

For the full list of excipients, see section 6.1.

## 3 PHARMACEUTICAL FORM

Film-coated tablet (tablet).

White to off-white biconvex film-coated oblong tablets with rounded ends, concave in the middle and breakline on both sides. Tablet size: length approximately 12.7 mm, height 3.7 mm.

The tablet can be divided into equal doses.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic indications

Moderate and severe Alzheimer's disease.

### 4.2 Posology and method of administration

Treatment should be initiated and supervised by a physician experienced in the diagnosis and treatment of Alzheimer's dementia.

Therapy should only be started if a caregiver is available who will regularly monitor the intake of the medicinal product by the patient. Diagnosis should be made according to current guidelines.

The tolerance and dosing of memantine should be reassessed on a regular basis, preferably within three months after start of treatment. Thereafter, the clinical benefit of memantine and the patient's tolerance of treatment should be reassessed on a regular basis according to current clinical guidelines. Maintenance treatment can be continued for as long as a therapeutic benefit is favourable and the patient tolerates treatment with memantine. Discontinuation of memantine should be considered when evidence of a therapeutic effect is no longer present or if the patient does not tolerate treatment.

### Posology

#### *Adults*

#### Dose titration

The maximum daily dose is 20 mg. In order to reduce the risk of undesirable effects, the maintenance dose is achieved by upward titration of 5 mg per week over the first 3 weeks as follows:

**Table 1 Dose titration**

<b>Weeks (days)</b>	<b>Dosage</b>
Week 1 (day 1-7)	Half a 10 mg film-coated tablet (5 mg) daily for 7 days.
Week 2 (day 8-14)	One 10 mg film-coated tablet (10 mg) daily for 7 days.
Week 3 (day 15-21)	One and a half 10 mg film-coated tablets (15 mg) daily for 7 days.
From Week 4 on	Two 10 mg film-coated tablets (20 mg) daily.

### Maintenance dose

The recommended maintenance dose is 20 mg daily.

### *Elderly*

On the basis of the clinical studies, the recommended dose for patients over the age of 65 years is 20 mg daily (two 10 mg film-coated tablets once a day) as described above.

### *Patients with renal impairment*

In patients with mild renal impairment (creatinine clearance 50-80 ml/min) no dose adjustment is required. In patients with moderate renal impairment (creatinine clearance 30-49 ml/min) the dose should be 10 mg daily. If tolerated well after at least 7 days of treatment, the dose could be increased up to 20 mg daily according to standard titration scheme. In patients with severe renal impairment (creatinine clearance 5-29 ml/min) the dose should be 10 mg daily.

### *Patients with hepatic impairment*

In patients with mild or moderate hepatic impairment (Child-Pugh A and Child-Pugh B), no dose adjustment is needed. No data on the use of memantine in patients with severe hepatic impairment are available. Administration of Memantine Grindeks is not recommended in patients with severe hepatic impairment.

### *Paediatric population*

Memantine is not recommended for use in children less than 18 years of age due to lack of safety and efficacy data.

### Method of administration

For oral use. Memantine Grindeks should be administered once a day and should be taken at the same time every day. The film-coated tablets can be taken with or without food.

## **4.3 Contraindications**

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

## **4.4 Special warnings and precautions for use**

Caution is recommended in patients with epilepsy, former history of convulsions or patients with predisposing factors for epilepsy.

Concomitant use of N-methyl-D-aspartate (NMDA) antagonists such as amantadine, ketamine or dextromethorphan should be avoided. These compounds act at the same receptor system as memantine, and therefore adverse reactions (mainly central nervous system (CNS) related) may be more frequent or more pronounced (see section 4.5).

Some factors that may raise urine pH (see section 5.2 *Elimination*) may necessitate careful monitoring of the patient. These factors include drastic changes in diet, e.g. from a carnivore to a vegetarian diet, or a massive ingestion of alkalisating gastric buffers. Also, urine pH may be elevated by states of renal tubular acidosis (RTA) or severe infections of the urinary tract with *Proteus* bacteria.

In most clinical trials, patients with recent myocardial infarction, uncompensated congestive heart failure (NYHA III-IV), or uncontrolled hypertension were excluded. As a consequence, only limited data are available and patients with these conditions should be closely supervised.

Memantine Grindeks tablets contain lactose (as monohydrate). Patients with rare hereditary problems of galactose intolerance, the total lactase deficiency or glucose-galactose malabsorption should not take this medicine.

## **4.5 Interaction with other medicinal products and other forms of interaction**

Due to the pharmacological effects and the mechanism of action of memantine the following interactions may occur:

- The mode of action suggests that the effects of L-dopa, dopaminergic agonists, and anticholinergics may be enhanced by concomitant treatment with NMDA-antagonists such as memantine. The effects of barbiturates and antipsychotics may be reduced. Concomitant administration of memantine with the antispasmodic agents, dantrolene or baclofen, can modify their effects and a dose adjustment may be needed.

- Concomitant use of memantine and amantadine should be avoided, owing to the risk of pharmacotoxic psychosis. Both compounds are chemically related NMDA-antagonists. The same may be true for ketamine and dextromethorphan (see section 4.4). There is one published case report on a possible risk also for the combination of memantine and phenytoin.
- Other active substances such as cimetidine, ranitidine, procainamide, quinidine, quinine and nicotine that use the same renal cationic transport system as amantadine may also possibly interact with memantine leading to a potential risk of increased plasma levels.
- There may be a possibility of reduced serum level of hydrochlorothiazide (HCT) when memantine is co-administered with HCT or any combination with HCT.
- In post-marketing experience, isolated cases with international normalized ratio (INR) increases have been reported in patients concomitantly treated with warfarin. Although no causal relationship has been established, close monitoring of prothrombin time or INR is advisable for patients concomitantly treated with oral anticoagulants.

In single-dose pharmacokinetic studies in young healthy subjects, no relevant active substance interaction of memantine with glyburide/metformin or donepezil was observed.

In a clinical study in young healthy subjects, no relevant effect of memantine on the pharmacokinetics of galantamine was observed.

Memantine did not inhibit CYP 1A2, 2A6, 2C9, 2D6, 2E1, 3A, flavin containing monooxygenase, epoxide hydrolase or sulphation *in vitro*.

#### 4.6 Fertility, pregnancy and lactation

##### Pregnancy

There are no clinical data available on the use of memantine during pregnancy. Animal studies indicate a potential for reducing intrauterine growth at exposure levels, which are identical or slightly higher than at human exposure (see section 5.3). The potential risk for humans is unknown. Memantine should not be used during pregnancy unless clearly necessary.

##### Breast-feeding

It is not known whether memantine is excreted in human breast milk. However, taking into consideration the lipophilicity of the substance, this probably occurs. Women taking memantine should not breast-feed.

#### 4.7 Effects on ability to drive and use machines

Moderate to severe Alzheimer's disease usually causes impairment of driving performance and compromises the ability to use machinery. Moreover, Memantine Grindeks has minor to moderate influence on the ability to drive and use machines. Therefore, outpatients should be warned to take special care.

#### 4.8 Undesirable effects

In clinical trials in mild to severe dementia, involving 1,784 patients treated with memantine and 1,595 patients treated with placebo, the overall incidence rate of adverse reactions with memantine did not differ from those with placebo; the adverse reactions were usually mild to moderate in severity. The most frequently occurring adverse reactions with a higher incidence in the memantine group than in the placebo group were dizziness (6.3 % vs 5.6 %, respectively), headache (5.2 % vs 3.9 %), constipation (4.6 % vs 2.6 %), somnolence (3.4 % vs 2.2 %) and hypertension (4.1 % vs 2.8 %).

Adverse reactions are presented according to the MedDRA system organ class database and frequency convention as follows: very common ( $\geq 1/10$ ), common ( $\geq 1/100$  to  $< 1/10$ ), uncommon ( $\geq 1/1,000$  to  $< 1/100$ ), rare ( $\geq 1/10,000$  to  $< 1/1,000$ ), very rare ( $< 1/10,000$ ), not known (cannot be estimated from the available data).

Within each frequency grouping, undesirable effects are presented in order of decreasing seriousness.

**Table 2 Adverse reactions from clinical studies and post-marketing experience**

System organ class	Frequency	Adverse reactions
Infections and infestations	Uncommon	Fungal infections
Immune system disorders	Common	Drug hypersensitivity
Psychiatric disorders	Common	Somnolence

	Uncommon	Confusion, hallucinations <sup>1</sup>
	Not known	Psychotic reactions <sup>2</sup>
Nervous system disorders	Common	Dizziness, balance disorders
	Uncommon	Gait abnormal
	Very rare	Seizures
Cardiac disorders	Uncommon	Cardiac failure
Vascular disorders	Common	Hypertension
	Uncommon	Venous thrombosis/thromboembolism
Respiratory, thoracic and mediastinal disorders	Common	Dyspnoea
Gastrointestinal disorders	Common	Constipation
	Uncommon	Vomiting
	Not known	Pancreatitis <sup>2</sup>
Hepatobiliary disorders	Common	Elevated liver function test
	Not known	Hepatitis
General disorders and administration site conditions	Common	Headache
	Uncommon	Fatigue

<sup>1</sup> Hallucinations have mainly been observed in patients with severe Alzheimer's disease.

<sup>2</sup> Isolated cases reported in post-marketing experience.

Alzheimer's disease has been associated with depression, suicidal ideation and suicide. In post-marketing experience these events have been reported in patients treated with memantine.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRC Pharmacovigilance, Website: [www.hpra.ie](http://www.hpra.ie).

#### **4.9 Overdose**

Experience with memantine overdose is limited.

##### *Symptoms*

Relative large overdoses (200 mg and 105 mg/day for 3 days, respectively) have been associated with either only symptoms of tiredness, weakness and/or diarrhoea or no symptoms. In the overdose cases below 140 mg or unknown dose the patients revealed symptoms from CNS (confusion, drowsiness, somnolence, vertigo, agitation, aggression, hallucination, and gait disturbance) and/or of gastrointestinal origin (vomiting and diarrhoea).

In the most extreme case of overdose, the patient survived the oral intake of a total of 2000 mg memantine with effects on the CNS (coma for 10 days, and later diplopia and agitation). The patient received symptomatic treatment and plasmapheresis, and recovered without permanent sequelae.

In another case of a large overdose, the patient also survived and recovered after receiving 400 mg memantine orally. The patient experienced CNS symptoms such as restlessness, psychosis, visual hallucinations, proconvulsiveness, somnolence, stupor, and unconsciousness.

##### *Treatment*

Treatment should be symptomatic. No specific antidote is available. Standard clinical procedures to remove active substance such as gastric lavage, *carbo medicinalis* (interruption of potential enterohepatic recirculation), acidification of urine, forced diuresis should be used, as appropriate.

In case of signs and symptoms of general CNS overstimulation, careful symptomatic clinical treatment should be considered.

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: Other anti-dementia drugs, ATC code: N06DX01

There is increasing evidence that malfunctioning of glutamatergic neurotransmission, in particular at NMDA-receptors, contributes to both expression of symptoms and disease progression in neurodegenerative dementia.

Memantine is a voltage-dependent, moderate-affinity uncompetitive NMDA-receptor antagonist. It modulates the effects of pathologically elevated tonic levels of glutamate that may lead to neuronal dysfunction.

#### Clinical studies

A pivotal monotherapy study in a population of patients suffering from moderate to severe Alzheimer's disease (mini mental state examination (MMSE) total scores at baseline of 3-14) included a total of 252 outpatients. The study showed beneficial effects of memantine treatment in comparison to placebo at 6 months (observed cases analysis for the clinician's interview based impression of change (CIBIC-plus):  $p=0.025$ ; Alzheimer's disease cooperative study - activities of daily living (ADCS-ADLsev):  $p=0.003$ ; severe impairment battery (SIB):  $p=0.002$ ).

A pivotal monotherapy study of memantine in the treatment of mild to moderate Alzheimer's disease (MMSE total scores at baseline of 10-22) included 403 patients. Memantine-treated patients showed a statistically significantly better effect than placebo-treated patients on the primary endpoints: Alzheimer's disease assessment scale (ADAS-cog) ( $p=0.003$ ) and CIBIC-plus ( $p=0.004$ ) at week 24 (last observation carried forward (LOCF)). In another monotherapy study in mild to moderate Alzheimer's disease a total of 470 patients (MMSE total scores at baseline of 11-23) were randomised. In the prospectively defined primary analysis statistical significance was not reached at the primary efficacy endpoint at week 24.

A meta-analysis of patients with moderate to severe Alzheimer's disease (MMSE total scores  $<20$ ) from the six phase III, placebo-controlled, 6-month studies (including monotherapy studies and studies with patients on a stable dose of acetylcholinesterase inhibitors) showed that there was a statistically significant effect in favour of memantine treatment for the cognitive, global, and functional domains. When patients were identified with concurrent worsening in all three domains, results showed a statistically significant effect of memantine in preventing worsening, as twice as many placebo-treated patients as memantine-treated patients showed worsening in all three domains (21 % vs 11 %,  $p<0.0001$ ).

## **5.2 Pharmacokinetic properties**

#### Absorption

Memantine has an absolute bioavailability of approximately 100 %.  $T_{max}$  is between 3 and 8 hours. There is no indication that food influences the absorption of memantine.

#### Distribution

Daily doses of 20 mg lead to steady-state plasma concentrations of memantine ranging from 70 to 150 ng/ml (0.5-1.0 micromol) with large interindividual variations. When daily doses of 5 to 30 mg were administered, a mean cerebrospinal fluid (CSF)/serum ratio of 0.52 was calculated. The volume of distribution is approximately 10 l/kg. About 45 % of memantine is bound to plasma proteins.

#### Biotransformation

In man, about 80 % of the circulating memantine-related material is present as the parent compound. Main human metabolites are N-3,5-dimethyl-gludantan, the isomeric mixture of 4- and 6-hydroxy-memantine, and 1-nitroso-3,5-dimethyl-adamantane. None of these metabolites exhibit NMDA-antagonistic activity. No cytochrome P450 catalysed metabolism has been detected *in vitro*.

In a study using orally administered  $^{14}C$ -memantine, a mean of 84 % of the dose was recovered within 20 days, more than 99 % being excreted renally.

#### Elimination

Memantine is eliminated in a monoexponential manner with a terminal  $t_{1/2}$  of 60 to 100 hours. In volunteers with normal kidney function, total clearance ( $Cl_{tot}$ ) amounts to 170 ml/min/1.73 m<sup>2</sup> and part of total renal clearance is achieved by tubular secretion.

Renal handling also involves tubular reabsorption, probably mediated by cation transport proteins. The renal elimination rate of memantine under alkaline urine conditions may be reduced by a factor of 7 to 9 (see section 4.4). Alkalisiation of urine may result from drastic changes in diet, e.g. from a carnivore to a vegetarian diet, or from the massive ingestion of alkalisating gastric buffers.

#### Linearity/non-linearity

Studies in volunteers have demonstrated linear pharmacokinetics in the dose range of 10 to 40 mg.

### Pharmacokinetic/pharmacodynamic relationship(s)

At a dose of memantine of 20 mg daily the CSF levels match the  $k_i$  value ( $k_i$  = inhibition constant) of memantine, which is 0.5 micromol in human frontal cortex.

## 5.3 Preclinical safety data

In short term studies in rats, memantine like other NMDA-antagonists have induced neuronal vacuolisation and necrosis (Olney lesions) only after doses leading to very high peak serum concentrations. Ataxia and other preclinical signs have preceded the vacuolisation and necrosis. As the effects have neither been observed in long term studies in rodents nor in non-rodents, the clinical relevance of these findings is unknown.

Ocular changes were inconsistently observed in repeated dose toxicity studies in rodents and dogs, but not in monkeys. Specific ophthalmoscopic examinations in clinical studies with memantine did not disclose any ocular changes.

Phospholipidosis in pulmonary macrophages due to accumulation of memantine in lysosomes was observed in rodents. This effect is known from other active substances with cationic amphiphilic properties. There is a possible relationship between this accumulation and the vacuolisation observed in lungs. This effect was only observed at high doses in rodents. The clinical relevance of these findings is unknown.

No genotoxicity has been observed following testing of memantine in standard assays. There was no evidence of any carcinogenicity in life long studies in mice and rats. Memantine was not teratogenic in rats and rabbits, even at maternally toxic doses, and no adverse effects of memantine were noted on fertility. In rats, foetal growth reduction was noted at exposure levels, which are identical or slightly higher than at human exposure.

## 6 PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

#### *Tablets core*

Lactose monohydrate  
Cellulose, microcrystalline  
Talc  
Silica, colloidal anhydrous  
Magnesium stearate

#### *Tablets film-coat*

Opadry II White 33G28707 which contains:

- Hypromellose (E 464)
- Titanium dioxide (E 171)
- Lactose monohydrate
- Macrogol 3000
- Triacetin

Carnauba wax

### 6.2 Incompatibilities

Not applicable.

### 6.3 Shelf life

2 years.

### 6.4 Special precautions for storage

This medicinal product does not require any special storage conditions.

### **6.5 Nature and contents of container**

PVC/PVDC/Alu blisters containing either 7 or 10 tablets per blister.

Pack sizes:

10, 14, 20, 28, 30, 40, 50, 56, 60, 90, 98, 100 or 112 tablets are packed per cardboard box.

Not all pack sizes may be marketed.

### **6.6 Special precautions for disposal**

No special requirements.

## **7 MARKETING AUTHORISATION HOLDER**

AS Grindeks  
Krustpils Iela 53  
Riga  
1057  
Latvia

## **8 MARKETING AUTHORISATION NUMBER**

PA22992/003/001

## **9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 5<sup>th</sup> March 2021

Date of last renewal: 7<sup>th</sup> December 2025

## **10 DATE OF REVISION OF THE TEXT**

September 2025