Package leaflet: Information for the patient

Mirabegron Ascend 50 mg prolonged-release tablets
mirabegron

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.
- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Mirabegron Ascend is and what it is used for
2. What you need to know before you take Mirabegron Ascend
3. How to take Mirabegron Ascend
4. Possible side effects
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6. Contents of the pack and other information

1. What Mirabegron Ascend is and what it is used for

Mirabegron Ascend contains the active substance mirabegron. It is a bladder muscle relaxant (a so called beta 3-adrenoceptor agonist), which reduces the activity of an overactive bladder and treats the related symptoms.

Mirabegron Ascend is used to treat the symptoms of an overactive bladder in adults such as:
- suddenly needing to empty your bladder (called urgency)
- having to empty your bladder more than usual (called increased urinary frequency)
- not being able to control when to empty your bladder (called urgency incontinence)

2. What you need to know before you take Mirabegron Ascend

Do not take Mirabegron Ascend:
- if you are allergic to mirabegron or any of the other ingredients of this medicine (listed in section 6)
- if you have very high uncontrolled blood pressure.

Warnings and precautions
Talk to your doctor or pharmacist before taking Mirabegron Ascend:
- if you have trouble emptying your bladder or you have a weak urine stream or if you take other medicines for the treatment of overactive bladder such as anticholinergic medicines.
- if you have kidney or liver problems. Your doctor may need to reduce your dose or may tell you not to take Mirabegron Ascend, especially if you are taking other medicines such as itraconazole, ketoconazole (fungal infections), ritonavir (HIV/AIDS) or clarithromycin (bacterial infections). Tell your doctor about the medicines that you take.
- if you have an ECG (heart tracing) abnormality known as QT prolongation or you are taking any medicine known to cause this such as:

- medicines used for abnormal heart rhythm such as quinidine, sotalol, procainamide, ibutilide, flecainide, dofetilide, and amiodarone;
- medicines used for allergic rhinitis;
- antipsychotic medicines (medicines for mental illness) such as thioridazine, mesoridazine, haloperidol, and chlorpromazine;
- anti-infectives such as pentamidine, moxifloxacin, erythromycin, and clarithromycin.

Mirabegron may cause your blood pressure to increase or make your blood pressure worse if you have a history of high blood pressure. It is recommended that your doctor check your blood pressure while you are taking Mirabegron.

Children and adolescents
Do not give this medicine to children and adolescents under the age of 18 years because the safety and efficacy of Mirabegron Ascend in this age group has not been established.

Other medicines and Mirabegron Ascend
Tell your doctor or pharmacist if you are taking, have recently used or might use any other medicines.

Mirabegron Ascend may affect the way other medicines work, and other medicines may affect how this medicine works.
- Tell your doctor if you use thioridazine (a medicine for mental illness), propafenone or flecainide (medicines for abnormal heart rhythm), imipramine or desipramine (medicines used for depression). These specific medicines may require dose adjustment by your doctor.
- Tell your doctor if you use digoxin (a medicine for heart failure or abnormal heart rhythm). Blood levels of this medicine are measured by your doctor. If the blood level is out of range, your doctor may adjust the dose of digoxin.
- Tell your doctor if you use dabigatran etexilate (a medicine which is used to reduce the risk of brain or body vessel obstruction by blood clot formation in adult patients with an abnormal heart beat (atrial fibrillation) and additional risk factors). This medicine may require dose adjustment by your doctor.

Pregnancy and breast-feeding
If you are pregnant, think you may be pregnant or are planning to have a baby you should not take Mirabegron Ascend.

If you are breast-feeding, ask your doctor or pharmacist for advice before taking this medicine. It is likely that this medicine passes into your breast milk. You and your doctor should decide if you should take Mirabegron Ascend or breastfeed. You should not do both.

Driving and using machines
There is no information to suggest that this medicine affects your ability to drive or use machines.

Mirabegron Ascend contains sodium
This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially ‘sodium-free’.

3. How to take Mirabegron Ascend

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is one 50 mg tablet by mouth once daily. If you have kidney or liver problems, your doctor may need to reduce your dose to one 25 mg tablet by mouth once daily.

Do not split the 50 mg tablet to obtain a lower dose. If you need a lower dose, other products containing 25 mg mirabegron are available on the market.

You should take this medicine with liquids and swallow the tablet whole. Do not crush or chew the tablet. Mirabegron Ascend can be taken with or without food.

If you take more Mirabegron Ascend than you should
If you have taken more tablets than you have been told to take, or if someone else accidentally takes your tablets, contact your doctor, pharmacist or hospital for advice immediately.

Symptoms of overdose may include a forceful beating of the heart, an increased pulse rate or an increased blood pressure.

If you forget to take Mirabegron Ascend
If you forget to take your medicine, take the missed dose as soon as you remember. If it is less than 6 hours before your next scheduled dose, skip the dose and continue to take your medicine at the usual time.

Do not take a double dose to make up for a forgotten dose. If you miss several doses, tell your doctor and follow the advice given to you.

If you stop taking Mirabegron Ascend
Do not stop treatment with Mirabegron Ascend early if you do not see an immediate effect. Your bladder might need some time to adapt. You should continue taking your tablets. Do not stop taking them when your bladder condition improves. Stopping treatment may result in recurrence of symptoms of overactive bladder.

Do not stop taking Mirabegron Ascend without talking to your doctor first, as your overactive bladder symptoms may come back.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The most serious side effects may include irregular heart beat (atrial fibrillation). This is an uncommon side effect (may affect up to 1 in 100 people), but if this side effect occurs, immediately stop taking the medicine and seek urgent medical advice.

If you get headaches, especially sudden, migraine-like (throbbing) headaches, tell your doctor. These may be signs of severely elevated blood pressure.

Other side effects include:

Common side effects (may affect up to 1 in 10 people)
- Increased heart rate (tachycardia)
- Infection of the structures that carry urine (urinary tract infections)
- Nausea
- Constipation
- Headache
- Diarrhoea
- Dizziness

Uncommon side effects (may affect up to 1 in 100 people)
- Bladder infection (cystitis)
- Feeling your heartbeat (palpitations)
- Vaginal infection
- Indigestion (dyspepsia)
- Infection of the stomach (gastritis)
- Swelling of the joints
- Itching of the vulva or vagina (vulvovaginal pruritus)
- Increased blood pressure
- Increase in liver enzymes (GGT, AST and ALT)
- Itching, rash or hives (urticaria, rash, rash macular, rash papular, pruritus)

Rare side effects (may affect up to 1 in 1,000 people)
- Swelling of the eyelid (eyelid oedema)
- Swelling of the lip (lip oedema)
- Swelling of the deeper layers of the skin caused by a build-up of fluid, which can affect any part of the body including the face, tongue or throat and may cause difficulty in breathing (angioedema)
- Small purple spots on the skin (purpura)
- Inflammation of small blood vessels mainly affecting the skin (leukocytoclastic vasculitis) - Inability to completely empty the bladder (urinary retention)

Very rare side effects (may affect up to 1 in 10,000 people)
- Hypertensive crisis

Not known side effects (frequency cannot be estimated from the available data)
- Insomnia
- Confusion

Mirabegron Ascend may increase your chances of not being able to empty your bladder if you have bladder outlet obstruction or if you are taking other medicines to treat overactive bladder. Tell your doctor right away if you are unable to empty your bladder.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via: Ireland: HPRA Pharmacovigilance, Website: www.hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Mirabegron Ascend

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and blister or bottle label after EXP. The expiry date refers to the last day of that month.

Do not store above 25 °C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Mirabegron Ascend contains

- The active substance is mirabegron.
  Each prolonged-release tablet contains 50 mg of mirabegron.

- The other ingredients are:

  Tablet core:

  Cellulose, microcrystalline, Macrogol, Hydroxypropylcellulose, Butylhydroxytoluene, Silica colloidal anhydrous and Magnesium stearate

  Film coating

  Talc, Polyvinyl alcohol, Iron oxide yellow (E 172), Glyceryl monocaprylocaprate and sodium laurilsulfate

What Mirabegron Ascend looks like and contents of the pack

Mirabegron Ascend 50 mg are yellow, oval prolonged-release tablets, debossed with “MIR” on one side and “50” on other side.

Mirabegron Ascend is available in blisters containing 10, 20, 30, 50, 60, 90, 100 or 200 prolonged-release tablets or in a bottle with a desiccant containing 30 or 90 prolonged-release tablets.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

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