

# Fingolimod

## Pregnancy-Specific Reminder Card



This material fulfils the conditions of the marketing authorization and has been approved by the HPRA. Please see the patient information leaflet for more information available at [www.hpra.ie](http://www.hpra.ie)

Date of Preparation: November 2024  
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Version 1

## **Before starting fingolimod treatment**

**Fingolimod is contraindicated in pregnant women, women trying to become pregnant and women of child-bearing potential (including female adolescents) not using effective contraception.**

Before you start treatment, your doctor will inform you about the teratogenic risk (causes defects to unborn babies) and required actions to minimise this risk.

A pregnancy test must be conducted and the negative result verified by a doctor before starting treatment.

Your doctor will inform you about the need for effective contraception while on treatment and for 2 months after discontinuation. Talk to your doctor about the most effective contraception options available to you.

Please also read the Fingolimod Patient, Parent, Caregiver Guide provided by your doctor.

## **While you are taking fingolimod**

You must not become pregnant during treatment and for 2 months after discontinuing treatment.

You must use effective contraception while taking fingolimod and for 2 months after you stop taking fingolimod, to avoid becoming pregnant.

Pregnancy tests must be repeated at suitable intervals.

Your doctor will provide regular counselling about fingolimod's serious risks to the foetus.

If you become pregnant or if you want to become pregnant please discuss this with your doctor because fingolimod treatment must be discontinued.

In the event of a pregnancy your doctor will provide counselling.

Your doctor will give you medical advice regarding the harmful effects of fingolimod to the foetus and will provide an evaluation of the potential outcome.

## **After stopping fingolimod treatment**

Inform your doctor immediately if you believe your MS is getting worse (e.g. weakness or visual changes) or if you notice any new symptoms after stopping treatment with fingolimod due to pregnancy.

Effective contraception is needed for 2 months after stopping fingolimod treatment because of the length of time it takes for fingolimod to leave the body.

## **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet.

You can report side effects directly to HPRA Pharmacovigilance via [www.hpra.ie](http://www.hpra.ie)

By reporting side effects, you can help provide more information on the safety of this medicine.

All pregnancies and side effects may also be reported to Flynn Pharma Limited Medical Information on Tel No +44 (0)1438 727822 or by email to [medinfo@flynnpharma.com](mailto:medinfo@flynnpharma.com)

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