53.27 mm

85.02 mm

Please fill out this information for you and the healthcare professionals involved in your medical care or treatment.

Tuberculosis (TB) Tests and Treatment
(Check with your doctor if you do not know)

Mark this box if you have ever **had any test that was positive for TB**

☐ **Yes** ☐ **No**

Mark this box if you have ever **taken any medicines to treat or prevent TB:**

☐ **Yes** ☐ **No**

Please record the date and results of your last screening for TB below:

Tuberculin test:

Chest X-ray:

Please read the Yuflyma package leaflet for more information.
If you have any other questions, talk to your doctor or another healthcare professional.

Please keep a record of the brand name and batch number of the treatments you have received.

Your name:

Your doctor's name (who prescribed Yuflyma):

Your doctor's phone no:

Condition treated:

Date of your first injection:

Dose of your injection:

Date of your last injection
(if no longer taking Yuflyma):

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via HPRA Pharmacovigilance, website: www.hpra.ie

Side effects should also be reported to Celltrion Healthcare Ireland on (01) 564 5074 or via medinfoie@celltrionhc.com.

By reporting side effects, you can help provide more information on the safety of this medicine.

HEALTHCARE CELLTRION

This information card is is provided by Celltrion Healthcare Ireland as a condition of the Yuflyma marketing authorisation and has been approved by the HPRA.

Version 2.0 / IE-YUF-26-00009
Date of Preparation: March 2026

Yuflyma®
adalimumab

Adult Patient Reminder Card

This card contains selected important safety information that you need to know before and during your treatment with Yuflyma.

- Keep this card with you at all times and for up to 4 months after your last injection.
- Present this card to any doctor or healthcare professional that you see.
- Record information about any tuberculosis tests or treatment you have had inside of this card.

If you have any questions, speak to your doctor, nurse or pharmacist about your treatment.

Not all possible side effects are listed on this card. Please read the Yuflyma package leaflet or talk with your doctor, nurse or pharmacist for more information about side effects.

Fold Fold Fold

Introduction

Yuflyma (adalimumab) is a medicine that is intended to treat certain diseases that affect a part of the immune system. While this medicine can be effective in treating these diseases, some people can have one or more side effects. It is important to talk to your doctor about the possible benefits and possible side effects of taking adalimumab.
These can be different for each person.

- The purpose of this card is to tell you about some of the possible side effects of this medicine.
- Some of the serious side effects that could occur include infections, cancer, and nervous system problems.
- These are not all of the possible side effects of Yuflyma.

Before Treatment

Tell your doctor about any health problems you have and any medicines you take. This will help you and your doctor decide if Yuflyma is right for you.
Tell your doctor if you:

- Have an infection or symptoms of an infection. (such as fever, wounds, feeling tired, dental problems)
- Have tuberculosis or have been in close contact with someone with tuberculosis.
- Have or have had cancer.
- Have any numbness or tingling or have a problem that affects the nervous system, such as multiple sclerosis.
- Live or travel in regions where fungal infections (such as histoplasmosis, coccidioidomycosis or blastomycosis) are very common.

Your doctor should check you for signs and symptoms of tuberculosis before starting this treatment. You may need to be treated for tuberculosis before you start Yuflyma.

Vaccination

- You may receive vaccinations except for live vaccines.
- If you receive Yuflyma while you are pregnant, it is important that you inform your baby's doctor before your baby receives any vaccine.
- Your baby should not receive a 'live vaccine', such as BCG (used to prevent tuberculosis) within 5 months following your last injection during pregnancy.

During Treatment

To make sure that your medicine is working properly and safely for you, you should check in with your doctor regularly to discuss how you are doing. Tell the doctor right away about any changes in your condition.

Keep your doctor informed about how this medicine is working for you.

- **It is important to call your doctor right away about any unusual symptoms you may have.** This will help make sure you get the right care. It will also lower the chance of a side effect becoming worse.
- Many side effects, including infections, can be managed if you tell your doctor right away.
- If you get a side effect, your doctor will decide if you should continue or stop your treatment. It is important to talk with your doctor to find out what is right for you.
- Since side effects can happen after your last dose of Yuflyma, tell your doctor about any problems that you may have up to 4 months after your last injection.

Tell your doctor about:

- Any new medical conditions that you have.
- New medicines you are taking.
- Any surgery or operation that is planned for you.

Some people taking this medicine may get serious side effects, including:

Infections: Adalimumab helps people with certain inflammatory diseases. It does this by blocking a part of the immune system. However, this part of the immune system also helps fight infection. This means adalimumab can make you more likely to get infections or make any infection that you may have worse. This includes infections such as colds or more serious infections like tuberculosis.
Cancer: If you take adalimumab, the risk of getting certain types of cancer may increase.
Nervous system problems: Some people have developed new or worsening nervous system problems with adalimumab. This includes multiple sclerosis.

Please read the Yuflyma package leaflet for more information. These are not all of the possible side effects that may occur during treatment with this medicine.

Call your doctor or get medical care right away if you have any of the following symptoms of these possible serious side effects:

Infections: fever, chills, unusual sweating, feeling unwell or more tired than normal, feeling or being sick (such as nausea or vomiting), diarrhoea, stomach pain, loss of appetite or weight loss, cough or coughing up blood or mucus, shortness of breath, problems urinating, skin sores, wounds, muscle aches, dental problems.
Cancer: night sweats; swelling of the lymph nodes (swollen glands) in the neck, armpits, groin or other areas; weight loss; new skin lesions or change in skin lesions (such as moles or freckles) you already have; severe itchiness that cannot be explained.
Nervous system problems: numbness or tingling, vision changes, muscle weakness, unexplained dizziness.

These are not all of the possible symptoms of these side effects. Tell your doctor about any unusual symptoms that you have during treatment with this medicine. This includes any possible side effects not listed in the package leaflet.