Pomalidomide Pregnancy Prevention Programme

Male Risk Awareness Form

IRELAND

Version 1.0

Date of preparation of text: February 2025

Approved by HPRA: March 2025

RISK AWARENESS FORM FOR COUNSELLING THE PATIENT TO ENSURE THE PATIENT IS FULLY INFORMED ABOUT THE SAFE USE OF POMALIDOMIDE.

This Risk Awareness Form is to assist you with counselling a patient before they commence pomalidomide treatment in order to ensure it is used safely and correctly. It must be completed for each male prior to the initiation of their pomalidomide treatment.

The purpose of the risk awareness form is to protect patients and any possible foetuses by ensuring that patients are fully informed of and understand the risk of teratogenicity and other adverse drug reactions associated with the use of pomalidomide. It is mandatory that male patients receive counselling and education to be made aware of the risks of pomalidomide.

The form should be retained with their medical records, and a photocopy provided to the patient. It is not a contract and does not absolve anybody from his/her responsibilities regarding the safe use of the product and prevention of foetal exposure.

Warning: Pomalidomide must not be taken during pregnancy, since a teratogenic effect in humans is expected. Pomalidomide is structurally related to thalidomide. Thalidomide is a known human teratogen that causes severe life threatening birth defects. Pomalidomide was found to be teratogenic in both rats and rabbits when administered during the period of major organogenesis. The conditions of the Pregnancy Prevention Programme must be fulfilled for all patients unless there is reliable evidence that the patient does not have childbearing potential.

If pomalidomide is taken during pregnancy it is expected to cause severe birth defects or death to an unborn baby.

Patient Details

Patient's First Name:																		
Patient's Last Name:																		
Date of Birth:	DD)	MΛ	1	YY	YY	Co	uns	ellir	ng D	ate:		D	D	M	M	YY	ſΥ

Did you inform your patient:	Male
Of the need to avoid foetal exposure.	Tick
2) To not share the medicinal product with any other person.	Tick
3) That they should not donate blood during treatment (including during dose interruptions) and for at least 7 days following discontinuation of pomalidomide.	Tick
4) That they should return the unused capsules to the pharmacist at the end of treatment.	Tick
5) Of the effective contraceptive measures he or his female partner can use.	Tick
6) That pomalidomide is found in semen, so there is a need to use condoms if the sexual partner is pregnant or is a woman of childbearing potential not on effective contraception (even if the man has had a vasectomy) throughout treatment duration, during dose interruption and for at least 7 days after cessation of treatment.	Tick
7) That if his partner becomes pregnant, he should inform his treating prescriber immediately, his partner should be referred to a physician specialised or experienced in teratology for evaluation and advice.	Tick
8) That he should not donate semen during treatment (including during dose interruptions) and for at least 7 days following discontinuation of pomalidomide.	Tick
9) Of hazards and necessary precautions associated with use of pomalidomide.	Tick
10) Of the thromboembolic risk and possible requirement to take thromboprophylaxis during treatment with pomalidomide.	Tick

Can you confirm your patient:

Is capable of complying with contraceptive measures?	YES	NO	1
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Pregnancy Prevention

The patient confirms that:	
They will use a condom during intercourse with a woman of childbearing potential.	Tick
Their female partner is using an effective method of contraception.	Tick
Their female partner is of non-childbearing potential.	Tick
They are committed to complete and absolute abstinence.	Tick

Prescriber Confirmation

I have fully explained to the patient named overleaf the nature, purpose and risks of treatment associated with pomalidomide, especially the risks to women of childbearing potential.

I will comply with all my obligations and responsibilities as the prescriber of pomalidomide.

Prescriber's First Name:															
Prescriber's Last Name:															
Prescriber's Signature:								Da	ate:	Ĺ)D	٨	1M	Y	YYY

	Prescriber's Signature:		Date:	DD	MM	YYYY
P	Patient: please read thoroughly and initial the adjacent box if	yoı	J agre	e with	the sto	atemen
	I understand that severe birth defects may occur with the use of pomalidomide. I by my prescriber that any unborn baby has a high risk of birth defects and could is pregnant or becomes pregnant while taking pomalidomide.					Patient initials
	I have been told by my prescriber that I must NEVER have unprotected sexual contact or may become pregnant, whilst I am taking pomalidomide and for at least 7 days					Patient initials
	I understand that pomalidomide passes into human semen. If my partner is pregnar and she doesn't use effective contraception, I must use condoms throughout the dundose interruptions and for at least 7 days after I stop pomalidomide even if I have	tion	of my trea	atment, d		Patient initials
	I understand that if my partner does become pregnant whilst I am taking pomalido after I have stopped taking pomalidomide I should inform my prescriber immediately be referred to a physician specialised or experienced in teratology for evaluati	and	my partn	er should		Patient initials
	I understand that pomalidomide will be prescribed ONLY for me. I must not share	it wi	th Anyon	IE.		Patient initials
	I have read the pomalidomide Patient Guide and understand the contents, including about other possible health problems (side effects) associated with the use of					Patient initials
	I know that I cannot donate blood while taking pomalidomide (including dose interrong treatment.	ptior	ns) and fo	r at least		Patient initials
	I know that I cannot donate semen or sperm while taking pomalidomide, during doseleast 7 days after discontinuation of pomalidomide.	inte	rruptions	and for a	t	Patient initials
	I understand that I must return any unused pomalidomide capsules to my pharmacy	at th	e end of r	ny treatr	nent.	Patient initials
	I have been informed about which are effective contraceptive methods that my fe	male	partner o	can use.		Patient initials
	I have been informed about the thromboembolic risk and possible requirement to during treatment with pomalidomide.	take	thrombo	prophyla	xis	Patient initials
	I understand that my prescriber will provide me with a completed 'Prescription Aupomalidomide prescription, and that I must provide this to my pharmacy.	thori	sation Fo	rm' with	each	Patient initials
	I understand that the 'Prescription Authorisation Form' contains non identifiable in will ensure pomalidomide is dispensed safely. The information may also be used to Authorisation Holder, the distributor of the product and the Health Products Regulary the safe use of pomalidomide.	y the	e Marketii	ng		Patient initials

Patient Confirmation

I confirm that I understand and will comply with the requirements of the Pomalidomide Pregnancy Prevention Programme, and I agree that my prescriber can initiate my treatment with pomalidomide.

Your personal data is used solely for the purpose of entering you into the pomalidomide Pregnancy Prevention Programme and is processed by the marketing authorisation holder (MAH) of the pomalidomide product you receive, its third-party service providers and any affiliates the MAH may have, for the purposes of compliance with the Risk Management Plan legal obligations and for storage purposes. Third party service providers include, for example, the distributor of the pomalidomide product you receive.

Your pharmacist can confirm the details of the MAH for the pomalidomide product you are given and this will also be mentioned on the packaging and package leaflet. Queries on how your personal data will be processed can be directed to the MAH in question, by consulting their publicly available information (e.g. on their website) which details how they process your personal data and provides a contact point for any queries in relation to their use of your personal data.

Patient Signature:		Date:	DD	MM	YYYY
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Statement of the interpreter (where appropriate)

I have interpreted the information above to the patient/parent/carer to the best of my ability and in a way in which I believe she/he/they can understand. She/he/they agree to follow the necessary precautions to prevent an unborn child being exposed to pomalidomide.

Interpreter Signature:		Date:	DD	MM	YYYY
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