

Summary of Product Characteristics

1 NAME OF THE MEDICINAL PRODUCT

Zonisamide Desitin 20 mg/ml oral suspension

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each ml of oral suspension contains 20 mg zonisamide.

Excipients with known effect:

2 mg/ml sodium methyl parahydroxybenzoate (E 219) and 0.5 mg/ml sodium propyl parahydroxybenzoate (E 218) This medicine contains 1.7 mmol (or 67 mg) potassium per 25 ml.

Contains traces of fructose (0.0026 mg/ml), glucose, sucrose, sulphur dioxide (E 220).

For the full list of excipients, see section 6.1.

3 PHARMACEUTICAL FORM

Oral suspension

White suspension with strawberry taste.

4 CLINICAL PARTICULARS

4.1 Therapeutic indications

Zonisamide Desitin is indicated as:

- monotherapy in the treatment of partial seizures, with or without secondary generalisation, in adults with newly diagnosed epilepsy (see section 5.1);
- adjunctive therapy in the treatment of partial seizures, with or without secondary generalisation, in adults, adolescents, and children aged 6 years and above.

4.2 Posology and method of administration

Posology

Adults

Dosage escalation and maintenance

Zonisamide Desitin may be taken as monotherapy or added to existing therapy in adults. The dose should be titrated on the basis of clinical effect. Recommended escalation and maintenance doses are given in Table 1. Some patients, especially those not taking CYP3A4-inducing agents, may respond to lower doses.

Withdrawal

When Zonisamide Desitin treatment is to be discontinued, it should be withdrawn gradually (see section 4.4). In clinical studies of adult patients, dose reductions of 100 mg at weekly intervals have been used with concurrent adjustment of other antiepileptic medicine doses (where necessary).

Table 1 Adults – recommended dosage escalation and maintenance regimen

Treatment Regimen	Titration Phase			Usual Maintenance Dose
Monotherapy - Newly diagnosed adult patients	Week 1 + 2	Week 3 + 4	Week 5 + 6	300 mg (15 ml) once a day. If a higher dose is required: increase at two-weekly intervals in increments of 100 mg (5 ml) up to a maximum of 500 mg (25 ml).
	100 mg	200 mg	300 mg (15	

	(5 ml) once a day	(10 ml) once a day	ml) once a day	
Adjunctive therapy - with CYP3A4 inducing agents (see section 4.5)	Week 1	Week 2	Week 3 to 5	300 to 500 mg per day (once a day or two divided doses) = 15 – 25 ml/day or 2x 7.5 – 2x 12.5 ml/day
	50 mg / day (in two divided doses) = 2x 1.25 ml/day	100 mg /day (in two divided doses) = 2x 2.5 ml/day	Increase at weekly intervals in increments of 100 mg (5 ml)	
- without CYP3A4 inducing agents; or with renal or hepatic impairment	Week 1 + 2	Week 3 + 4	Week 5 to 10	300 to 500 mg per day (once a day or two divided doses) = 15 – 25 ml/day or 2x 7.5 – 2x 12.5 ml/day. Some patients may respond to lower doses.
	50 mg/day (in two divided doses) = 2x 1.25 ml/day	100 mg /day (in two divided doses) = 2x 2.5 ml/day	Increase at two-weekly intervals in increments of up to 100 mg (5 ml)	

General dosing recommendations for Zonisamide Desitin in special patient populations

Paediatric population (aged 6 years and above)

Dosage escalation and maintenance

Zonisamide Desitin must be added to existing therapy for paediatric patients aged 6 years and above. The dose should be titrated on the basis of clinical effect. Recommended escalation and maintenance doses are given in Table 2. Some patients, especially those not taking CYP3A4-inducing agents, may respond to lower doses.

Physicians should draw the attention of paediatric patients and their parents/carers to the Patient Alert Box (in the package leaflet) on preventing heatstroke (see section 4.4: Paediatric population).

Table 2 Paediatric population (aged 6 years and above) – recommended dosage escalation and maintenance regimen

Treatment Regimen	Titration Phase		Usual Maintenance Dose	
Adjunctive therapy	Week 1	Weeks 2 to 8	Patients of weight 20 to 55 kga	Patients of weight > 55 kg
- with CYP3A4- inducing agents (see section 4.5)	1 mg/kg/day (once a day) = 0.05 ml/kg BW/day	Increase at weekly intervals in increments of 1 mg/kg = 0.05 ml/kg BW	6 to 8 mg/kg/day (once a day) = 0.3 – 0.4 ml/kg BW/day	300-500 mg/day (once a day) = 15 – 25 ml/day
	Week 1 + 2	Weeks ≥ 3		
- without CYP3A4-inducing agents	1 mg/kg/day (once a day)	Increase at two-weekly intervals in increments of 1	6 to 8 mg/kg/day (once a day) = 0.3 – 0.4	300-500 mg/day (once a day) =

	= 0.05 ml/kg BW/day	mg/kg = 0.05 ml/kg BW	ml/kg BW/day	15 – 25 ml/day
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Note:

a. To ensure a therapeutic dose is maintained the weight of a child should be monitored and the dose reviewed to weight changes up to a weight of 55 kg. The dose regime is 6-8 mg/kg/day up to a maximum dose of 500 mg/day.

Table 3 – Dose recommendation for children aged 6 years and above with a body weight between 20 and 55 kg

Body Weight	Initial Dose	Maintenance Dose
20 kg	20 mg/day = 1 ml/day	120 – 160 mg/day = 6 – 8 ml/day
25 kg	25 mg/day = 1.25 ml/day	150 – 200 mg/day = 7.5 – 10 ml/day
30 kg	30 mg/day = 1.5 ml/day	180 – 240 mg/day = 9 – 12 ml/day
35 kg	35 mg/day = 1.75 ml/day	210 – 280 mg/day = 10.5 – 14 ml/day
40 kg	40 mg/day = 2 ml/day	240 – 320 mg/day = 12 – 16 ml/day
45 kg	45 mg/day = 2.25 ml/day	270 – 360 mg/day = 13.5 – 18 ml/day
50 kg	50 mg/day = 2.5 ml/day	300 – 400 mg/day = 15 – 20 ml/day
55 kg	55 mg/day = 2.75 ml/day	330 – 440 mg/day = 16.5 – 22 ml/day

The safety and efficacy of Zonisamide Desitin in children aged below 6 years or those below 20 kg have not yet been established.

There are limited data from clinical studies in patients with a body weight of less than 20 kg. Therefore, children aged 6 years and above and with a body weight less than 20 kg should be treated with caution.

Withdrawal

When Zonisamide Desitin treatment is to be discontinued, it should be withdrawn gradually (see section 4.4). In clinical studies of paediatric patients, down-titration was completed by dose reductions at weekly intervals in increments of about 2 mg/kg (i.e. in accordance with the schedule in Table 4).

Table 4 Paediatric population (aged 6 years and above) – recommended down-titration schedule

Weight	Decrease at weekly intervals in increments of:
20-28 kg	25 to 50 mg/day* = 1.25 – 2.5 ml/day
29-41 kg	50 to 75 mg/day* = 2.5 – 3.75 ml/day
42-55 kg	100 mg/day* = 5 ml/day
> 55 kg	100 mg/day* = 5 ml/day

Note:

* All doses are once daily.

Elderly

Caution should be exercised at initiation of treatment in elderly patients as there is limited information on the use of Zonisamide Desitin in these patients. Prescribers should also take account of the safety profile of Zonisamide Desitin (see section 4.8).

Patients with renal impairment

Caution must be exercised in treating patients with renal impairment, as there is limited information on use in such patients and a slower titration of Zonisamide Desitin might be required. Since zonisamide and its metabolites are excreted renally, it should be discontinued in patients who develop acute renal failure or where a clinically significant sustained increase in serum creatinine is observed.

In subjects with renal impairment, renal clearance of single doses of zonisamide was positively correlated with creatinine clearance. The plasma AUC of zonisamide was increased by 35 % in subjects with creatinine clearance < 20 ml/min.

Use in patients with hepatic impairment has not been studied. Therefore, use in patients with severe hepatic impairment is not recommended. Caution must be exercised in treating patients with mild to moderate hepatic impairment, and a slower titration of Zonisamide Desitin may be required.

Method of administration

Zonisamide Desitin is for oral use.

Before taking Zonisamide Desitin, the bottle should be shaken very well (at least once for 30 seconds) and the dose prepared immediately afterwards (to avoid sedimentation). The oral suspension may be swallowed directly from the oral syringe, or diluted in a glass of water or orange juice. Carbonated beverages such as mineral water should not be taken with the suspension.

A graduated 10 ml oral syringe with a corresponding adapter and instruction for use in the package leaflet are provided with Zonisamide Desitin.

Zonisamide Desitin may also be administered via a feeding tube that must be rinsed thrice immediately after administration with at least 5 ml of water for each rinse. If this method of administration is used, the suspension should be prepared as described above for oral use immediately before administration.

Effect of food

Zonisamide Desitin may be taken with or without food (see section 5.2). Zonisamide Desitin may be mixed with yoghurt to mask its taste.

4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1 or to sulphonamides.

4.4 Special warnings and precautions for use

Unexplained rash

Serious rashes occur in association with Zonisamide Desitin therapy, including cases of Stevens-Johnson syndrome.

Consideration must be given to discontinuing Zonisamide Desitin in patients who develop an otherwise unexplained rash. All patients who develop a rash while taking Zonisamide Desitin must be closely supervised, with additional levels of caution applied to those patients receiving concomitant antiepileptic agents that may independently induce skin rashes.

Withdrawal seizures

In accordance with current clinical practice, discontinuation of Zonisamide Desitin in patients with epilepsy must be accomplished by gradual dose reduction, to reduce the possibility of seizures on withdrawal.

There are insufficient data for the withdrawal of concomitant antiepileptic medicines once seizure control with Zonisamide Desitin has been achieved in the add-on situation, in order to reach monotherapy with Zonisamide Desitin. Therefore, withdrawal of concomitant anti-epileptic medicinal products must be undertaken with caution.

Sulphonamide reactions

Zonisamide Desitin is a benzisoxazole derivative, which contains a sulphonamide group. Serious immune based adverse reactions that are associated with medicinal products containing a sulphonamide group include rash, allergic reaction and major haematological disturbances, including aplastic anaemia, which very rarely can be fatal.

Cases of agranulocytosis, thrombocytopenia, leukopenia, aplastic anaemia, pancytopenia and leucocytosis have been reported. There is inadequate information to assess the relationship, if any, between dose and duration of treatment and these events.

Acute myopia and secondary angle closure glaucoma

A syndrome consisting of acute myopia associated with secondary angle closure glaucoma has been reported in adult and paediatric patients receiving zonisamide. Symptoms include acute onset of decreased visual acuity and/or ocular pain.

Ophthalmologic findings can include myopia, anterior chamber shallowing, and ocular hyperaemia (redness) and increased intraocular pressure. This syndrome may be associated with supraciliary effusion resulting in anterior displacement of the lens and iris, with secondary angle closure glaucoma. Symptoms may occur within hours to weeks of initiating therapy. Treatment includes discontinuation of zonisamide, as rapidly as possible in the judgment of the treating physician, and appropriate measures to reduce intraocular pressure. Elevated intraocular pressure of any aetiology, if left untreated, can lead to serious sequelae including permanent vision loss. Caution should be used when treating patients with history of eye disorders with zonisamide.

Suicidal ideation and behaviour

Suicidal ideation and behaviour have been reported in patients treated with anti-epileptic agents in several indications. A meta-analysis of randomised placebo-controlled trials of anti-epileptic medicinal products has also shown a small increased risk of suicidal ideation and behaviour. The mechanism of this risk is not known and the available data do not exclude the possibility of an increased risk for Zonisamide Desitin.

Therefore, patients should be monitored for signs of suicidal ideation and behaviours and appropriate treatment should be considered. Patients (and caregivers of patients) should be advised to seek medical advice should signs of suicidal ideation or behaviour emerge.

Kidney stones

Some patients, especially those with a predisposition to nephrolithiasis, may be at increased risk for renal stone formation and associated signs and symptoms such as renal colic, renal pain or flank pain. Nephrolithiasis may lead to chronic kidney damage. Risk factors for nephrolithiasis include prior stone formation, a family history of nephrolithiasis and hypercalciuria. None of these risk factors can reliably predict stone formation during Zonisamide Desitin treatment. In addition, patients taking other medications associated with nephrolithiasis may be at increased risk. Increasing fluid intake and urine output may help reduce the risk of stone formation, particularly in those with predisposing risk factors.

Metabolic acidosis

Hyperchloraemic, non-anion gap, metabolic acidosis (i.e. decreased serum bicarbonate below the normal reference range in the absence of chronic respiratory alkalosis) is associated with zonisamide treatment. This metabolic acidosis is caused by renal bicarbonate loss due to the inhibitory effect of zonisamide on carbonic anhydrase. Such electrolyte imbalance has been observed with the use of zonisamide in placebo-controlled clinical trials and in the post-marketing period. Generally, zonisamide-induced metabolic acidosis occurs early in treatment although cases can occur at any time during treatment. The amounts by which bicarbonate is decreased are usually small to moderate (average decrease of approximately 3.5 mEq/l at daily doses of 300 mg in adults); rarely patients can experience more severe decreases. Conditions or therapies that predispose to acidosis (such as renal disease, severe respiratory disorders, status epilepticus, diarrhoea, surgery, ketogenic diet, or medicinal products) may be additive to the bicarbonate lowering effects of zonisamide.

The risk of zonisamide induced metabolic acidosis appears to be more frequent and severe in younger patients. Appropriate evaluation and monitoring of serum bicarbonate levels should be carried out in patients taking Zonisamide Desitin who have underlying conditions which might increase the risk of acidosis, in patients who are at an increased risk of adverse consequences of metabolic acidosis and in patients with symptoms suggestive of metabolic acidosis. If metabolic acidosis develops and persists, consideration should be given to reducing the dose or discontinuing Zonisamide Desitin (by gradual discontinuation or reduction of a therapeutic dose) as osteopenia may develop. If the decision is made to continue patients on Zonisamide Desitin in the face of persistent acidosis, alkali treatment should be considered.

Metabolic acidosis has the potential to lead to hyperammonaemia, which has been reported with or without encephalopathy during zonisamide treatment. The risk for hyperammonaemia may be increased in patients concomitantly taking other medications that can cause hyperammonaemia (e.g. valproate), or who have an underlying urea cycle disorder or reduced hepatic mitochondrial activity. In patients who develop unexplained lethargy or changes in mental status during treatment with zonisamide, it is recommended to consider hyperammonaemic encephalopathy and to measure ammonia levels.

Zonisamide Desitin should be used with caution in adult patients being treated concomitantly with carbonic anhydrase inhibitors such as topiramate or acetazolamide, as there are insufficient data to rule out a pharmacodynamic interaction (see also section 4.4 Paediatric population and section 4.5).

Heat stroke

Cases of decreased sweating and elevated body temperature have been reported mainly in paediatric patients (see section 4.4 Paediatric population for full warning). Caution should be used in adults when Zonisamide Desitin is prescribed with other medicinal products that predispose patients to heat related disorders; these include carbonic anhydrase inhibitors and medicinal products with anticholinergic activity (see also section 4.4 Paediatric population).

Pancreatitis

In patients taking Zonisamide Desitin who develop the clinical signs and symptoms of pancreatitis, it is recommended that pancreatic lipase and amylase levels are monitored. If pancreatitis is evident, in the absence of another obvious cause, it is recommended that discontinuation of Zonisamide Desitin be considered and appropriate treatment initiated.

Rhabdomyolysis

In patients taking Zonisamide Desitin, in whom severe muscle pain and/or weakness develop either in the presence or absence of a fever, it is recommended that markers of muscle damage be assessed, including serum creatine phosphokinase and aldolase levels. If elevated, in the absence of another obvious cause such as trauma or grand mal seizures, it is recommended that Zonisamide Desitin discontinuation be considered and appropriate treatment initiated.

Women of childbearing potential

Women of childbearing potential must use effective contraception during treatment with Zonisamide Desitin and for one month after discontinuation (see section 4.6). Zonisamide Desitin must not be used in women of childbearing potential not using effective contraception unless clearly necessary and only if the potential benefit is considered to justify the risk to the foetus. Specialist medical advice should be given to women treated with zonisamide who are of childbearing potential. The woman should be fully informed and understand the possible effects of Zonisamide Desitin on the foetus and these risks should be discussed with the patient in relation to the benefits before starting treatment. Before the initiation of treatment with Zonisamide Desitin in a woman of childbearing potential, pregnancy testing should be considered.

Women planning a pregnancy should meet with their specialists to reassess treatment with Zonisamide Desitin and to consider other therapeutic options prior to conception and before contraception is discontinued. Women of childbearing potential should be counselled to contact her doctor immediately if she becomes pregnant or thinks she may be pregnant and is taking Zonisamide Desitin. Physicians treating patients with Zonisamide Desitin should ensure that patients are fully informed about the need to use appropriate effective contraception, and should use clinical judgement when assessing whether oral contraceptives (OCs), or the doses of the OC components, are adequate based on the individual patient's clinical situation.

Bodyweight

Zonisamide Desitin may cause weight loss. A dietary supplement or increased food intake may be considered if the patient is losing weight or is underweight whilst on this medication. If substantial undesirable weight loss occurs, discontinuation of Zonisamide Desitin should be considered. Weight loss is potentially more serious in children (see section 4.4. Paediatric population).

Paediatric population

The warnings and precautions mentioned above are also applicable to adolescent and paediatric patients. The warnings and precautions mentioned below are more relevant to paediatric and adolescent patients.

Heat stroke and dehydration

<u>Preventing overheating and dehydration in children</u> Zonisamide Desitin can cause children to sweat less and overheat and if the child is not treated this can lead to brain damage and death. Children are most at risk especially in hot weather. When a child is taking Zonisamide Desitin: • The child should stay cool especially in hot weather • The child must avoid heavy exercise especially when the weather is hot • The child must drink plenty of cold water • The child must not take any of these medicines: carbonic anhydrase inhibitors (like topiramate and acetazolamide), and anticholinergic agents (like clomipramine, hydroxyzine, diphenhydramine, haloperidol, imipramine and oxybutynin). IF ANY OF THE FOLLOWING OCCUR, THE CHILD NEEDS URGENT MEDICAL ATTENTION: The skin feels very hot with little or no sweating, or the child becomes confused or has muscle cramps, or the child's heartbeat or breathing become rapid. • Take the child to a cool, shaded place • Keep the child's skin cool with water • Give the child cold water to drink
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Cases of decreased sweating and elevated body temperature have been reported mainly in paediatric patients. Heat stroke requiring hospital treatment was diagnosed in some cases. Heat stroke requiring hospital treatment and leading to death has been reported. Most reports occurred during periods of warm weather. Physicians should discuss with patients and their carers the potential seriousness of heat stroke, situations in which it might arise, as well as action to take in the event of any signs or symptoms. Patients or their carers must be warned to take care to maintain hydration and avoid exposure to excessive temperatures and strenuous physical exercise depending on the condition of the patient. Prescribers should draw the attention of paediatric patients and their parent/carers to the advice in the Packaging Leaflet on preventing heat stroke and overheating

in children as provided. In the event of signs or symptoms of dehydration, oligohydrosis, or elevated body temperature, discontinuation of Zonisamide Desitin should be considered.

Zonisamide Desitin should not be used as co-medication in paediatric patients with other medicinal products that predispose patients to heat related disorders; these include carbonic anhydrase inhibitors and medicinal products with anticholinergic activity.

Body weight

Weight loss leading to deterioration of general condition and failure to take anti-epilepsy medication has been related to a fatal outcome (see section 4.8). Zonisamide Desitin is not recommended for paediatric patients who are underweight (definition in accordance with the WHO age adjusted BMI categories) or have a decreased appetite.

The incidence of decreased body weight is consistent across age groups (see section 4.8); however, given the potential seriousness of weight loss in children, weight should be monitored in this population. A dietary supplement or increased food intake should be considered if the patient is failing to gain weight in accordance with growth charts, otherwise Zonisamide Desitin should be discontinued.

There are limited data from clinical studies in patients with a body weight of less than 20 kg. Therefore, children aged 6 years and above with a body weight of less than 20 kg should be treated with caution. The long term effect of weight loss in the paediatric population on growth and development is unknown.

Metabolic acidosis

The risk of zonisamide induced metabolic acidosis appears to be more frequent and severe in paediatric and adolescent patients. Appropriate evaluation and monitoring of serum bicarbonate levels should be carried out in this population (see section 4.4 - Metabolic acidosis for full warning; see section 4.8 for incidence of low bicarbonate). The long term effect of low bicarbonate levels on growth and development is unknown.

Zonisamide Desitin should not be used as co-medication in paediatric patients with other carbonic anhydrase inhibitors such as topiramate and acetazolamide (see section 4.5).

Kidney stones

Kidney stones have occurred in paediatric patients (see section 4.4 Kidney stones for full warning). Some patients, especially those with a predisposition to nephrolithiasis, may be at increased risk for renal stone formation and associated signs and symptoms such as renal colic, renal pain or flank pain. Nephrolithiasis may lead to chronic kidney damage. Risk factors for nephrolithiasis include prior stone formation, a family history of nephrolithiasis and hypercalciuria. None of these risk factors can reliably predict stone formation during Zonisamide Desitin treatment.

Increasing fluid intake and urine output may help reduce the risk of stone formation, particularly in those with predisposing risk factors. Renal ultrasound should be performed at the discretion of the physician. In the event kidney stones are detected, Zonisamide Desitin should be discontinued.

Hepatic dysfunction

Increased levels of hepatobiliary parameters such as alanine aminotransferase (ALT), aspartate aminotransferase (AST), gamma-glutamyltransferase (GGT) and bilirubin have occurred in paediatric and adolescent patients, without any consistent pattern in the observations of values above the upper limit of normal. Nevertheless, if a hepatic event is suspected, liver function should be evaluated and discontinuation of Zonisamide Desitin should be considered.

Cognition

Cognitive impairment in patients affected by epilepsy has been associated with the underlying pathology and/or the administration of anti-epileptic treatment. In a placebo-controlled study conducted in paediatric and adolescent patients, the proportion of patients with impaired cognition was numerically greater in the zonisamide group compared with the placebo group.

Information on excipients

The medicinal product contains sodium methyl parahydroxybenzoate and sodium propyl parahydroxybenzoate which may cause allergic reactions (possibly delayed).

The medicinal product contains sulphur dioxide (E 220) which may rarely cause severe hypersensitivity reactions and bronchospasm.

The medicinal product contains glucose and sucrose. Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase insufficiency should not take this medicine. Glucose and sucrose may be harmful to the teeth.

The medicinal product contains fructose. The additive effect of concomitantly administered products containing fructose (or sorbitol) and dietary intake of fructose (or sorbitol) should be taken into account.

Fructose may damage teeth.

This medicinal product contains less than 1 mmol sodium (23 mg) per dosing syringe (10 ml), that is to say essentially 'sodium-free'.

This medicine contains 1.7 mmol (or 67 mg) potassium per 25 ml. To be taken into consideration by patients with reduced kidney function or patients on a controlled potassium diet.

4.5 Interaction with other medicinal products and other forms of interaction

Effect of Zonisamide Desitin on cytochrome P450 enzymes

In vitro studies using human liver microsomes show no or little (< 25 %) inhibition of cytochrome P450 isozymes 1A2, 2A6, 2B6, 2C8, 2C9, 2C19, 2D6, 2E1 or 3A4 at zonisamide levels approximately two- fold or greater than clinically relevant unbound serum concentrations. Therefore, Zonisamide Desitin is not expected to affect the pharmacokinetics of other medicinal products via cytochrome P450-mediated mechanisms, as demonstrated for carbamazepine, phenytoin, ethinylestradiol and desipramine *in vivo*.

Potential for Zonisamide Desitin to affect other medicinal products

Anti-epileptic medicinal products

In epileptic patients, steady-state dosing with zonisamide resulted in no clinically relevant pharmacokinetic effects on carbamazepine, lamotrigine, phenytoin, or sodium valproate.

Oral contraceptives

In clinical studies in healthy subjects, steady-state dosing with zonisamide did not affect serum concentrations of ethinylestradiol or norethisterone in a combined oral contraceptive.

Carbonic anhydrase inhibitors

Zonisamide Desitin should be used with caution in adult patients treated concomitantly with carbonic anhydrase inhibitors such as topiramate and acetazolamide, as there are insufficient data to rule out a possible pharmacodynamic interaction (see section 4.4).

Zonisamide Desitin should not be used as co-medication in paediatric patients with other carbonic anhydrase inhibitors such as topiramate and acetazolamide (see section 4.4).

P-gp substrate

An *in vitro* study shows that zonisamide is a weak inhibitor of P-gp (MDR1) with an IC₅₀ of 267 µmol/l and there is the theoretical potential for zonisamide to affect the pharmacokinetics of substances which are P-gp substrates. Caution is advised when starting or stopping zonisamide treatment or changing the zonisamide dose in patients who are also receiving medicinal products which are P-gp substrates (e.g. digoxin, quinidine).

Potential medicinal product interactions affecting Zonisamide Desitin

In clinical studies co-administration of lamotrigine had no apparent effect on zonisamide pharmacokinetics. The combination of Zonisamide Desitin with other medicinal products that may lead to urolithiasis may enhance the risk of developing kidney stones; therefore, the concomitant administration of such medicinal products should be avoided.

Zonisamide is metabolised partly by CYP3A4 (reductive cleavage), and also by N-acetyl-transferases and conjugation with glucuronic acid; therefore, substances that can induce or inhibit these enzymes may affect the pharmacokinetics of zonisamide:

- Enzyme induction: Exposure to zonisamide is lower in epileptic patients receiving CYP3A4-inducing agents such as phenytoin, carbamazepine, and phenobarbitone. These effects are unlikely to be of clinical significance when Zonisamide Desitin is added to existing therapy; however, changes in zonisamide concentrations may occur if concomitant CYP3A4-inducing anti-epileptic or other medicinal products are withdrawn, dose adjusted or

introduced, an adjustment of the Zonisamide Desitin dose may be required. Rifampicin is a potent CYP3A4 inducer. If co-administration is necessary, the patient should be closely monitored and the dose of Zonisamide Desitin and other CYP3A4 substrates adjusted as needed.

- CYP3A4 inhibition: Based upon clinical data, known specific and non-specific CYP3A4 inhibitors appear to have no clinically relevant effect on zonisamide pharmacokinetic exposure parameters. Steady-state dosing of either ketoconazole (400 mg/day) or cimetidine (1200 mg/day) had no clinically relevant effects on the single-dose pharmacokinetics of zonisamide given to healthy subjects. Therefore, modification of Zonisamide Desitin dosing should not be necessary when co-administered with known CYP3A4 inhibitors.

Paediatric population

Interaction studies have only been performed in adults.

4.6 Fertility, pregnancy and lactation

Women of childbearing potential

Women of childbearing potential must use effective contraception during treatment with Zonisamide Desitin, and for one month after discontinuation.

Zonisamide Desitin must not be used in women of childbearing potential not using effective contraception unless clearly necessary and only if the potential benefit is considered to justify the risk to the foetus. Specialist medical advice should be given to women treated with zonisamide who are of childbearing potential. The woman should be fully informed of and understand the possible effects of Zonisamide Desitin on the foetus and these risks should be discussed with the patient in relation to the benefits before starting treatment. Pregnancy testing in women of childbearing potential should be considered prior to initiating treatment with zonisamide. Women planning a pregnancy should meet with their specialists to reassess treatment with zonisamide and to consider other therapeutic options prior to conception and before contraception is discontinued.

As with all antiepileptic medicines, sudden discontinuation of zonisamide should be avoided as this may lead to breakthrough seizures that could have serious consequences for the woman and the unborn child. The risk of birth defect is increased by factor 2 to 3 in the offspring of mothers treated with an antiepileptic medicinal product. The most frequently reported are cleft lip, cardiovascular malformations and neural tube defect. Multiple antiepileptic medicinal product therapy may be associated with a higher risk of congenital malformations than monotherapy.

Pregnancy

There are limited data for the use of Zonisamide Desitin in pregnant women. Studies in animals have shown reproductive toxicity (see section 5.3). In humans the potential risk of major congenital malformations and neurodevelopmental disorders is unknown.

Data from a registry study suggest an increase in the proportion of babies born at a low birth weight (LBW), pre-term or small for gestational age (SGA). These increases are from about 5% to 8% for LBW, from about 8% to 10% for pre-term birth and from about 7% to 12% for SGA, all compared with mothers treated with lamotrigine monotherapy.

Zonisamide Desitin must not be used during pregnancy unless clearly necessary and only if the potential benefit is considered to justify the risk to the foetus. If Zonisamide Desitin is prescribed during pregnancy, patients should be fully informed of the potential harm to the foetus and use of the minimal effective dose is advised along with careful monitoring.

Breast-feeding

Zonisamide is excreted in human milk; the concentration in breast milk is similar to maternal plasma. A decision must be made whether to discontinue breast-feeding or to discontinue/abstain from Zonisamide Desitin therapy. Due to the long retention time of zonisamide in the body, breast-feeding must not be resumed until one month after Zonisamide Desitin therapy is completed.

Fertility

There are no clinical data available on the effects of zonisamide on human fertility. Studies in animals have shown changes in fertility parameters (see section 5.3).

4.7 Effects on ability to drive and use machines

No studies on the effects on the ability to drive and use machines have been performed. However, given that some patients may experience drowsiness or difficulty with concentration, particularly early in treatment or after a dose increase, patients must be advised to exercise caution during activities requiring a high degree of alertness, e.g., driving or operating machines.

4.8 Undesirable effects

Summary of the safety profile

Zonisamide has been administered to over 1,200 patients in clinical studies, more than 400 of whom received zonisamide for at least 1 year. In addition, there has been extensive post-marketing experience with zonisamide in Japan since 1989 and in the USA since 2000.

It should be noted that Zonisamide Desitin is a benzisoxazole derivative, which contains a sulphonamide group. Serious immune based adverse reactions that are associated with medicinal products containing a sulphonamide group include rash, allergic reaction and major haematological disturbances including aplastic anaemia, which very rarely can be fatal (see section 4.4).

The most common adverse reactions in controlled adjunctive-therapy studies were somnolence, dizziness and anorexia. The most common adverse reactions in a randomised, controlled monotherapy trial comparing zonisamide with carbamazepine prolonged release were decreased bicarbonate, decreased appetite, and decreased weight. The incidence of markedly abnormally low serum bicarbonate (a decrease to less than 17 mEq/l and by more than 5 mEq/l) was 3.8 %. The incidence of marked decreases in weight of 20 % or more was 0.7 %.

Tabulated list of adverse reactions

Adverse reactions associated with zonisamide obtained from clinical studies and post-marketing surveillance are tabulated below. The frequencies are arranged according to the following scheme:

very common $\geq 1/10$ common $\geq 1/100$ to $< 1/10$

uncommon $\geq 1/1,000$ to $< 1/100$ rare $\geq 1/10,000$ to $< 1/1,000$ very rare $< 1/10,000$

not known cannot be estimated from the available data

Table 5 Adverse reactions associated with zonisamide obtained from adjunctive use clinical studies and post-marketing surveillance

System Organ Class (MedDRA terminology)	Very Common	Common	Uncommon	Very Rare
Infections and infestation			Pneumonia Urinary tract infection	
Blood and lymphatic system disorders		Ecchymosis		Agranulocytosis Aplastic anaemia Leucocytosis Leucopenia Lymphadenopathy
Immune system disorders		Hypersensitivity		Drug-induced hypersensitivity syndrome Drug rash with eosinophilia and systemic symptoms
Metabolism and nutrition disorders	Anorexia		Hypokalaemia	Metabolic acidosis Renal tubular acidosis
Psychiatric disorders	Agitation Irritability Confusional state Depression	Affect lability Anxiety Insomnia Psychotic disorder	Anger Aggression Suicidal ideation Suicide attempt	Hallucination
Nervous system disorders	Ataxia Dizziness Memory impairment	Bradyphrenia Disturbance in attention Nystagmus	Convulsion	Amnesia Coma Grand mal seizure Myasthenic syndrome Neuroleptic malignant syndrome

	Somnolence	Paraesthesia Speech disorder Tremor		Status epilepticus
Eye disorders	Diplopia			Angle closure glaucoma Eye pain Myopia Vision blurred Visual acuity reduced
Respiratory, thoracic and mediastinal disorders				Dyspnoea Pneumonia aspiration Respiratory disorder Hypersensitivity-type pneumonitis
Gastrointestinal disorders		Abdominal pain Constipation Diarrhoea Dyspepsia Nausea	Vomiting	Pancreatitis
Hepatobiliary disorders			Cholecystitis Cholelithiasis	Hepatocellular damage
Skin and subcutaneous tissue disorders		Rash Pruritis Alopecia		Anhidrosis Erythema multiforme Stevens-Johnson syndrome Toxic epidermal necrolysis
Musculoskeletal and connective tissue disorders				Rhabdomyolysis
Renal and urinary disorders		Nephrolithiasis	Calculus urinary	Hydronephrosis Renal failure Urine abnormality
General disorders and administration site conditions		Fatigue Influenza-like illness Pyrexia Oedema peripheral		
Investigations	Decreased bicarbonate	Weight decreased		Blood creatine phosphokinase increased Blood creatinine increased Blood urea increased Liver function tests abnormal
Injury, poisoning and procedural complications				Heat stroke

In addition, there have been isolated cases of Sudden Unexplained Death in Epilepsy Patients (SUDEP) receiving zonisamide.

Table 6 Adverse reactions in a randomised, controlled monotherapy trial comparing zonisamide with carbamazepine prolonged release

System Organ Class (MedDRA terminology)	Very Common	Common	Uncommon
Infections and infestation			Urinary tract infection Pneumonia
Blood and lymphatic disorders			Leukopenia Thrombocytopenia
Metabolism and nutrition		Decreased appetite	Hypokalaemia

disorders			
Psychiatric disorders		Agitation Depression Insomnia Mood swings Anxiety	Confusional state Acute psychosis Aggression Suicidal ideation Hallucination
Nervous system disorders		Ataxia Dizziness Memory impairment Somnolence Bradyphrenia Disturbance in attention Paraesthesia	Nystagmus Speech disorder Tremor Convulsion
Eye disorders		Diplopia	
Respiratory, thoracic and mediastinal disorders			Respiratory disorder
Gastrointestinal disorders		Constipation Diarrhoea Dyspepsia Nausea Vomiting	Abdominal pain
Hepatobiliary disorders			Cholecystitis acute
Skin and subcutaneous tissue disorders		Rash	Pruritus Ecchymosis
General disorders and administration site conditions		Fatigue Pyrexia Irritability	
Investigations	Decreased bicarbonate	Weight decreased Blood creatinine phosphokinase increased Alanine aminotransferase increased Aspartate aminotransferase increased	Urine analysis abnormal

Additional information on special populations

Elderly

A pooled analysis of safety data on 95 elderly subjects has shown a relatively higher reporting frequency of oedema peripheral and pruritus compared to the adult population.

Review of post-marketing data suggests that patients aged 65 years or older report a higher frequency than the general population of the following events: Stevens-Johnson syndrome (SJS) and Drug Induced Hypersensitivity syndrome (DIHS).

Paediatric population

The adverse event profile of zonisamide in paediatric patients aged 6 to 17 years in placebo-controlled clinical studies was consistent with that of adults. Among 465 subjects in the paediatric safety database (including a further 67 subjects from the extension phase of the controlled clinical trial) there were 7 deaths (1.5 %; 14.6/1000 person-years): 2 cases of status epilepticus, of which one was related to severe weight loss (10 % within 3 months) in an underweight subject and subsequent

failure to take medication; 1 case of head injury/haematoma, and 4 deaths in subjects with pre-existing functional neurological deficits for various causes (2 cases of pneumonia-induced sepsis/organ failure, 1 SUDEP and 1 head injury). A total of 70.4 % of paediatric subjects who received zonisamide in the controlled study or its open label extension had at least one treatment-emergent bicarbonate measurement below 22 mmol/l. The duration of low bicarbonate measurements was also long (median 188 days). A pooled analysis of safety data on 420 paediatric subjects (183 subjects aged 6 to 11 years, and 237 subjects aged 12 to 16 years with a mean duration of exposure of approximately 12 months) has shown a relatively higher reporting frequency of pneumonia, dehydration, decreased sweating, abnormal liver function tests, otitis media, pharyngitis, sinusitis and upper respiratory tract infection, cough, epistaxis and rhinitis, abdominal pain, vomiting, rash and eczema, and fever compared to the adult population (particularly in subjects aged below 12 years) and, at a low incidence, amnesia, creatinine increased, lymphadenopathy, and thrombocytopenia. The incidence of a decrease in body weight of 10 % or more was 10.7 % (see section 4.4). In some cases of weight decrease there was a delay in transition to the next Tanner stage and in bone maturation.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system listed in Appendix V.

4.9 Overdose

There have been cases of accidental and intentional overdose in adult and paediatric patients. In some cases, the overdoses were asymptomatic, particularly where emesis or lavage was prompt. In other cases, the overdose was followed by symptoms such as somnolence, nausea, gastritis, nystagmus, myoclonus, coma, bradycardia, reduced renal function, hypotension and respiratory depression. A very high plasma concentration of 100.1 µg/ml zonisamide was recorded approximately 31 hours after a patient took an overdose of zonisamide and clonazepam; the patient became comatose and had respiratory depression, but recovered consciousness five days later and had no sequelae.

Treatment

No specific antidotes for Zonisamide Desitin overdose are available. Following a suspected recent overdose, emptying the stomach by gastric lavage or by induction of emesis may be indicated with the usual precautions to protect the airway. General supportive care is indicated, including frequent monitoring of vital signs and close observation. Zonisamide has a long elimination half-life so its effects may be persistent. Although not formally studied for the treatment of overdose, haemodialysis reduced plasma concentrations of zonisamide in a patient with reduced renal function, and may be considered as treatment of overdose if clinically indicated.

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Antiepileptics, other antiepileptics

ATC code: N03AX15

Zonisamide is a benzisoxazole derivative. It is an anti-epileptic medicine with weak carbonic anhydrase activity *in vitro*. It is chemically unrelated to other anti-epileptic agents.

Mechanism of action

The mechanism of action of zonisamide is not fully elucidated, but it appears to act on voltage-sensitive sodium and calcium channels, thereby disrupting synchronised neuronal firing, reducing the spread of seizure discharges and disrupting subsequent epileptic activity. Zonisamide also has a modulatory effect on GABA-mediated neuronal inhibition.

Pharmacodynamic effects

The anticonvulsant activity of zonisamide has been evaluated in a variety of models, in several species with induced or innate seizures, and zonisamide appears to act as a broad-spectrum anti-epileptic in these models. Zonisamide prevents maximal electroshock seizures and restricts seizure spread, including the propagation of seizures from cortex to sub-cortical structures and suppresses epileptogenic focus activity. Unlike phenytoin and carbamazepine however, zonisamide acts preferentially on seizures originating in the cortex.

Clinical efficacy and safety

Efficacy of zonisamide as monotherapy was established in a double-blind, parallel group, non-inferiority comparison to carbamazepine prolonged release (PR) in 583 adult subjects with newly diagnosed partial seizures with or without secondary generalised tonic-clonic seizures. Subjects were randomised to carbamazepine and zonisamide received treatment for a duration of up to 24 months depending on response. Subjects were titrated to the initial target dose of 600 mg carbamazepine or 300 mg of zonisamide. Subjects who experienced a seizure were titrated to the next target dose i.e. 800 mg carbamazepine or 400 mg of zonisamide. Subjects who experienced a further seizure were titrated to the maximal target dose of 1200 mg carbamazepine or 500 mg zonisamide. Subjects who were seizure-free for 26 weeks at a target dose level continued on this dose for another 26 weeks. Main outcomes of this study are presented in this table:

Table 7 Efficacy results for Monotherapy Study

	Zonisamide	Carbamazepine		
n (ITT population)	281	300	Diff	CI ₉₅ %
Six months seizure freedom				
PP-population*	79.4 %	83.7 %	-4.5 %	-12.2 % ; 3.1 %
ITT-population	69.4 %	74.7 %	-6.1 %	-13.6 % ; 1.4 %
≤ 4 seizures during 3 month baseline period	71.7 %	75.7 %	-4.0 %	-11.7 % ; 3.7 %
> 4 seizures during 3 month baseline period	52.9 %	68.9 %	-15.9 %	-37.5 % ; 5.6 %
Twelve months seizure freedom				
PP-population	67.6 %	74.7 %	-7.9 %	- 17.2 % ; 1.5 %
ITT-population	55.9 %	62.3 %	-7.7 %	- 16.1 % ; 0.7 %
≤ 4 seizures during 3 month baseline period	57.4 %	64.7 %	-7.2 %	-15.7 % ; 1.3 %
> 4 seizures during 3 month baseline period	44.1 %	48.9 %	-4.8 %	-26.9 % ; 17.4 %
Seizure sub-type (6 month seizure freedom-PP population)				
All partial	76.4 %	86.0 %	-9.6 %	-19.2 % ; 0.0 %
Simple partial	72.3 %	75.0 %	-2.7 %	-20.0 % ; 14.7 %
Complex partial	76.9 %	93.0 %	-16.1 %	-26.3 % ; -5.9 %
All generalized Tonic-Clonic	78.9 %	81.6 %	-2.8 %	-11.5 % ; 6.0 %
Secondary Tonic-Clonic	77.4 %	80.0 %	-2.6 %	-12.4 % ; 7.1 %
Generalized Tonic-Clonic	85.7 %	92.0 %	-6.3 %	-23.1 % ; 10.5 %

PP = Per Protocol Population; ITT = Intent To Treat Population

*Primary endpoint

Adjunctive therapy in the treatment of partial seizures, with or without secondary generalisation in adults

In adults, efficacy has been demonstrated with zonisamide in 4 double-blind, placebo-controlled studies of periods of up to 24 weeks with either once or twice daily dosing. These studies show that the median reduction in partial seizure frequency is related to zonisamide dose with sustained efficacy at doses of 300-500 mg per day.

Paediatric population

Adjunctive therapy in the treatment of partial seizures, with or without secondary generalisation, in adolescent and paediatric patients (aged 6 years and above)

In paediatric patients (aged 6 years and above), efficacy has been demonstrated with zonisamide in a double-blind, placebo-controlled study, which included 207 subjects and had a treatment duration of up to 24 weeks. A 50 % or greater reduction from baseline in seizure frequency during the 12-week stable dose period was seen in 50 % of the zonisamide-treated subjects and 31 % of the patients on placebo.

Specific safety issues that were encountered in the paediatric studies were: decreased appetite and weight loss, decreased bicarbonate levels, increased risk of kidney stones and dehydration. All these effects and specifically weight loss may have

deleterious implications for growth and development, and may lead to general deterioration of health. Altogether, data on effects on long-term growth and development are limited.

5.2 Pharmacokinetic properties

Absorption

Zonisamide is almost completely absorbed after oral administration, generally reaching peak serum or plasma concentrations within 2 to 5 hours of dosing. The first-pass metabolism is believed to be negligible. Absolute bioavailability is estimated to be approximately 100 %. Oral bioavailability is not affected by food, although peak plasma and serum concentrations may be delayed.

Zonisamide AUC and C_{max} values increased almost linearly after single dose over the dose range of 100-800 mg and after multiple doses over the dose range of 100-400 mg once daily. The increase at steady state was slightly more than expected on the basis of dose, probably due to the saturable binding of zonisamide to erythrocytes. Steady state was achieved within 13 days. Slightly greater than expected accumulation occurs relative to single dosing.

Distribution

Zonisamide is 40-50 % bound to human plasma proteins, with *in vitro* studies showing that this is unaffected by the presence of various antiepileptic medicinal products (i.e., phenytoin, phenobarbitone, carbamazepine and sodium valproate). The apparent volume of distribution is about 1.1-1.7 l/kg in adults indicating that zonisamide is extensively distributed to tissues. Erythrocyte/plasma ratios are about 15 at low concentrations and about 3 at higher concentrations.

Biotransformation

Zonisamide is metabolised primarily through reductive cleavage of the benzisoxazole ring of the parent drug by CYP3A4 to form 2-sulphamoylacetylphenol (SMAP) and also by N-acetylation. Parent drug and SMAP can additionally be glucuronidated. The metabolites, which could not be detected in plasma, are devoid of anticonvulsant activity. There is no evidence that zonisamide induces its own metabolism.

Elimination

Apparent clearance of zonisamide at steady-state after oral administration is about 0.70 l/h and the terminal elimination half-life is about 60 hours in the absence of CYP3A4 inducers. The elimination half-life was independent of dose and not affected by repeat administration. Fluctuation in serum or plasma concentrations over a dosing interval is low (< 30 %). The main route of excretion of zonisamide metabolites and unchanged drug is via the urine. Renal clearance of unchanged zonisamide is relatively low (approximately 3.5 ml/min); about 15-30 % of the dose is eliminated unchanged.

Linearity/non-linearity

Zonisamide exposure increases with time until steady state is achieved by approximately 8 weeks. When comparing the same dose level, subjects of higher total body weight appear to have lower steady-state serum concentrations, but this effect appears to be relatively modest. Age (≥ 12 years) and gender, after adjustment for body weight effects, have no apparent effect on zonisamide exposure in epileptic patients during steady-state dosing. There is no need for dose adjustment with any of the AEDs including CYP3A4 inducers.

Pharmacokinetic-pharmacodynamic relationship

Zonisamide lowers the 28-day average seizure frequency and the decrease is proportional (log-linear) to zonisamide average concentration.

Special patient groups

In subjects with renal impairment, renal clearance of single doses of zonisamide was positively correlated with creatinine clearance. The plasma AUC of zonisamide was increased by 35 % in subjects with creatinine clearance < 20 ml/min (see also section 4.2).

Patients with an impaired liver function: The pharmacokinetics of zonisamide in patients with impaired liver function have not been adequately studied.

Elderly: No clinically significant differences were observed in the pharmacokinetics between young (aged 21-40 years) and elderly (65-75 years).

Children and adolescents (5-18 years): Limited data indicate that pharmacokinetics in children and adolescents dosed to steady state at 1, 7 or 12 mg/kg daily, in divided doses, are similar to those observed in adults, after adjustment for bodyweight.

Bioequivalence

For Zonisamide Desitin oral suspension a bioequivalence study versus the reference product Zonegran was conducted in 23 healthy volunteers under fasting conditions. As dose linearity is given the results can be translated to other dose strengths. Based on the pharmacokinetic parameters of zonisamide in the plasma after oral application, bioequivalence versus the reference product was shown (table 8).

The plasma concentration time course of both tested products was almost congruent (figure 1). Regarding the maximum plasma concentration (C_{max}) and the area under the curve (AUC), Zonisamide Desitin was bioequivalent compared to the reference product. For C_{max} the mean ratio was 98.6 % with the 90 % confidence interval 94.5 % to 102.8 %. The mean ratio of $AUC_{(0-72)}$ was 98.7 % with the 90 % confidence interval of 96.1. % to 101.4 %.

Table 8: Mean values of the pharmacokinetic parameters of zonisamide after single oral doses of 100 mg Zonisamide Desitin compared to the reference product

		Zonisamide Desitin 100 mg	Reference product 100 mg
C_{max}	ng/mL	1003.17	995.11
t_{max}	hr	2.00	3.25
$AUC_{(0-72)}$	hr · ng/mL	38964.95	39070.99

Explanation: geometric mean for C_{max} and $AUC_{(0-72)}$, median for t_{max}

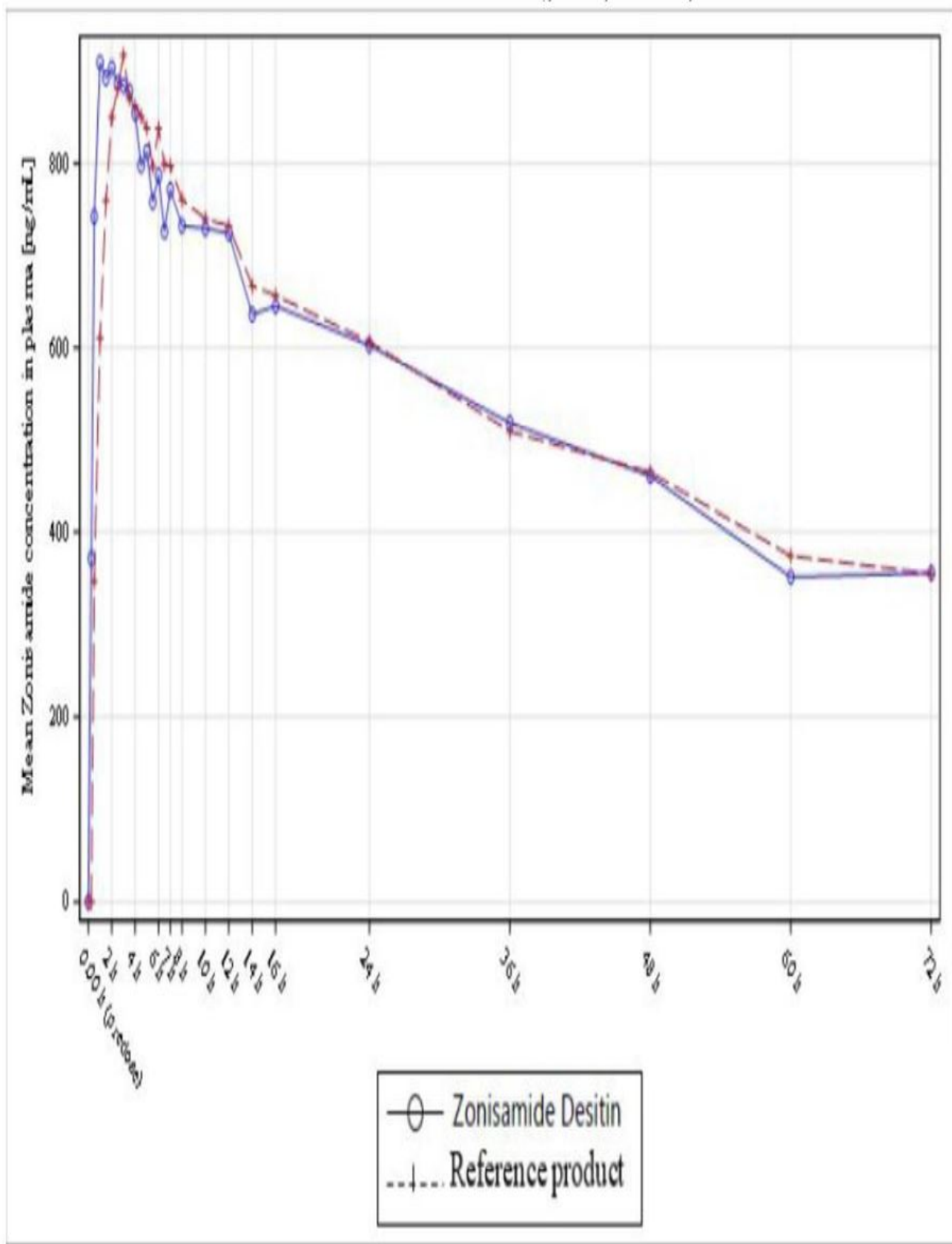


Figure 1: Time course for the geometric mean of the plasma concentrations of zonisamide after single doses of 100 mg oral Zonisamide Desitin compared to the reference product.

5.3 Preclinical safety data

Findings not observed in clinical studies, but seen in the dog at exposure levels similar to clinical use, were liver changes (enlargement, dark-brown discolouration, mild hepatocyte enlargement with concentric lamellar bodies in the cytoplasm and cytoplasmic vacuolation) associated with increased metabolism.

Zonisamide was not genotoxic and has no carcinogenic potential.

Zonisamide caused developmental abnormalities in mice, rats, and dogs, and was embryolethal in monkeys, when administered during the period of organogenesis at zonisamide dosage and maternal plasma levels similar to or lower than therapeutic levels in humans.

In a repeated-dose oral toxicity study in juvenile rats, at exposure levels similar to those observed in paediatric patients at the maximum recommended dose, decreases in body weight and changes in renal histopathology and clinical pathology parameters and behavioural changes were observed. Changes in renal histopathology and clinical pathology parameters were considered to be related to carbonic anhydrase inhibition by zonisamide. The effects at this dose level were reversible during the recovery period. At a higher dose level (2-3-fold systemic exposure compared to therapeutic exposure) renal histopathological effects were more severe and only partially reversible. Most adverse effects observed in the juvenile rats were similar to those seen in the repeated-dose toxicity studies of zonisamide in adult rats, but renal tubular hyaline droplets and transitional hyperplasia were observed in the juvenile study only. At this higher dose level, juvenile rats showed a decrease in growth, learning, and developmental parameters. These effects were considered likely related to the decreased body weight and exaggerated pharmacologic effects of zonisamide at the maximum tolerated dose.

In rats, decreased numbers of corpora lutea and implantation sites were observed at exposure levels equivalent to the maximum therapeutic dose in humans; irregular oestrus cycles and a decreased number of live foetuses were observed at exposure levels three times higher.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Phosphoric acid 85 %
Xanthan gum
Sodium dihydrogen phosphate dihydrate Dipotassium phosphate
Docusate sodium Sucralose
Sodium methyl parahydroxybenzoate (E 219) Sodium propyl parahydroxybenzoate (E 217) Strawberry flavour (containing traces of sodium)
Sweetness modulator flavour (containing traces of fructose, glucose, sucrose, sulphur dioxide (E 220) and sodium) Masking flavour (containing traces of sodium)
Purified water

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

3 years
After first opening: 3 months

6.4 Special precautions for storage

This medicinal product does not require any special storage conditions.

6.5 Nature and contents of container

Amber glass bottle with 250 ml suspension and a white polypropylene child resistant closure in a box also containing a 10 ml oral syringe, graduated every 0.25 ml and a polyethylene adapter for the oral syringe.

Pack size 1 or 2 bottles.

Not all pack sizes may be marketed.

6.6 Special precautions for disposal

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

7 MARKETING AUTHORISATION HOLDER

Desitin Arzneimittel GmbH
Weg beim Jager 214
Hamburg
22335
Germany

8 MARKETING AUTHORISATION NUMBER

PA0815/007/001

9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation: 25th October 2024

10 DATE OF REVISION OF THE TEXT

September 2025