
Cetirizine Haleon Pharma 1 mg/ml Oral Solution

Cetirizine dihydrochloride

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.

This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

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1. What Cetirizine Haleon Pharma 1 mg/ml Oral Solution are and what they are used for

Cetirizine dihydrochloride is the active ingredient of Cetirizine Haleon Pharma 1 mg/ml Oral Solution.

Cetirizine Haleon Pharma 1 mg/ml Oral Solution is an antiallergic medication.

In adults and children aged 2 years and above, Cetirizine Haleon Pharma 1 mg/ml Oral Solution 1 mg/ml oral solution is indicated

- for the relief of nasal and ocular symptoms of seasonal and perennial allergic rhinitis.
- for the relief of urticaria.

2. What you need to know before you take Cetirizine Haleon Pharma 1 mg/ml Oral Solution

Do not take Cetirizine Haleon Pharma 1 mg/ml Oral Solution

- if you have a severe kidney disease requiring dialysis;

if you are allergic to cetirizine dihydrochloride or any of the other ingredients of this medicine (listed in section 6), to hydroxyzine or to any piperazine derivatives (closely related active ingredients of other medicines).

Warnings and precautions

Talk to your doctor or pharmacist before taking Cetirizine Hialeon Pharma 1 mg/ml Oral Solution:

- If you are a patient with renal insufficiency, please ask your doctor for advice; if necessary, you will take a lower dose. The new dose will be determined by your doctor.
- If you have problems passing urine (like spinal cord problems or prostate or bladder problems), please ask your doctor for advice.
- If you are an epileptic patient or a patient at risk of convulsions, you should ask your doctor for advice.

No clinically significant interactions have been observed between alcohol (at the blood level of 0.5 per mille (g/l) corresponding to one glass of wine) and cetirizine used at the recommended doses. However, there are no data available on the safety when higher doses of cetirizine and alcohol are taken together. Therefore, as it is the case with all antihistamines, it is recommended to avoid taking <Invented name> with alcohol.

If you are scheduled for allergy testing, ask your doctor if you should stop taking Cetirizine Hialeon Pharma 1 mg/ml Oral Solution for several days before testing. This medicine may affect your allergy test results.

Other medicines and Cetirizine Hialeon Pharma 1 mg/ml Oral Solution

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Cetirizine Hialeon Pharma 1 mg/ml Oral Solution with food and drink

Food does not affect absorption of Cetirizine Hialeon Pharma 1 mg/ml Oral Solution .

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.

<Invented name> should be avoided in pregnant women. Accidental use of the drug by a pregnant woman should not produce any harmful effects on the foetus. Nevertheless, the medicine should only be administered if necessary and after medical advice.

Cetirizine passes into breast milk. A risk of side effects in breastfed infants cannot be excluded. Therefore, you should not take Cetirizine Hialeon Pharma 1 mg/ml Oral Solution during breast-feeding unless you have contacted a doctor.

Driving and using machines

Clinical studies have produced no evidence of impaired attention, alertness and driving capabilities after taking Cetirizine Hialeon Pharma 1 mg/ml Oral Solution at the recommended dose.

You should closely observe your response to the drug after you have taken Cetirizine Haeon Pharma 1 mg/ml Oral Solution if you are intending to drive, engage in potentially hazardous activities or operate machinery. You should not exceed the recommended dose.

Cetirizine Haeon Pharma 1 mg/ml Oral Solution oral solution contains sorbitol (E 420), methylparahydroxybenzoate (E 218), propylparahydroxybenzoate (E 216), propylene glycol (E 1520) and sodium.

This medicine contains 1575 mg sorbitol (E 420) in each 5 ml which is equivalent to 315 mg/ml. Sorbitol is a source of fructose. If your doctor has told you that you (or your child) have an intolerance to some sugars or if you have been diagnosed with hereditary fructose intolerance (HFI), a rare genetic disorder in which a person cannot break down fructose, talk to your doctor before you (or your child) take or receive this medicine. Sorbitol may cause gastrointestinal discomfort and mild laxative effect.

This medicine contains methylparahydroxybenzoate (E 218) and propylparahydroxybenzoate (E 216) which may cause allergic reactions (possibly delayed).

This medicine contains 250 mg propylene glycol (E 1520) in each 5 ml which is equivalent to 50 mg/ml.

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to take Cetirizine Haeon Pharma 1 mg/ml Oral Solution

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The solution can be swallowed as is

Adults and adolescents aged 12 years and over:

The recommended dose is 10 mg once daily as 10 ml oral solution (2 full measuring spoons)

Children aged between 6 and 12 years:

The recommended dose is 5 mg twice daily as 5 ml (one full measuring spoon) twice daily.

Children aged between 2 and 6 years:

The recommended dose is 2.5 mg twice daily as 2.5 ml oral solution (a half-measuring spoon) twice daily

Patients with renal impairment

Patients with moderate renal impairment are recommended to take 5 mg once daily.

If you suffer from severe kidney disease, please contact your doctor who may adjust the dose accordingly.

If your child suffers from kidney disease, please contact your doctor who may adjust the dose according to your child's needs.

If you feel that the effect of Cetirizine Haleon Pharma 1 mg/ml Oral Solution is too weak or too strong, please consult your doctor.

Duration of treatment

The duration of treatment depends on the type, duration and course of your complaints and is determined by your doctor.

If you take more Cetirizine Haleon Pharma 1 mg/ml Oral Solution than you should

If you think you have taken an overdose of Cetirizine Haleon Pharma 1 mg/ml Oral Solution please inform your doctor.

Your doctor will then decide what measures, if any, should be taken.

After an overdose, the side effects described below may occur with increased intensity. Adverse effects such as confusion, diarrhoea, dizziness, tiredness, headache, malaise (feeling unwell), dilating of pupil, itching, restlessness, sedation, somnolence (sleepiness), stupor, abnormal rapid heart rate, tremors and urinary retention (difficulty in completely emptying the bladder) have been reported.

If you forget to take Cetirizine Haleon Pharma 1 mg/ml Oral Solution

Do not take a double dose to make up for a forgotten dose.

If you stop taking Cetirizine Haleon Pharma 1 mg/ml Oral Solution

Rarely, pruritus (intense itching) and/or urticaria (hives) may return if you stop taking Cetirizine Haleon Pharma 1 mg/ml Oral Solution.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The following side effects are rare or very rare, but you must stop taking the medicine and speak to your doctor straight away if you notice them:

- Allergic reactions, including severe reactions and angioedema (serious allergic reaction which causes swelling of the face or throat).

These reactions may start soon after you first take the medicine, or it might start later.

Common side effects (may affect up to 1 in 10 patients)

- Somnolence (sleepiness)
- Dizziness, headache
- Pharyngitis (sore throat), rhinitis (runny, stuffy nose) (in children)
- Diarrhoea, nausea, dry mouth
- Fatigue

Uncommon side effects (may affect up to 1 in 100 patients)

- Agitation
- Paresthesia (abnormal feelings of the skin)
- Abdominal pain
- Pruritus (itchy skin), rash
- Asthenia (extreme fatigue), malaise (feeling unwell)

Rare side effects (may affect up to 1 in 1,000 patients)

- Allergic reactions, some severe (very rare)
- Depression, hallucination, aggression, confusion, insomnia
- Convulsions
- Tachycardia (heart beating too fast)
- Liver function abnormal
- Urticaria (hives)
- Oedema (swelling)
- Weight increased

Very rare side effects (may affect up to 1 in 10,000 patients)

- Thrombocytopenia (low levels of blood platelets)
- Tics (habit spasm)
- Syncope (fainting), dyskinesia (involuntary movements), dystonia (abnormal prolonged muscular contractions), tremor, dysgeusia (altered taste)
- Blurred vision, accommodation disorder (difficulty focusing), oculogyric crisis (eyes having uncontrolled circular movements)
- Angioedema (serious allergic reaction which causes swelling of the face or throat), fixed drug eruption (drug allergy)
- Abnormal elimination of urine (bed wetting, pain and/or difficulty passing water)

Not known frequency of side effects (frequency cannot be estimated from the available data)

- Increased appetite
 - Suicidal ideation (recurring thoughts of or preoccupation with suicide), nightmare
 - Amnesia (memory loss), memory impairment
 - Vertigo (sensation of rotation or movement)
 - Urinary retention (inability to completely empty the urinary bladder)
 - Pruritus (intense itching) and/or urticaria upon discontinuation
 - Arthralgia (joint pain), myalgia (muscular pain)
 - Acute generalized exanthematous pustulosis (rash with blisters containing pus)
 - Hepatitis (inflammation of the liver)
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Reporting of side effects

If you get any side effects, talk to your pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the HPRA Pharmacovigilance website: www.hpra.ie. Reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Cetirizine Hialeon Pharma 1 mg/ml Oral Solution

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and the bottle after 'EXP:'. The expiry date refers to the last day of that month.

This medicine does not require any special storage conditions.
Once opened, use within 1 month.

6. Contents of the pack and other information

What Cetirizine Hialeon Pharma 1 mg/ml Oral Solution contains

- The active substance is cetirizine dihydrochloride. Each 1ml of Oral Solution contains 1mg cetirizine dihydrochloride.
- The other ingredients are Glycerol (E 422), propylene glycol (E 1520), sorbitol (E 420), methyl parahydroxybenzoate (E 218), propyl parahydroxybenzoate (E 216), sodium acetate, acetic acid, saccharin sodium, banana flavour and purified water.

What Cetirizine Hialeon Pharma 1 mg/ml Oral Solution looks like and contents of the pack

A 70ml amber glass bottle with child-resistant screw cap. The oral solution is a clear, colourless liquid with a slightly sweet taste and a banana flavour.

The pack also includes a 5 ml plastic measuring spoon graduated at 2.5 ml.

Marketing Authorisation Holder and Manufacturer

Hialeon Ireland Limited, Clocherane, Dungarvan, Co. Waterford, Ireland

Manufacturer

Omega Pharma Manufacturing GmbH & Co. KG
Benzstr. 25, 71083 Herrenberg, Germany

This leaflet was last revised in December 2025.

This medicine is authorised in the Member States of the European Economic Area under the following names:

- *Belgium - Cetirizine Hialeon 1 mg/ml drank*
- *Ireland – Cetirizine Hialeon Pharma 1 mg/ml Oral Solution*
- *Luxembourg - Cetirizine Hialeon 1 mg/ml drank*
- *Norway - Cetirizine Hialeon*
- *Sweden - Cetirizine Hialeon 1 mg/ml oral lösning*