

Package leaflet: Information for the patient

Strepsils Herbal Dry Cough Pastilles dry extract of hedge mustard

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 7 days.

If the symptoms persist during the use of the medicinal product or if adverse effect not mentioned in the package leaflet occur, a doctor or pharmacist should be consulted.

What is in this leaflet

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1. What Strepsils Herbal Dry Cough Pastilles are and what they are used for

Strepsils Herbal Dry Cough Pastilles is a traditional herbal medicinal product used for the relief of the symptoms of throat irritation such as hoarseness and dry cough, exclusively based upon long-standing use.

Strepsils Herbal Dry Cough Pastilles is indicated in adults and adolescents aged 12 years and older.

You must talk to a doctor if you feel worse or do not feel better after 7 days.

2. What you need to know before you take Strepsils Herbal Dry Cough Pastilles

Do not take Strepsils Herbal Dry Cough Pastilles:

- if you are allergic to sisymbrium herb (hedge mustard herb) or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

You should consult a doctor or pharmacist if the symptoms persist during the use of the medicinal product or if adverse effects not mentioned in the package leaflet occur.

If you are short of breath, have a high temperature (fever), or your phlegm is yellow-green or brown in colour (purulent sputum), you must consult your doctor or qualified healthcare professional.

This medicine contains fragrance with Cinnamal. Cinnamal may cause allergic reactions.

Use in patients with impaired renal and/or liver function

If you suffer from renal insufficiency or hepatic impairment, please talk to your doctor or pharmacist before taking Strepsils Herbal Dry Cough Pastilles

Children

The use of Strepsils Herbal Dry Cough Pastilles in children under 12 years of age is not recommended due to lack of adequate data and medical advice should be sought.

Other medicines and Strepsils Herbal Dry Cough Pastilles

No interactions have been reported . Tell your doctor or pharmacist if you are taking, have recently taken or might use any other medicines.

Strepsils Herbal Dry Cough Pastilles with food, drink and alcohol

No interaction is expected, however there are no data available

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Pregnancy

The safety of taking this medicine during pregnancy is not known. Therefore, it is not recommended to take this medicine if you are pregnant.

Breast-feeding

It is unknown whether the active substances or metabolites are excreted into human milk. A risk to the breast-fed newborn / infant cannot be excluded. Strepsils Herbal Dry Cough Pastilles should therefore not be used during breast-feeding.

Driving and using machines

No impairment is expected, however no studies on the effect on the ability to drive and use machines have been performed.

Strepsils Herbal Dry Cough Pastilles contains maltitol and sorbitol

The product contains 441 mg of maltitol and 100 mg of sorbitol liquid in each pastille. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine. Sorbitol is a source of fructose. If your doctor has told you that you (or your child) have an intolerance to some sugars or if you have been diagnosed with hereditary fructose intolerance (HFI), a rare genetic disorder in which a person cannot break down fructose, talk to your doctor before you (or your child) take or receive this medicine.

3. How to take Strepsils Herbal Dry Cough Pastilles

Always take this medicine exactly as described in this leaflet or as your pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

For oral short-term use only.

The recommended dose is:

-Adults, elderly and adolescents from 12 years of age: 1 pastille 10 to 12 times a day.

Use in children

The use of Strepsils Herbal Dry Cough Pastilles in children younger than 12 years is not recommended (see section 2 under ‘Children’).

Do not exceed the stated dose.

Use in patients with impaired renal and/or liver function

Please refer to section 2.

Method of administration

Allow the pastilles to dissolve in the mouth without chewing.

Duration of use

You must talk to a qualified healthcare professional e.g. a doctor or pharmacist if you do not feel better, if you feel worse or if the symptoms don’t resolve after 7 days (see also under ‘Warnings and precautions’).

If you take more Strepsils Herbal Dry Cough Pastilles than you should

No cases of overdose have been reported.

If you take considerably more than the recommended dose described above, consult a doctor or contact your nearest accident and emergency department.

If you forget to take Strepsils Herbal Dry Cough Pastilles

Do not take a double dose to make up for a forgotten dose. Continue the treatment as recommended in this package leaflet or as your doctor has told you.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

However no side effects have been reported for this medicine.

If adverse reactions occur, a doctor should be consulted.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

You can also report side effects directly via HPRC Pharmacovigilance. Website: www.hpra.ie.

By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Strepsils Herbal Dry Cough Pastilles

Keep this medicine out of the sight and reach of children.

Do not store above 25 °C

Do not use this medicine after the expiry date which is stated on the carton and the blister after ‘EXP’. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Strepsils Herbal Dry Cough Pastilles contain

1 pastille contains:

- 10 mg of dry extract from *Sisymbrium officinale* (L.) Scop., herba (hedge mustard herb) (DER 6-8:1), extraction solvent: water.

The excipients are:

Maltitol, liquid (E965), Acacia (E414), Sorbitol, liquid (non-crystallising) (E420), Triglycerides, medium-chain, Sucralose (E955), Maize starch, Purified water, Maltodextrin, Honey-Lemon- Verveine flavour (containing Cinnamal)

What Strepsils Herbal Dry Cough Pastilles look like and contents of the pack

Strepsils Herbal Dry Cough Pastilles are brownish, round pastilles of 16 mm diameter in aluminium/PVC/PE/PVDC blisters.

One package contains 10, 12, 20, 24, 30, 36, 40 or 48 pastilles.

Not all pack sizes may be marketed.

Registration Holder and Manufacturer

Registration Holder

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7 Riverwalk
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Manufacturer

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